



Collabria Care

Formerly Napa Valley Hospice & Adult Day Services

Spring 2019

Connection



40

FORTY YEARS *of*
COMPASSIONATE CARE

40 Years, Thanks to You

When Hospice of Napa Valley quietly began 40 years ago, we cared for patients with cancer, heart failure and other life-limiting illnesses with great compassion and care, but without the benefit of the sophisticated equipment and medicine commonly used today.

While the compassion is constant, huge advances have been made in earlier diagnoses, targeted treatments, and therapies for illnesses that offer better outcomes and quality of life.

But that's only part of the equation when it comes to the care we've provided.

Advances make us better, but you make us possible.

As a nonprofit, we are a community service that grows and thrives through the generosity of individuals and organizations.

So as other illnesses, such as Alzheimer's, have increased disproportionately over the years, you've made it possible for us to respond accordingly with new programs and services, such as our Day Program, Palliative Care Services, and Alzheimer's Resource Center to meet the specific needs in our community.

The result? Last year alone, we touched more than 2,500 lives through patient care, caregiver support, day programs, community support groups and bereavement services.

And that's thanks in large part to you. Because every dollar donated has allowed us to help more people in our community in more ways, regardless of their ability to pay. And so on our 40th anniversary, we—and the thousands of individuals and their families we've served over the years—**thank you.**

1979 Launch of Hospice of Napa Valley

Hospice of Napa Valley opens at St. Helena Hospital, the first hospice program in Napa County.

"Of the greatest importance (in hospice care) is the idea of making these times the most meaningful and making the relationships the strongest."

—Nianne Neergaard, director of St. Helena Hospital Home Health Services in 1979



1981

Hospice of Napa Valley adds a bereavement program to provide support to the family members of patients.

1986

Hospice of Napa Valley hosts its first Light Up a Life ceremony for families and friends to gather to remember and celebrate the lives of their loved ones.



Cover credit: Hospice volunteers are an integral part of the care team.

From left to right—Front row: Tania Martinez (2 years); Emily Schmidt (17 years);

Back row: Paulette Timmer (23 years); and Pat Conti (13 years).

Photo by Jason Tinacci.

1992

I've had to many
changes in my life
it feels like fall all
year long. It starts
out beautiful
then it ends ugly.
My dad dying, my
grandma dying,
my brother moving.
stuff happens for
a reason but if I
could I would
change it.

Hospice of Napa Valley begins offering grief support groups for youth through the Napa Valley Unified School District.

1995

Hospice of Napa Valley becomes a joint venture between St. Helena Hospital and Queen of the Valley Hospital, and moves headquarters to Napa.

1997

Hospice of Napa Valley becomes its own independent 501(c)3 nonprofit corporation, allowing the organization to remain a true community hospice while still being able to draw on the strength and stability of St. Helena Hospital and Queen of the Valley Hospital.

1998

Volunteers begin receiving bilingual/bicultural training, and Hospice of Napa Valley begins offering bilingual counseling services and grief support groups to Spanish-speaking patients and their families.

1998/1999 Launch of Adult Day Health Services

Hospice of Napa Valley launches Adult Day Health Services and becomes Napa County's designated Alzheimer's Day Care Resource Center. Services offer the frail elderly, younger disabled and those with Alzheimer's Disease and dementia dignity, connection and independence; keep them active and engaged; help avoid the ER and hospital; and prevent premature placement in a skilled nursing home. The program also provides much-needed respite to the families of participants.



"We opened our doors in 1998 with one participant. Today, we serve 155 participants each week, ages 23-90, and remain Napa County's one and only Adult Day Health Care."

— Celina Regalia, the Day Program's first employee and now Executive Director of Collabria Care



2001

Hospice of Napa Valley is awarded both the American Hospital Association's Circle of Life Award: Celebrating Innovation in End-of-Life Care and the Stanford Geriatric Education Center's Gwen Yeo Award.

2003

Thanks to supporters of a capital campaign and significant contributions from the Napa County Board of Supervisors, Gasser Foundation and Napa Valley Vintners Association, Hospice of Napa Valley breaks ground on a new, larger home for its growing continuum of programs.



"This moment commemorates the culmination of several years of planning to make the dream of a permanent home a reality for our organization. This beautiful and functional building will strengthen us and allow us to continue to grow to meet the needs of our community."

— Sarah Gorodezky, Hospice of Napa Valley
Executive Director, 1997–2005

2005

Hospice of Napa Valley moves into its new building on South Jefferson. The new 18,500 square-foot facility allows the agency to expand hospice services, increase the availability of adult day services, and improve access to a continuum of community-based long term care and palliative services.



Hospice of Napa Valley hosts its first annual golf tournament.



"The work that Hospice does in the Valley is something that no one can truly understand until you experience it for yourself. To help guarantee that hospice will be here for all of us, is something that I, and my family, want to ensure. We all believe in our hearts that hospice was the greatest gift that Joan, my wife, had during her final memories. They are all angels."

— Koerner Rombauer, benefactor

2007

The first annual gala is held. Over the years, proceeds have supported the capital campaign, as well as costs of unreimbursed services such as grief counseling, caregiving support, charity care, and community programs.



“Our family grew up in this community and has seen firsthand the value of Collabria Care’s good work. By caring for patients and families at a most vulnerable time of their lives, those who do the daily work seem to wrap their arms around the whole community.”

— Bob and Tony Torres, co-chairs of the 2018 annual gala

2008

Hospice of Napa Valley is renamed Napa Valley Hospice & Adult Day Services to better represent its growing range of services.

2011 Bridging the Gap

Transitions Palliative Care is launched to support those suffering from serious illness by providing an extra layer of support. A palliative care nurse works closely with the patient’s doctors to manage their symptoms, prevent or relieve suffering and support the best possible life for patients and their families. The program has served nearly 750 patients and their families since its inception.



2012

The Legacy Society is launched to recognize individuals who have designated Napa Valley Hospice & Adult Day Services as a beneficiary in their estate plans.

2014

Transitions Palliative Care services are made available to residents of the Veterans Home of Yountville to help those vets coping with advanced serious illness maintain their independence and quality of life.

2015

Collabria Care’s volunteer program is one of approximately 200 nonprofit organizations in the U.S. designated as a “Point of Light Service Enterprise.” This status recognizes Collabria Care for making volunteers central to its operation across all levels of its work—which it has done since its founding.



2016

Napa Valley Hospice & Adult Day Services is renamed Collabria Care–Collabria Hospice.

“The name Napa Valley Hospice & Adult Day Services no longer described the continuum of care and resources we provide, nor positioned our organization to meet the future needs of our community. Now we are ready to meet those needs and have the structure and capacity to accommodate future needs with the same compassion, dignity, and connection as always.”

— Linda Gibson,

Collabria Care President & CEO,
2009–2018



Collabria Care
Collabria Hospice

2017 Supporting Senior Independence

Collabria Care launches the UpValley Village to help older UpValley residents who wish to remain in their homes do so for as long as possible with help on in-home projects, transportation, referrals to professional service providers, and invitations to social and educational programs and activities.



Collabria Care, in conjunction with the County of Napa, launches the free Senior Information & Assistance (I&A) service, which provides Napa County residents over the age of 60 with information and referrals to resources they need to maintain their independence and quality of life.

2018 Ready for the Future

Collabria Care integrates with St. Joseph Home Care Network.

“By partnering with another trusted nonprofit organization, we can make our services to this community stronger and better able to address the many challenges in healthcare today. We’ll be able to provide individuals and their families facing the changes that accompany aging with seamless, specialized care to meet those, today and for years to come.”

— Steve Silva, Collabria Care Board Chair, 2008 – 2018

2019

40 FORTY YEARS of
COMPASSIONATE CARE

Thanks to you!

Events and Workshops-Open to the Public

All programs are held at Collabria Care, 414 South Jefferson Street, Napa, unless otherwise noted.

Grief Support Group (ongoing)

A free, weekly drop-in support group for adults who have lost a loved one.

Thursdays, 4:00 – 5:30 p.m.

Learning to Live with Loss

An eight-week grief support group for adults who have experienced the loss of a loved one. Learn about the many paths grief can take, in a safe environment for sharing feelings and experiences.

Attendance is free and attending all eight workshops is strongly recommended. Facilitated by Janeen Fabulae, LMFT.

Registration required. RSVP to Janeen Fabulae: 707.258.9080 or jfabulae@collabriacare.org

Monday workshop series, 3:00 – 4:30 p.m.

July 15 – Sept. 9 (except Labor Day, Sept. 2)

Wednesday workshop series, 6:00 – 7:30 p.m.

July 17 – Sept. 11 (Except August 7)

NEW - Caregiver 101

A free workshop on caring for elderly or disabled loved ones or clients. Learn safe and efficient techniques for bathing, dressing, transfers and mobility (with hands-on practice); tips for making your home safer and reducing the risk of falls. An occupational therapist will be on hand to answer your questions. You'll receive a manual and a certificate of participation, and a light meal will be provided. Free respite care is available with 48 hours' notice. Registration required. RSVP to Jillian McNab 707.258.9087 ext. 272 or jmcnab@collabriacare.org.

English Workshop

Thursday, May 23, 10:00 a.m. – 1:30 p.m.

Spanish Workshop

Thursday, Aug. 15, 10:00 a.m. – 2:00 p.m.

NEW - Safe at Home

A free workshop on caring for those with disabilities or dementia and how to make the home into a safe, therapeutic setting. Topics include: general home safety and safety modifications, making daily activities more meaningful and therapeutic, exercises to maintain strength and balance and decrease the risk of falls, and information on the Stop Falls Napa Valley Program. Lunch is provided, and free respite care is available with 48 hours' notice. Registration required. RSVP to Jillian McNab at 707.258.9087 ext 272 or jmcnab@collabriacare.org.

Thursday, August 29

10:00 a.m. – 2:00 p.m.

Caregiver Counseling and Memory Screenings

Free counseling sessions for individuals or families for guidance on the challenges of caregiving, local resources, and emotional support. Meet with a Medical Social Worker for a confidential consultation about concerns on memory loss, loss of independence, driving or other care issues for you or a loved one. Appointments available in Napa and St. Helena. Contact Jill Wood, MSW, at 707.258.9087 ext. 277 or jwood@collabriacare.org to schedule an appointment.

Mind Boosters

A social program for people who are concerned about their memory or in the early stages of memory loss and want to be proactive in maintaining their brain health. Registration required. RSVP to Ruby Uran: 707.258.9087 ext. 232 or ruran@collabriacare.org.

Tuesdays: 10:00 a.m. – 1:00 p.m.

Fridays: 11:30 a.m. – 3:00 p.m.

Caregiver Support Group

In partnership with Redwood Caregiver Resource Center and the Alzheimer's Association

First Thursday of each month: 1:00 – 3:00

p.m. Respite care available

Third Wednesday of each month: 5:30 – 7:00 p.m.

St. Helena group:

First and third Tuesday of each month:

3:00 – 4:30 p.m.

Rianda House, 1475 Main Street, St. Helena

Living Well with Parkinson's

Free community workshops for those with Parkinson's Disease and their caretakers, families and friends. Co-sponsored by Collabria Care, Adventist Health St. Helena and Rianda House.

July 1: Strategies to reduce common movement disorders

July 8: Techniques to help you stay positive

July 15: Identifying and relieving sleep disturbances

July 22: Addressing nutritional concerns

July 29: Optimizing brain health
Registration required. RSVP to Jillian McNab at 707.258.9087 ext. 272 or jmcnab@collabriacare.org.

10:00 am – 12:30 p.m.

Rianda House, 1475 Main Street, St. Helena

Need a Speaker?

Collabria Care offers speakers to civic and community organizations on a variety of topics related to our key programs: Hospice, Collabria Day Program, Palliative Services, and Alzheimer's Services. Drawing on the expertise and experiences of professional staff and volunteers in our organization, we provide information designed to improve quality of life for all who live in our community.

Contact Anne House, at 707.258.9080 to schedule a free speaker or training email: ahouse@collabriacare.org.

www.collabriacare.org/speakers



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To change your mailing address or opt out of future mailings, please contact the Development Department at 707.258.9080 ext. 212 or at development@collabriacare.org.



Two Great Events, One Great Cause

Support our services and programs by attending our signature fundraisers.

14th Annual Collabria Care Classic Golf Tournament

Friday, May 17, 2019

Eagle Vines Vineyards & Golf Club

Visit golf.collabriacare.org for information and registration.

13th Annual Gala: Hollywood & Vine— Celebrating the Golden Age

Friday, September 6, 2019

Castello di Amorosa, Calistoga

Honorary Chairs: Rich & Leslie Frank

Visit gala.collabriacare.org for details and tickets.



Annual Sponsors

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