

Living



Spring/Summer 2018

Newsletter of Providence Mount St. Vincent Foundation

www.providence.org/themountfoundation

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**New! Respite Stay,
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**"The Growing Season"
New York City premiere,
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Help Bring Resident Lounge New Life

The living room at most homes is the common gathering place for family members. It's the place where you entertain friends, have parties, stay in for a movie night, have a family meeting, or relax after a long day. The living room for the residents at Providence Mount St. Vincent is the Second Floor Lounge. It has been well-used over the last few decades and is in dire need of new furniture and updates.

The Lounge is central to daily activities that make The Mount the vibrant, joyful place that it is. On any given day you can walk in and see games in progress, manicures being given, an exercise class, residents singing and playing with young children from the Intergenerational Learning Center, or a Resident Council Meeting happening. With each event the room is transformed. Chairs and tables are moved, different pieces are brought in, and the equipment being used is adjusted as best as possible.

The Lounge is filled with an eclectic and old assortment of furniture and equipment that doesn't fit the needs of residents anymore. The chairs and couches are hard to get in and out of and the tables are small and don't fit the multipurpose needs of the room. The space is dark, with poor audio/visual equipment, old carpet and drafty windows. The challenges of using the old furnishings, lighting and audio equipment truly do effect the day to day programs and activities held in the lounge.



Current Second Floor Lounge



Second Floor Lounge design inspiration

Continued on page 15

Providence Mount St. Vincent Foundation

The Foundation provides a connection with the community to make friends for The Mount and raise funds to support program and care for residents. Members of its board of directors bring fresh insights and financial support to ensure The Mount's continued success and visibility.

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Design: Jenna Riggs Collaborative

From Our Board President



**Kate Shoemaker,
Foundation Board
President**

The Mount was built in 1924 as a Home for the Aged and a Novitiate for the Sisters of Providence. As the world around us has changed so too has The Mount. Over the years the building has been remodeled and repurposed to add skilled nursing, transitional care as well as a children's daycare. All of these changes have had a positive impact on our vibrant community here at The Mount.

Our building houses many residents, employees and services and of course, it's what's inside that makes The Mount community so special. It is the family gatherings, the chatter in the beauty salon, the laughter in halls, the bonds built between the young and old through our intergenerational programming that bring life and energy to our building.

The Foundation is honored to play a part in creating new spaces and updating others to help facilitate the connections formed here at The Mount. In 2016 Moe's Place was created for residents and patients to have a space to gather with visitors, play games with friends and even check their email. Just last year the Foundation funded updates to the Beauty Salon and recently we have committed a portion of the funds needed to refurbish and update the Second Floor Lounge. These improvements are not in the operating budget for The Mount, thus, would not be possible without the support of the Foundation and your donations.

We are truly thankful for YOU, our community of donors who support The Mount. We couldn't do it without you. Thanks to your generosity, we are able to empower nearly 400 elderly and vulnerable residents to live their lives with joy, dignity, purpose and the peace of mind knowing they'll have a secure and vibrant place to live for the rest of their days.

Thank you for all you do to help support us in this important work and we are excited to continue to show you updates to the building as they happen!

Thanks to You and Nucor Steel for help in refurbishing the Second Floor Lounge at The Mount!

Thank you for helping us meet a challenge from Nucor Steel to match their \$10,000 corporate gift with private donations. With your generous support, their gift grew from \$10,000 to \$20,000!

Funds received will contribute toward the much-needed face lift of our second floor resident lounge. New furniture along with new lighting and equipment will give this room a much-needed makeover and improved functionality.

Thank you, Nucor, and thank you, donors! This match made a big difference and helped us spread the word. Help is still needed to reach our funding goal of \$105,000. Please see ways to give on page 15.



Nakama Kitchen

The newly remodeled assisted living kitchen is back in service. Located on the 2nd floor adjacent to the lounge, the kitchen is dedicated to the memory of two volunteers, Doris Feragen and Opal Kleikamp. *Nakama* is a Japanese word that describes their service of providing hospitality and camaraderie to everyone. This kitchen honors their legacy as it serves as a gathering place for family and friends.

Funded by the Sewing Ladies, the kitchen now features updated appliances, all new work surfaces and beautiful décor including a large cherry blossom mural featuring pictures of residents and family members.

Residents are welcome to reserve the kitchen for family gatherings, special meals or baking projects.

Please contact Angelina Salazar at (206) 938-3084 to reserve.



Nakama Kitchen, the newly remodeled assisted living kitchen.



The newly remodeled *Nakama Kitchen* follows the remodels of the beauty salon (left) and *Moe's Place Cyber Lounge* (middle, right).

Donor List

A Sincere Thank You To Our Donors During 2017!

Thank you so very much for your support throughout 2017! Here are all donors for the year in an alphabetical listing. Gifts in memory or in honor of someone are listed with the donor's name. The Providence Mount St. Vincent Foundation makes every effort to provide an accurate list. If you feel there has been an error, please contact the Foundation's office at (206) 938-6194 or email Ann Martin ann.martin@providence.org. Thank you.

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Photo: Devon Michelle Photography

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Five married couples live here at The Mount together in our apartments.
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Residents often say they can't imagine living anywhere else except The Mount.

Photo: Peter Howland

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The Foundation funds engaging art programs at The Mount.

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Hooray for Emilie's Treasures, the Auxiliary and the Sewing Ladies at The Mount!

Combined fundraising from sales and events by The Mount's volunteer retail groups totaled \$83,000 in 2017, all through selling donated items and sharing their talents! The proceeds will be used to support resident programs and activities, enriching the lives of each and every person at The Mount.

We need your help. Please donate your lightly used collectibles, clothing, jewelry, household goods and accessories to Emilie's Treasures, and the Sewing Ladies can use the gifts of fabric and yarn. And remember to shop at our onsite stores and sales.

With your help and support, residents and patients at The Mount will be blessed with music, art, parties and programs that positively affect their bodies, minds and spirits.

Please consider volunteering to help staff Emilie's Treasures, the Sewing Ladies or the Auxiliary. All these groups are 100% staffed by volunteers and donate 100% of their proceeds.

To volunteer, contact Storey Squires at (206) 938-3701 ext 28170 or storey.squires@providence.org. You can also find volunteer information online at www.providence.org/themount. Click on the tab for "Donate and Volunteer" in the orange section at the top of the page.



Volunteer Spotlight: Chris Mesaros

Chris Mesaros has been volunteering at the Mount since 2002 when her mother was a resident. Chris came every day to spend time with her mother and invited other residents to join them in pre-dinner games and card playing. After her mother passed away suddenly, Chris continued her visits and became a regular volunteer.

More recently her love for our residents combined with her eye for beautiful things have come together through periodic jewelry and collectibles sales held in the front lobby at The Mount. Aptly named "Lobby Cabinet Sales", she fills the display cabinets in the main lobby with beautiful jewelry and collectibles, then holds a sale with all the proceeds benefiting the residents and programs at The Mount.

In addition to providing much needed funds for resident care, Chris loves the opportunity that the Cabinet Sales give her to develop relationships with residents, uncovering their talents and getting to know them. While she is setting up the sale and during the week she is staffing the sale, Chris is also graciously hosting residents who come to listen to the lovely music she plays in the background as she engages them in heart-felt conversation.

It started on her first trip to China. When she returned home, she discovered that she had bought too much self-described "stuff." She donated the extra bounty to the Auxiliary and helped to sell the high-end scarves, handbags and jewelry through a small sale. Her "stuff" was snapped up and brought in a nice donation for resident programs.

The Cabinet Sale gained interest the following year when Emilie's Treasures was gifted a large donation of gold and vintage jewelry. That sale raised over \$10,000. Over the next 5 years, Chris and her husband Paul continued to travel every 6 months to Shanghai to visit their family. It was a perfect opportunity to purchase and donate fashion handbags, scarves and jewelry, then combine them with vintage jewelry and collectibles donated to Emilie's Treasures. It wasn't long before generous supporters began asking if they could contribute items for the sale and like a beautiful symphony, it all came together.

Although Chris no longer travels to China regularly, she continues to be the gracious hostess of the periodic Cabinet Sales. Now she combs through donations to Emilie's Treasures to find the cream of the crop as well as working

continued on page 13

Volunteer Spotlight continued from page 12

with community supporters like Menashe Jewelers and others to find, appraise and restore exquisite jewelry and collectibles. She also gratefully receives donations from staff and family members, collecting enough to put on a

wonderful sale several times a year.

The next sale will be held in the lobby June 1st through the 9th. Your generous donations of vintage jewelry and collectibles are greatly appreciated. 100% of the proceeds from the sale

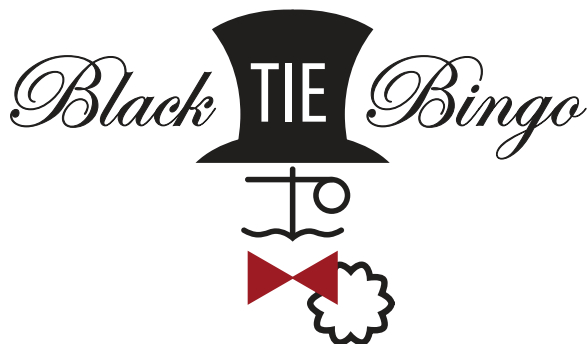
go to resident programs. To donate, please call the Foundation office at (206) 938-6194 and we will put you in contact with Chris.

“The Growing Season” New York City Premiere

“The Growing Season”, Evan Briggs’ documentary featuring the residents, children and staff at The Mount, premiered at the DOC NYC Film Festival on November 12, 2017. Mount staff Charlene Boyd, Marie Hoover, Susan Clark and Eileen McCloskey attended the premiere along with over 300 film festival participants. The reception for the film was very positive and the audience reacted with both laughter and tears during the show.

Named one of the 11 essential documentaries of 2017 by Metro US, “The Growing Season” is a beautiful portrayal of life at The Mount. Produced in a ‘fly on the wall’ style, the film shows all seasons of life, and the poignant beauty in every moment.

An exclusive showing will be held for our Mount Community. Stay tuned for more information!



SEPT. 22

2018

Providence Mount St. Vincent Foundation

*Save the Date
for The Mount's Signature Event!*

SEPTEMBER 22, 2018 • SEATTLE MARRIOTT WATERFRONT

Silent Auctions • Raffles • Dessert Dash • Fund-a-Need • BINGO with Fantastic Prizes!

Rooms available today!

Take a Break and Try Out The Mount



"Knowing Mom is at Providence Mount St. Vincent gives me such piece of mind. If you're thinking about making the move yourself try out a *Respite Stay* today! We'd love to welcome you!"



Respite Stay Rooms Available

Do you know someone who is considering moving to assisted living or someone who is a full-time caregiver and needs a break? The Mount offers furnished apartments for just these reasons — and more — through its Respite Care Services.

When respite care might be helpful:

- A family member who is a caregiver is going out of town and needs a safe place for her or his loved one;
- A family member needs a break from full-time caregiving;
- Individuals interested in coming to The Mount for a trial basis;
- A family is trying to determine if it's time for a loved one to move to assisted living.



For rates and more information, contact Admissions Manager Marla Mena: Marla.Mena@providence.org or call 206-938-6248.

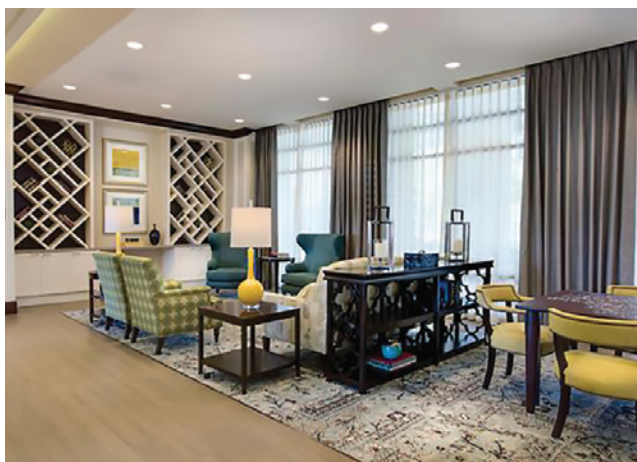
Photo (R) Kevin Cruff



Current Second Floor Lounge

Megan Bryant, Activity Program Supervisor for Assisted Living, further explains, “these changes would mean so much to our residents. If the new furniture was more durable, comfortable and functional, residents would enjoy the space more. A sound system with surround sound is much needed for the residents who don’t hear well. With better lighting, residents, volunteers and staff would be able to see more clearly while leading and participating in activities. Having tables that can sustain a lot of movement, wear and tear, and fit a handful of people around them will make activities go smoothly and positively!”

This dream remodel will come true because of generous donations from our wonderful community of donors. Please consider making a gift today to help update and improve the lounge for our residents.



Second Floor Lounge design inspiration

Total cost for refurbishing and updating the space will be approximately \$105,000 and will include new furniture, lighting, flooring and window treatments.

**Please help the residents enjoy an updated space!
Click, mail or call!**

- ☒ www.providence.org/themountdonatenow
- ☒ Mail your gift using the enclosed envelope
- ☒ Call the Foundation at 206-938-6194 to make your gift by phone.



Thank you Dore Foundation!

We are so excited to receive funding from The Dore Foundation to purchase an amazing new TV for the second floor lounge! A newer and larger flat screen TV will enhance the entertainment experience for our residents. They will be able to see the screen better due to the size and quality of the screen and be able to hear the sound better with the enhanced audio capabilities of the unit.

What a wonderful gift! Thank you Dore Foundation for this donation to kick off our campaign to update and remodel the second floor lounge.



The Fred H. and Mary S. Dore Foundation

Coming Events

Summer Concerts at The Mount

August 3, 10, 17, 24

Bring your family and friends for a party on the patio—The Mount's patio, that is. Always great live music plus great food and beverages available for purchase. Special activities just for kids such as face painting. A wonderful way to kick start your weekend. Bring your own chair, relax and enjoy the music on Friday nights in August.

Dinner: 5:30 to 7:00 pm

Live music: 6:00 to 7:30 pm

August 3rd—The ABBAgraphs

ABBA tribute band

August 10th—Danny Vernon, The Illusion of Elvis

He's back! Internationally known for his tribute to the King.

August 17th —TBD

August 25th —The 85th Street Big Band

Swing favorites from the 30s, 40s and 50s.



The ABBAgraphs

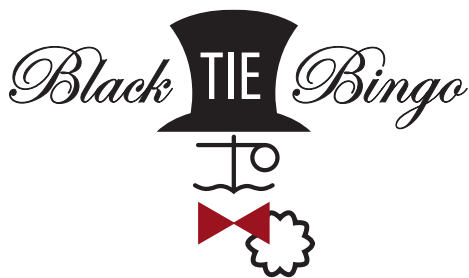


Danny Vernon



The 85th Street Big Band

Save the Date!



18th Annual Black Tie Bingo

September 22nd, 2018

Location: Seattle Marriott Waterfront Hotel

Registration now underway at

www.providence.org/themountbtb

See ad on page 13



2018 Providence O'Christmas Trees

Featuring the most beautiful Christmas trees in Seattle designed by local artists and designers, this annual event benefits the residents of Providence Mount St. Vincent and Providence Senior and Community Services. This year's theme is "Believe in the Season".

November 26th—Christmas Carnival

November 27th—Silver Bells Luncheon

November 28th—Gala Dinner and Auction

Location: The Westin Seattle

For more information: www.pscs-specialevents.org

or call 206/938-2788.