This newsletter shares stories of people whose lives were transformed, who found hope when they were past hope... thanks to the work we did together. You made this all possible.

**Mary Kay was given just 3 months to live**

Thanks to you, she was able to spend her final months at home

“She gave unconditional love,” said Greg Lambert, describing his wife, Mary Kay. Because of you, the last hours of her life were comfortable. “I’m very grateful,” said Greg.

When Greg Lambert describes his wife, Mary Kay, he glows. “She gave unconditional love,” said Greg. “We had a blended family. She had three kids of her own, and I had nine kids. She was a wonderful mother to all of them.”

Mary Kay was also very active. “She was a lot of fun,” said Greg. “We met on a ski trip. We were both really into skiing.

Winters were fun. In the summer, we went camping and boating. We saw everything from Olympia to Port Harding. Mary Kay was always willing to take a trip. She was a fun person to live with.”

But in the fall of 2021, Mary Kay was diagnosed with cancer. She was
Beloved mom was nearing the end and her son wanted to give her the best care
Because of you, Hospice was there to help

Covering all the details of care

“Hospice was wonderful,” said Tim. “They arranged to have a hospital bed delivered, a wheelchair, a walker, and an oxygen tank. They kept up with her medications. They even brought us a pill-crusher and nutrition drinks. Both of those were really helpful, because Mom wasn’t eating much. Her hospice nurse figured out ways to get Mom to take her medication.”

“Providence Hospice also helped me,” said Tim. “They explained what was going to happen with Mom as she got closer to dying. They also gave me information that talked about what to expect.”

“Mom’s hospice social worker talked to her about how she was feeling and what they could do to make her life more comfortable,” said Tim. “She loved watching Wheel of Fortune and Jeopardy in her Lazyboy chair. So we made sure to do that.”

Quality of life at the very end

“One of the most important things Providence Hospice did was make Mom feel good during the last months of her life. They made Mom’s life pleasant at the end,” said Tim.

“Without Hospice, I would have gone down a difficult path. Caring for Mom would have been so much harder.”

Mary Anne died on March 7, 2022. She was at home. At her request, Tim put on a recording of Native American flute music with nature sounds. She died peacefully. Just as she wanted.

“I can’t imagine doing this without Hospice,” said Tim.

Thank you for standing with Mary Anne and others in our community at the end of their lives. Their final days are better because of you.
3 Simple Ways…

You can bring comfort and peace to someone who's terminally ill

Donate online.
You’ll make a difference today! Visit www.providence.org/hosdonate.

Give in Memory.
Giving in memory of a loved one is a perfect way to honor that special person, and bring comfort to a terminally ill person in need.

Give in Celebration.
Consider asking your friends and family to celebrate your birthday by donating to Providence Hospice of Seattle in lieu of gifts.

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given just three months to live. Her doctor recommended hospice.

“I can't say enough about Providence Hospice,” said Greg. “The care was professional, compassionate, and empathetic.”

Hospice arranged to have a wheelchair and a hospital bed delivered. They also managed her medications and made sure she was comfortable.

“Caring for my wife was becoming pretty intensive,” said Greg. “She was often uncomfortable at night, and I’d have to move her around. Providence Hospice provided a lot of relief. Once they got involved, her nights were much more comfortable and manageable.”

“The hospice team was truly caring — both physically and emotionally. Mary Kay fell in love with them. And the hospice aide who came to bathe her — she was a dear. So kind and caring. She brought a lot of light into our home.”

“I can't say enough about the good care Providence Hospice provided. They took care of all of my wife’s needs in a very positive way. They made the last hours of her life comfortable. I’m very grateful.”

How will you be remembered?

Leaving a gift in your will to Providence Hospice of Seattle is a once-in-a-lifetime chance. A chance to ensure that people who are facing terminal illness and grief get the help and support they need. It’s a chance to donate, what could be the biggest gift you’ll ever make. And for your kindness and generosity, we will always remember you. For more information, call Gary Crum at 206-749-7801 or email him at gary.crum@providence.org.

Mary Kay was able to spend her final months at home. And her husband, Greg, was able to care for her, because of your generous support. Thank you!

This is the kind of care you make possible, through your generous donations. Thank you for helping the most vulnerable in our community!
Meet your first hospice Nurse Residency Program graduate
Because of you and your generous donations

Addressing the nursing shortage

Thanks to generous donors like you, Providence Hospice of Seattle recently started a Nurse Residency Program. The program takes nurses who have recently graduated from nursing school. It provides them with 12 months of specialized training in hospice care. The goal of the program is to address the shortage of nurses who are trained in hospice care.

First program graduate

We are excited to share with you our first Nurse Residency Program graduate – Berit Koltveit!

“This program has been pivotal to my growth as a hospice nurse,” said Berit. “It has given me the time to learn from the best and build confidence along the way.”

Critical training opportunities

During her training, Berit visited patients in their home, the hospital, an adult family home, an assisted living facility, and a skilled nursing facility. “I was able to see all the different places we care for patients,” she said.

In addition to medical care, Berit’s training also focused on the psychological and social aspects of caring for terminally ill patients and their families. She describes hospice care as, “an art and a science.”

Berit Koltveit – the first Nurse Residency Program graduate, thanks to you!

“Without the nurse residency program, I’d be going crazy,” said Berit. “The program has been my nest. It gave me a place to learn and grow.”

After graduating from the program, Berit joined one of Providence Hospice of Seattle’s care teams and is caring for hospice patients and their families.

This would not have been possible without donations like yours. You are ensuring the future of hospice care and hospice nurses in our community. Thank you for making this happen! If you’d like more information about the Nurse Residency Program, please email Gary Crum at gary.crum@providence.org.

Yes! I want to make sure hospice and grief support are there for adults and kids in our community.

I have enclosed a generous gift of:

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