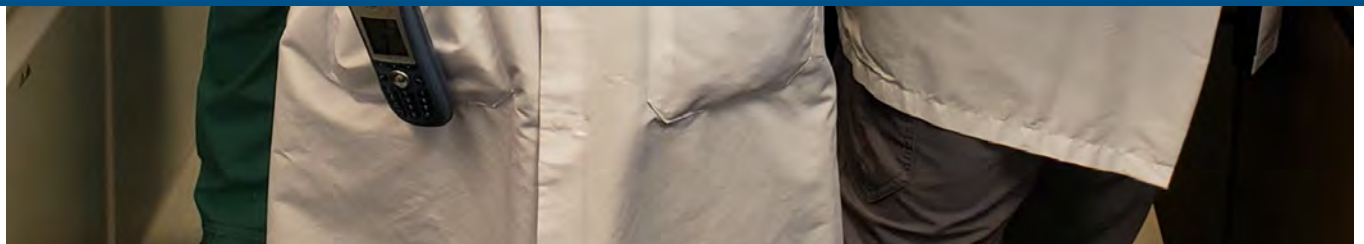


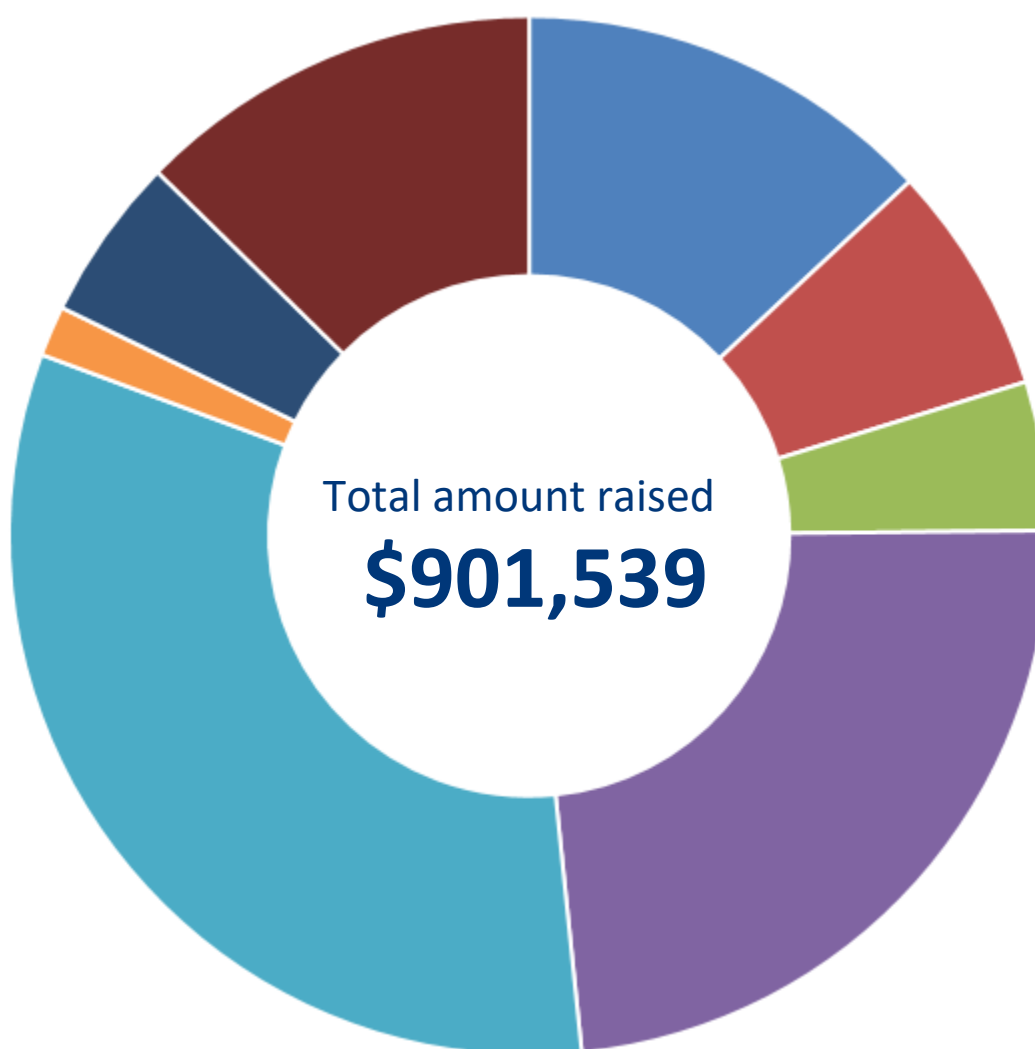


## *The Gratitude Report: Fall 2020*



# *Celebrating your impact*

## Gifts received January - August 2020



■ Area of Greatest Need

■ Cancer

■ Women and Children's

■ Laboratory

■ Imaging

■ Patient Assistance

■ Behavioral Health

■ Other

# Gifts at work

## **Portable chest x-ray**

A third unit to provide coverage at Southgate, if needed, to allow in-room exam and avoid contamination. Has increased response time at Providence St. Mary Medical Center due to age of prior equipment.

## **Portable ultrasound**

To provide coverage at Southgate, if needed, to allow in-room exam and avoid contamination. Has increased response time at Providence St. Mary Medical Center due to age of prior equipment.

## **DEXA scanner**

For bone density studies. Provides ability to assess fracture risk which helps providers follow patient progress. Also evaluates body composition which aids in the evaluation of heart disease.

## **16-unit Cepheid platform**

Supports molecular rapid testing for COVID-19, MRSA, viral pathogens and a variety of other tests.

## **Mental Health First Aid Art Kits**

The global "Arts in Health" movement has been building for the past twenty years to support well-being and healing. Locally, art kits were deployed to shelters and individuals in quarantine and isolation.

## **Women and Children's**

In partnership with Junior Club, established program to provide families in need with a Care Crate portable bassinet and all of the basics to care for a newborn. Also provided each newborn with a SleepSack in place of loose blankets in the crib.

## **Early detection**

Mammograms (screening and diagnostic) for women who don't have insurance. Screening rates have declined since the start of the pandemic; a future increase is expected because of this.

## **Scholarships for caregivers**

To support professional development and strengthen local healthcare expertise during an uncertain and unpredictable time. 13 applicants received awards to help pay for courses and degrees.

## **Patient assistance**

Eliminates the hurdles many patients face by paying for transportation, medicine, food, and isolation supplies such as thermometers, sanitizer and other personal care supplies. Need has doubled over last year.

## **RN extern program**

Externs build clinical skills in a real-world environment. Tuition support through this 'grow your own' program increases retention and keeps our nurses local.

## **Behavioral Health**

Supporting mental healthcare initiatives. 1 in 4 individuals will experience anxiety, depression or some other mental health issue this year. Investments are bolstering our ability as a healthcare provider to respond.

## **Reach out and Read**

A book 'prescription' in which a new book is provided at well-child checks. Research shows when providers place an emphasis on reading, families are more likely to follow through.



*Current areas of need*



# 3 TOP PRIORITIES

1

## CARDIAC MONITORS FOR NEWBORNS

Heart rate is an important indicator in evaluating the clinical status of a newborn. Heart rate at birth has to be assessed quickly and accurately to guide further interventions such as placental transfusion and effective resuscitation efforts. Currently, the birth center at Providence St. Mary has just one portable monitor and, in the event of a resuscitation, heart rate is taken manually using a stethoscope. This can present challenges and safety risks and potentially creates room for human error. Cardiac monitors may be used on an estimated 25% of newborns. Providence St. Mary Foundation is committed to raising \$100,000 to purchase seven monitors: one for each of the delivery rooms and one for the surgical suite.

2

## MENTAL HEALTH RESOURCES

Locally, our emergency room has seen a dramatic increase in people seeking care for self-harm and suicide attempts. Health experts anticipate COVID-19 is drastically increasing risk for mental health challenges and risk of suicide. Funds raised will support the rollout of a new program, Collaborative Care, that brings licensed mental health providers to our primary care clinics. Providers will work collaboratively to address physical and mental health needs, together.

3

## UNRESTRICTED SUPPORT

A gift to the area of greatest need provides Providence St. Mary with flexibility to ensure the latest technology, equipment and patient-centered programs are available to every individual who requires our care. Rest assured, your gift is devoted to essential, high-priority purposes to ensure the best care is available in our community.



# LEAVING A LEGACY



The GIFT of EXCEPTIONAL LOCAL CARE



## ABOUT BEQUESTS

You may be looking for a way to make a significant gift to help further our mission. A bequest is a gift made through your will or trust. It is one of the most popular and flexible ways that you can support our cause.

With the help of an advisor, you can include language in your will or trust specifying a gift be made to family, friends or Providence St. Mary Foundation as part of your estate plan. Get started by giving us a call.



## POOLED INCOME FUND

If you are over the age of 60, you can make a gift to our pooled income fund while earning an income for the rest of your life. Currently, donors receive a 6.4% return while receiving tax benefits, too.

Gifts of cash and stock that has appreciated for at least 12 months can be donated. In this situation, a donor would also benefit by forgoing capital gains tax typically paid when liquidating stock.

## Leaving a Legacy

Please reference Providence St. Mary Foundation EIN #45-2841492 in estate planning documents to provide a lasting impact on the health of our community.

*With gratitude*



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