Dear Friends of Providence,

Thank you for your continued support of our Providence ministries in the Inland Northwest. After two years of battling the pandemic, strong headwinds continued through 2022, including staffing shortages, an unprecedented financial crisis, and a flu and RSV season that has challenged our entire community. Nonetheless, our Caregivers show up each day to provide healing for every member of our community, with a special concern for the poor and vulnerable.

Philanthropy continues to be a bright light, and a source of strength that helps us remain steadfast in our commitment to Providence’s Mission and Values. Last year over $9.2 million was raised, 100% of which stays in our region to benefit our patients. This allowed our foundation to invest over $6.6 million back into our ministries at a critical time for our organization.

Here are a handful of the many investments that were made thanks to the generosity of our community:

- **BEST Program:** We all know that behavioral health challenges among kids is on the rise in our community. Our pediatric Behavioral, Education and Skills Training program (BEST) is an outpatient, early intervention program for kids 8-12. Support from our foundation will allow this program to relocate and double its capacity in 2023.
- **Team St. Luke’s:** We are SO proud of the wheelchair athletes from Team St. Luke’s who qualified to participate in the National Wheelchair Basketball tournament in March! Funds from the foundation paid for their travel expenses so that they could have this incredible opportunity to compete on the national stage.
- **Maternal Fetal Medicine Ultrasounds:** This advanced technology in our high-risk pregnancy clinic ensures physicians have accurate information to plan the most effective treatments and interventions for mothers and babies in high-risk situations.
- **Patient Assistance:** During a difficult financial time for many, our Foundation provided over $400,000 in direct patient assistance, helping with a myriad of expenses including gas cards, hotel stays, and unreimbursed medication.

As we look toward 2023, not knowing what the year may bring, I do so with a grateful heart. Every day I bear witness to the incredible generosity people like you are capable of. Thank you for being part of our family of supporters. I wish you and yours a peaceful and prosperous year ahead.

Gratefully,

Colleen M. Fox
Chief Philanthropy Officer
Donor Spotlight

It’s been nearly 10 years since Katy Bruya, a young, active mother-of-two, received a surprising diagnosis: at the age of 38, she was experiencing advanced heart failure.

During her second pregnancy, an obstetrician had detected an irregular heartbeat. A cardiologist diagnosed her with supraventricular tachycardia, (SVT), but the problem appeared to have corrected itself after pregnancy. Busy with a 2 year old son, a brand new daughter and a demanding job as a VP at Washington Trust, Katy quickly forgot about the problem.

Then, a few years later she started noticing minor symptoms such as fatigue and difficulty breathing during exercise. She almost dismissed them but was encouraged to see a cardiologist, who performed an echocardiogram. The results came as a shock: Katy’s ejection fraction (the percent of blood pumping into your body), was at a dangerous 38%. Healthy people are typically at 55-60%; at 35% you’re at risk for sudden death.

Thankfully, the cardiac team at the Providence Heart Institute were able to intervene and bring the condition under control through medication and focus on continuing a healthy lifestyle.

This heart month, Katy’s plea is clear: listen to your body. “My advice to women is listen to your body and don’t discount even the smallest thing, because if you wait, it could be too late.”

As she reflects on her experience, Katy feels an overwhelming sense of gratitude for the care that she continues to receive through the Providence Heart Institute, which inspired her and her family to make a significant gift. “I know that I will continue to be in great hands for the next several decades of care, as will my children and grandchildren. We support the Heart Institute through Providence Inland Northwest Foundation because it is an honor to be a part of something so significant and special.”

Sacred Heart Children’s Hospital: Celebrating 20 Years of Heroes

We all have superpowers, whether we realize it or not. Compassion. Resilience. Innovation. Comfort. Generosity.

This year, we have an opportunity to celebrate the heroes at Sacred Heart Children’s Hospital: our Caregivers, patients, families,
In August of 2003, Sacred Heart Children’s Hospital opened its doors to provide highly specialized, compassionate care for children across the Inland Northwest. Led by a group of pioneering physicians, nurses, administrative leaders and community volunteers, the Children’s Hospital was established as the largest dedicated pediatric hospital between Seattle and Minneapolis.

There is so much to celebrate, and we have a whole year’s worth of festivities honoring the 20th birthday! We hope that you’ll join us – learn more here.

### Earn Higher CGA Rates, Effective Jan. 1

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*One-life rates effective Jan. 1, 2023

- Receive fixed payments for life
- Gain a substantial income tax deduction
- Earn significant tax-free income if you fund the CGA with cash
- Provide vital health care and research at Providence

**New!** Use your IRA to fund a gift annuity. New legislation allows individuals 70 1/2 and older to transfer $50,000 from their IRA to create a gift annuity. Spouses can combine their transfers to create one joint-life gift annuity up to $100,000. This one-time transfer is not taxable, resulting in significant tax savings.

New Year, New Rates – earn more lifetime income with a charitable gift annuity and learn the benefits of new IRA legislation.

If you have questions or wish to have us run a personalized illustration for you, contact our Planned Giving Officer, Dennis Reed, at dennis.reed@providence.org or call (509) 474-4656.

To sign up for our monthly Legacy e-newsletter and receive tips about gift planning, just click here.

Colleen Fox,
Chief Philanthropy Officer
509-474-4658 or 509-710-9930
colleen.fox@providence.org
providence.org/givinginw

Make a Difference.
Donate Today!
We support programs that advance patient care at the six Providence hospitals in Spokane and Stevens counties:

Providence Sacred Heart Medical Center  Providence Holy Family Hospital
Providence Sacred Heart Children's Hospital  Providence St. Joseph's Hospital
Providence Mount Carmel Hospital  Providence St. Luke's Rehabilitation Medical Center

101 W. 8th Avenue, Spokane, WA 99204

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