

## Creating a healthier community, together.



## Philanthropy: Love of humankind



Lindsey Oldridge Chief Philanthropy Officer

he power of giving – time, money, energy - is extraordinary! As a non-profit hospital, we rely on generous support from our community to fulfill our mission every day:

As expressions of God's healing love, witnessed through the ministry of Jesus, we are steadfast in serving all, especially those who are poor and vulnerable.

Our foundation supports the incredible work of Providence St. Mary. Every dollar raised stays **local**, benefitting healthcare for the Walla Walla Valley.

Thanks to thousands of donors, the financial health of our foundation is strong. This year, the generosity of our community will provide nearly \$1 million in support for programs, technology and capital projects at Providence St. Mary. You will learn more about those investments as you read further.

Our foundation team strives to understand what inspires and motivates our donors to give while providing the opportunity to support the life-changing work happening at our hospital and clinics each day. There are many ways you can join with others to make a difference and become our partner in health. What inspires you?



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### to Providence St. Mary Foundation

- You want to give back to the community.

  We live in a great place with great people. For many, a donation to Providence St. Mary Foundation is a way to give back to their community.
- You want Providence St. Mary to be ready when needed.
  Your gift helps ensure that Providence St. Mary is prepared to meet the
  current and future health care needs of our region.
- You want your charitable dollars to stay local.

  Providence St. Mary Foundation raises money to support local health care at Providence. Your gift stays right here at home and your gifts are helping people in our community.
- You want to stand side-by-side with others who do the right thing.

Your gift makes a powerful difference, especially when multiplied by the generosity of others.

- You want to help the local economy grow.

  Quality healthcare is a key component in the economic strength and growth of our community. Providence St. Mary employs over 1,400 people who live here and play here.
- You enjoy helping others.

  Many people give to Providence St. Mary Foundation for the pure enjoyment of helping others. It's not about writing a
- 7 You want to set an example.
  Philanthropic giving shows others what you care about and that you want to make a difference. You show your children, grandchildren, nieces and nephews, that generosity is important.

check, it's about touching a life.



## FAMILY BIRTH CENTER

# THE GIFT OF EXCEPTIONAL CARE CLOSE TO HOME.



e met Baby Eliott and his mom Caeli on May 29, one day after his due date. He was 5 weeks old. They were back in the nursery for his third attempt to pass the car seat test to ensure he can safely travel in a standard infant car seat.

Eliott was born Easter Sunday, April 21, five weeks early, weighing just over 5 lbs. Caeli, who had been having contractions since her 31 week check-in, began hard contractions at 8pm Saturday of her 34th week; she put her two and four-year-old to bed, made arrangements for care and went to the hospital.

Knowing how early this birth was, Caeli's eyes were shut tight during labor. Once he was born, she opened her eyes to a team of caregivers huddled around tiny Eliot who had been placed in a Panda Warmer for care. She held him for forty minutes before he was moved to the Special Care Nursery.

Prior to having the Special Care Nursery a baby born at 34 weeks would have been life-flighted to a neonatal intensive care unit. With our new facility Eliott stayed in Walla Walla with his family close by.

Two days after birth, Eliott's right lung collapsed. His tiny body was only getting 30% oxygen. His pediatrician and caregivers rushed to his side, warning his mother that a Life Flight to Spokane was imminent. Caeli started planning how these unknowns would affect her family.

Before they called the helicopter, Eliott's care team used the TeleNICU system, new technology funded through philanthropic



support. This tool was used to remotely connect Baby Eliott with a neonatal intensivist at Sacred Heart for consult prior to his flight. Local pediatrician Dr. Wren consulted the specialist in Spokane who listened to Eliott's heart through the system stethoscope and reviewed his vitals in real time. After careful review, it was determined that Eliott was receiving the exact treatment he needed to heal, right here at home with no need to transfer him to another facility. 10 days later, he was discharged.

Since then, Eliott has gained over 2 pounds. And, the day we met him, he passed his car seat test. He is now cleared to ride safely!

Your gift supports the best care possible for moms and the 700 babies born each year at Walla Walla Valley's only Family Birth Center. Recent impact includes:

- new panda warmers (critical equipment for newborns)
- free SleepSacks for newborns to promote safe sleep practices at home
- renovation of our birth center. The special care nursery was enlarged, labor and delivery rooms added and a dedicated surgical suite was added



## JAN ERICKSON LIFE SAVER PROGRAM



## The GIFT of EARLY DIAGNOSIS

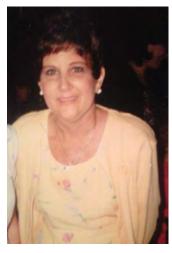
he statistics are hard to ignore. One in eight women will get breast cancer in her lifetime. In our region, breast cancer is the most frequently diagnosed cancer. Finding this cancer early can make a lifesaving difference.

Breast cancer screenings can, and do, save lives. That is why Providence St. Mary Foundation has been funding screening and diagnostic mammograms through the Jan Erickson Life Saver Fund since the 1990s. The program pays for the cost of a mammogram for uninsured women. Recently, we've started to identify other barriers that are preventing women from accessing this potentially life-saving exam. Transportation, scheduling, language and culture are all roadblocks; philanthropic investments can play a role in removing these barriers for local women.

## In Memory of Jan Erickson

The Life Saver Fund is dedicated to the memory of Jan Erickson. Despite Jan's diagnosis of breast cancer at an advanced stage, she faced her battle with courage, strength and tenacity. Through her experience, Jan focused her energies toward educating women about the importance of early detection.

She also found time to provide support and compassion to women battling the disease. It was Jan's desire to establish a fund to assist women needing early screening mammograms, especially those less fortunate. Jan inspires us to continue helping women fight breast cancer.



Jan Erickson

#### Make a Difference

Providence St. Mary Foundation is a local non-profit organization committed to creating a healthier community. Learn about giving opportunities: Visit providence.org/stmaryfoundation or call (509) 897-2091



# Gifts at work \$25 \$7

may provide



Gas for follow-up appointments

\$70 may provide



Prescription copay

**\$170** may provide



Compression garment for pain relief

\$300 may provide



Utility payment to keep the lights on

## **GOOD SAMARITAN FUND**





very day our friends, neighbors and loved ones come through our doors relying on Providence St. Mary for high-quality care. Those struggling with illness often face many challenges including emotional and financial burden.

Good Samaritan addresses the social determinants of health—barriers to health and recovery that are often overlooked. A gas card so a patient may drive to treatment, a gift card to buy food or medicine or help to buy necessary medical equipment or garments.

We recognize that an appointment with a doctor does nothing if one doesn't have transportation to get there. Rehabilitation is far less effective if one makes progress then falls at home because there is no balance bar in their shower. Surgery is unsafe if one can't afford their discharge medication.

## Meet Don and Mary Casey

Both were hit with respiratory illnesses last winter. They visited Urgent Care and were given prescriptions for antibiotics. With the holidays near, Don and Mary had to make a choice: celebrate Thanksgiving together or fill their prescription.

## For many of our friends and neighbors, it's a choice...food or medicine.

Don and Mary chose to share a meal together. This left \$2 to see them through the month. They live on a fixed income and one illness can be financially devastating. Just in time, the Good Samaritan fund came through with the \$75 co-pay. Don and Mary enjoyed their holiday meal and received the medicine they desperately needed.



#### Make a Difference

The Good Samaritan Fund provides direct assistance for critical needs that insurance wont cover. Transportation, medical equipment, medicine and other urgent help is available to any patient of Providence St. Mary who has financial need.



EXCEPTIONAL CANCER CARE, CLOSE TO HOME.



## PROVIDENCE St. Mary Foundation

### **LOCAL CANCER CARE**

ancer treatment is debilitating: nausea, vomiting and fatigue are common symptoms.

Any of these conditions are unpleasant; all of them at once can be overwhelming.

Facing these while driving hours after chemotherapy or radiation treatment is grueling.

Cancer treatment is more comfortable, and the outcomes significantly better, for those who receive care in a familiar environment surrounded by family and friends. Local treatment reduces stress which can decrease hospitalization and improve medical outcomes.

Providence St. Mary Regional Cancer Center is the primary comprehensive cancer care provider for residents of four counties in Southeast Washington and four counties in Northeast Oregon. Providence St. Mary Foundation is committed to providing philanthropic support to ensure exceptional local cancer care continues for decades to come. Recent investments have:

- Launched a comprehensive cancer rehabilitation program to improve function and quality of life;
- Funded a Cancer Surivorship Clinic, the first of its kind in eastern Washington, to help people transition from diagnosis to wellness through support services, education and evidence-based wellness programs.
- Invested in SpaceOAR technology. Men receiving prostate radiation therapy now have a new treatment available at Providence St. Mary to protect vital organs around the treatment area. SpaceOAR hydrogel treatment has shown to reduce long-term complications and pain in comparison to the standard of care.
- Purchased a SaviScout to make breast cancer surgery easier for women and more
  efficient for healthcare providers. SaviScout uses radar for a zero-radiation and
  wire-free solution to locate target tissue during a lumpectomy.
- Funded ongoing art therapy (Creative Expressions and Zentangle-inspired art), several support groups for men, women and monolingual spanish-speaking patients and other emotional support programs for individuals dealing with a cancer diagnosis.

#### Make a Difference

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## **WAYS TO GIVE**

#### The GIFT of EXCEPTIONAL LOCAL CARE



**GIVING CLUBS** 

Our partnership with the community today is just as important as it was in 1880 when the Sisters of Providence relied on generous donations from local merchants and townspeople to build the hospital their community needed. Today, we recognize our loyal annual donors through giving clubs.

The Mother Joseph Society honors annual contributions of \$2,000 or more while the Friend of St. Mary Club honors annual contributions of \$250 or more. Members of each club receive special perks throughout the year.



**PLANNED GIFT** 

Including Providence St. Mary
Foundation in your will, as a life
insurance beneficiary or in a charitable
remainder trust offers more than
potential tax savings. It continues the
legacy of compassionate care the Sisters
of Providence began many years ago.

If you are over the age of 65, consider a life income fund gift, just like Drs. Rick and Kay Henderson did. This allows you to make a tax-deductible gift while earning a minimum of 6.2% for life.

#### **Leaving a Legacy**

Please reference Providence St. Mary Foundation EIN #45-2841492 in estate planning documents to provide a lasting impact on the health of our community.





THIRD-PARTY FUNDRAISER

Hold a community fundraiser to raise money in support of local health care. It's a rewarding way to give back to a place that may have personally impacted your life or your business. When you raise money through a third-party fundraiser, the money stays local.

Fundraisers can include golf outings, fun runs, auctions and dinners to name a few. Choose one that works best for you and rally your friends, family and colleagues around a great cause. Then let us schedule a group photo!



#### HONOR A HEALTHCARE HERO



Is there a Providence caregiver you'd like to thank? A gift of appreciation for the care you or a loved one received is a gift of inspiration for the staff member or volunteer who took care of you.

You can honor a hero by making a gift of any size to Providence St. Mary Foundation. Caregivers will be notified that a gift was made in their honor and they'll receive special recognition along with your message of gratitude.

#### Make a Difference

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#### AREAS OF SUPPORT

#### Area of Greatest Need (unrestricted)\*

Enables the Foundation to respond to urgent local needs and plan for future community health needs with the greatest flexibility. Unrestricted funds are allocated through partnership between the Board of Directors and local hospital leadership.

#### **Breast Cancer**

Supports technology, equipment, patient assistance and programs to ensure the highest possible quality of breast cancer care is available in the Walla Walla Valley

#### **Breast Cancer Special Needs**

Eliminates the hurdles many breast cancer patients face by paying for urgent expenses not covered by insurance

#### **Cancer Center**

Supports technology, equipment, patient assistance and programs to ensure the highest possible quality of cancer care is available in the Walla Walla Valley

#### **Cancer Research**

Helps support the Clinical Trials program of Providence St. Mary Regional Cancer Center

#### **Cancer Special Needs**

Eliminates the hurdles many cancer patients face by paying for urgent expenses not covered by insurance

#### **Cancer Center Social Work**

Supports free art therapy (Creative Expressions) and other emotional support programs and groups for cancer patients

#### **Cardiac Care & Rehabilitation**

Supports technology, equipment and other needs related to cardiac and pulmonary care

#### Chaplaincy

Supports mission and Chaplaincy-related programs and projects

#### **Continuing Medical Education**

Funds bring in speakers and educators for CME courses

#### **Diabetic Education**

Provides educational and teaching materials, general program support and specific patient assistance

#### **Education Scholarships**

Provides financial assistance to current Providence St. Mary employees in their pursuit of academic growth and professional development

#### **Family Birth Center**

Supports technology, equipment and other needs to ensure the best possible care for mom and baby

#### **Good Samaritan**

Removes barriers to health, wellness and patient safety for all in- and out-patients of Providence St. Mary

#### **Healthy Youth Initiative**

Supports a broad vision to create a healthier community for kids through proactive health program

#### **Herring House**

Provides a home away from home for cancer patients and their families. Donations support special projects and enhancements.

#### **Home Health**

Helps maintain exceptional home care technology and provides patients with medicine, special equipment and other services.

#### **Hope Fund (Caregiver Assistance)**

This fund provides financial help to employees who need assistance due to unexpected emergencies.

#### **Intensive Care Unit**

Supports equipment, technology and other needs to ensure exceptional critical care, close to home.

#### **Imaging**

Supports equipment, technology and other imaging-related needs.

#### Jan Erickson Life Saver Fund

Pays for a screening mammogram for women who have no financial resources or insurance.

#### **Patient Rooms**

Supports upgrades to patient rooms throughout the hospital.

#### **Pediatrics**

Supports children and children's programs throughout the hospital.

#### PMG - Providence Medical Group

Supports the technology, equipment, programs, training, recognition and education needs of Providence Medical Group.

#### **Population Health**

Supports the work of population health to improve community well-being, increase behavioral health resources and address social determinants.

#### **Prescription Assistance**

Pays for medicine for patients in need.

#### **Reflection Garden**

Provides a place of solace and quiet reflection for patients and caregivers. Donations support special projects and enhancements.

#### Rehabilitation

Helps maintain comprehensive therapy services and provides patients with special equipment and other needs.

#### Trauma Center/Emergency Care

Supports equipment, technology and other needs related to emergency care.



# Meet the Team We look forward to hearing from you!



Patti Lennartson Volunteer Coordinator



Lindsey Oldridge Chief Philanthropy Officer



Katelyn Reseck
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Coordinator



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**Providence St. Mary Foundation** 

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