

reasons



## The World of Ella, the Meaning of Kim

Ella created this piece  
in TrinityCare's  
Bereavement art class.

Imagine a world where your mom works at a hospital at the peak of COVID, your school shuts down, and then you discover you have dyslexia while desperately trying to learn to read like everyone else. Amid the chaos and stress of change, there was 6-year-old Ella who had one beautiful constant in her life: her Aunt Kim. Just like Ella, Aunt Kim loved art, writing, singing, creativity, and most of all, simply being together. Aunt Kim made Ella feel safe and seen in a world where everything was changing by the day.

Kim had a shining, positive personality and was adored by so many in the community through her volunteer work at Providence Little Company of Mary, where her sister, Kathryn – Ella's mom – worked.

*Continued on page 2*



# The World of Ella, the Meaning of Kim

*Continued from page 1*



Although Kim had been diagnosed with metastatic breast cancer several years prior, it came as a complete surprise to learn that the cancer became chemo resistant causing a rapid decline in health. By the time her sister Kathryn was able to help through her connections working at the hospital, it was too late. Kim expressed her wishes to come home to be with her sons and family, and her sister knew it was the right thing to do.

Kathryn contacted TrinityCare Hospice for the first time as a family member impacted by disease, not as a colleague within the hospital. Although she knew the process of hospice and the people working at TrinityCare, bringing her sister home for the end of her life crossed an entirely different bridge. She observed in awe as the team described to her sister's sons what would happen to their mom at the end of her life and took those words to share with Ella.

Kim passed away with her family around her, just as she wanted. When she did, everyone immediately missed what Kim brought to every moment: presence.

The entire TrinityCare team was around them, including doctors and the caregivers, offering support in the best way they knew how. Through extensive conversations with the team, Kathryn gained immense perspective. Big life questions emerged like: What do you want your life to look like? Kathryn decided for herself and her family, especially Ella, she wanted to be present.

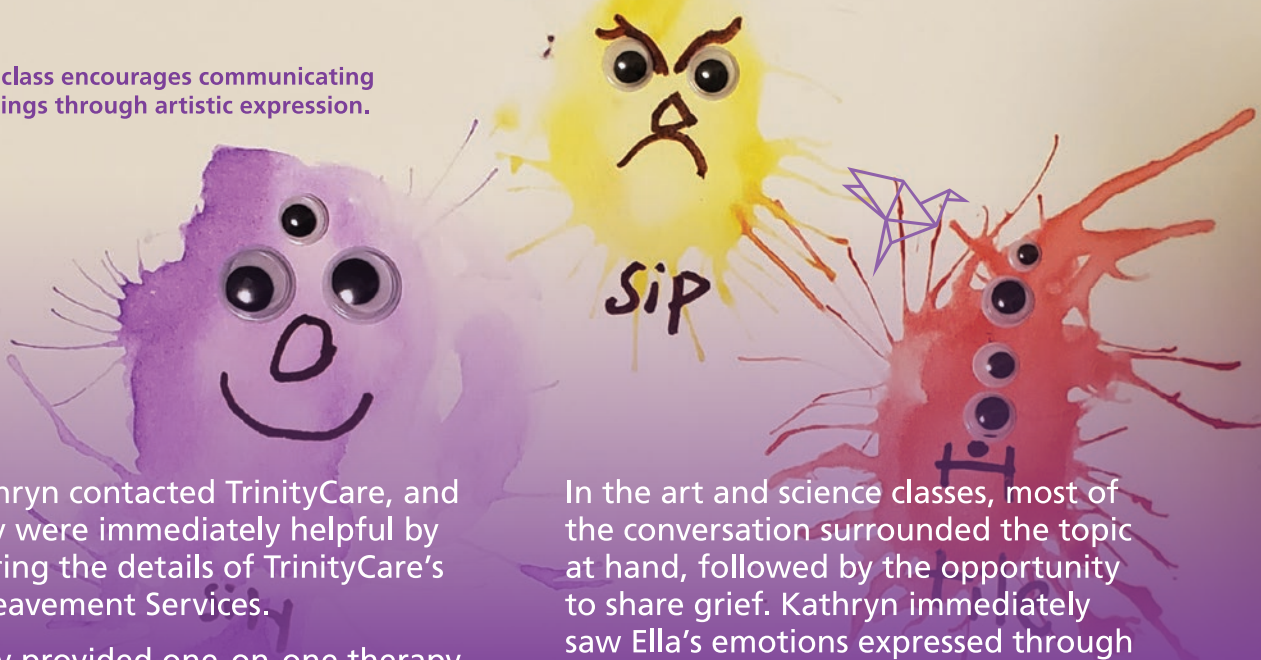
She wanted to continue to bring the gift of Kim to their lives after her death.

Ella struggled in the ensuing weeks, unable to find a productive way to process her grief. The sadness was deep and overwhelming. It was inconceivable to not have someone so special in her life anymore. She had a lot of questions. Could this happen to Mom and Dad? Thoughts of grief were everywhere. How does a 6-year-old process what she can't understand?

For weeks and months after Kim passed, people Kathryn did not even know shared their condolences. Kim's altruism did not stop with donating her time at the hospital through volunteer work, she touched those she worked with as well. She not only made Ella feel special every moment but extended that giving to scores more. Honoring Kim's legacy of being present became Kathryn's resolve for her family.

Kathryn took the time to look inward, and for the first time in her life put herself first instead of her extended family and career. With renewed perspective and strength through her self-reflection, she was then able to turn her focus to Ella. The struggle was finding the grief support needed for a now 8-year-old. Ella shared with her mother that she needed to talk to someone – not her parents – privately. The school was inundated with COVID struggles and lack of staff. Private therapy was booked for months. The only option was a location far away and undesirable for Kathryn and her husband.

The class encourages communicating feelings through artistic expression.



Kathryn contacted TrinityCare, and they were immediately helpful by sharing the details of TrinityCare's Bereavement Services.

They provided one-on-one therapy immediately, and Ella was very amenable. It satisfied the need she had expressed for private time. Then came bereavement art and science lessons through TrinityCare, carefully tailored to help express feelings. The Bereavement Team suggested that Ella would benefit from meeting other kids her age with a similar experience. Ella was hesitant about a group setting, although Kathryn felt it would be helpful for her to give it a try. About a week later, Ella came to Kathryn, saying, "I am feeling brave enough to try the group." They were a mixed group – one child had lost a parent, another a sibling – but they were bonded by the shared experience of loss and were there to support each other. The group found they were not alone, and they were not so different – and two of them even happened to love ballet.



*The entire TrinityCare team was around them, including doctors and the caregivers, offering support in the best way they knew how.*

In the art and science classes, most of the conversation surrounded the topic at hand, followed by the opportunity to share grief. Kathryn immediately saw Ella's emotions expressed through her art, through her singing, through her creativity. "She has always expressed her feelings through art, and this program is helping her work through her grief. It is amazing!" said Kathryn.

Kathryn shared: "How did it come together full circle for us? How Kim's empathy and compassion would return to us. I never imagined what it would look like to have such compassion and empathy."

The most impactful gift Kim could give her family in passing was the gift of learning to pause and to be present. Kathryn has embraced that fully, and Ella is thriving.



Kim, Ella and Kim's son Wyatt





# Letter from Board Chair and Executive Director



Lynn Taylor



Brett Beck

Dear Friends –

As we present our 2021 Annual Report, we want to thank you for your ongoing support of Providence TrinityCare Hospice and Palliative Care and the programs and services we fund through the Providence TrinityCare Foundation. It is only because of the community and people like you that we are able to fulfill our mission to serve all patients and families in need, including the poor and vulnerable. 2021 was an exciting and challenging year along with a time of growth and renewed vision for our ministry. Here are some highlights:

Our TrinityKids Care Pediatric Hospice program continues to serve more patients and families, and because of our foundation's support, all regional children's hospitals have local liaisons to help support families with their transition of a child to hospice services.

Community Palliative Care continues to grow and serve more patients through long term illness or chronic disease management.

Necessities of Life provides families in need with basics such as food, clothing, household items and utility bill payments. Many have no where to turn when someone is passing and job loss or extended time away from earning income puts many families in impossible situations that we help navigate.

Patient Care Assistance supports all who have no insurance or financial resources for care as no one is ever turned away for ability to pay.

Caregiver Education and Fellowships help us train the workforce that delivers our whole person care to our communities.

Endowments secure leadership, vision and new ideas that propel our ability to attract quality caregivers with continuing education, training, and support.

Bereavement Services are offered to all families upon the death of a loved one and include more than a year of support by our social workers to all in need. Groups are also open to the larger community and programs are almost entirely funded by philanthropy.

Caring for our sick and dying, our poor and vulnerable and fulfilling the mission of Providence is only possible because of the generosity of people like you, thank you.

We look forward to seeing you "in-person" soon!

Sincerely,

*Lynn & Brett*



# Sunday by the Sea

This past spring, Providence TrinityCare Foundation presented its *30th Anniversary “Drive-Through Celebration” of Sunday by the Sea*. Hundreds of friends and supporters from the community, drove through and picked up their Sunday by the Sea gift bags, which included wine, gourmet sodas, 30th anniversary wine glasses, a restaurant and winery guide and more! Attendees drove through and picked up delicious bites from each of the fabulous restaurant stations, and enjoyed them later that day! Live entertainment was provided by the Mark Fitchett Trio and guests participated in the always fun beer pull, along with winning over 30 raffle prizes that were given away.



Stephanie Turner, Virginia Butler and Les Fishman



Dr. Martina Meier and Joyce Komatsu



Louis Torrez and Carolyn Elliott



Mark Fitchett and Chef Michael Shafer

# TrinityCare Bereavement Services

**17**

**Support  
Groups**

Free of charge to all

**6**

**Weeks  
Each**

Curriculum created in house

**8-12**

**In Each  
Group**

**3**

**Workshops  
Annually**

**Ages**

**5**

**to  
Adult**

Provided for up to

**13**

**months  
after loss**



## Benefits of Bereavement Support Groups

- Encourage healing, strength, and confidence in those experiencing a death
- Provide bereavement services to children and teens at no cost
- Provide individualized bereavement services for family members
- Offer the services of professionals, interns, and volunteers to provide information and support in a comfortable meeting setting





# Providence TrinityCare Foundation Honors Jim Sala and Sharon Martinez and recognizes John and Mindy Kirk, Chris Leist, and Marilyn Prindle at the Annual Embassy Dinner

Just days before the pandemic forced us all to stay home, Providence TrinityCare Foundation celebrated its 2020 Embassy Dinner at the Doubletree Hotel in Torrance. 475 days later Providence TrinityCare Foundation celebrated its Embassy Dinner once again, this time outside, on the tennis courts of Jacky Glass' home in Palos Verdes Estates. Over 130 friends and community supporters were on hand to bestow a special honor, *The Glass Family Award for Philanthropy, Leadership and Service*, upon Sharon Martinez and Jim Sala for their dedication to and heartfelt support of the many programs and services of Providence TrinityCare Foundation. Also recognized were John and Mindy Kirk, Chris Leist and Marilyn Prindle.



Mindy and John Kirk, Jacky Glass, Marilyn Prindle, Chris Leist, Jim Sala, Sharon Martinez



Sister Terrence Landini, Dorothy Krupa, Ed Derenzis, Nancy Siskowic, Jacky Glass



Don Shaw and Dr. Glen Komastu



Mary and Mark Tiffany, Zach and Peggy Martin



Jim Zapp, Sandra Rowe-Maier and Phil Maier





Tom Komp and  
Mary Misiti

## Spotlight: Tom Komp – Finding Love

The journey through grief can be long and overwhelming, as anyone who has lost a loved one knows. There are many ways to mourn a loss, many ways to heal, and complex emotions to process.

Tom Komp knows this all too well suffering loss twice. After both losses, Tom was supported by long-standing friendships from both circles of his marriages. For months Tom felt overwhelmed with emotion and had to focus simply on putting one foot in front of the other. He needed to work through it with others going through similar anguish.

When TrinityCare Hospice, who took care of his second wife, called two months after she died to check in on him, Tom knew he was ready for help. He asked for support and resources, and they started him with a guided imagery group. His professional background as a social worker allowed him insight into what this group was about, but he had never applied those strategies to himself. Guided imagery and affirmations for anyone dealing with grief are a powerful way of coping with loss naturally and holistically, helping to release sorrow and gently move beyond the pain of bereavement to grief recovery.

Next, the Bereavement Team suggested a more traditional support group setting for Tom. They gathered four adults who had all lost a spouse for eight weeks. Tom had no expectations at the onset, but he knew he had a lot of needs and felt the facilitator of the group was magnificent.

She drew out emotions that everyone needed to process in a way that felt safe, and he didn't worry about the intensity of his emotions.

During the eight weeks, Tom did not feel alone. Grief is a powerful and complex emotion and no two experiences are the same. Tom remarks, "Group help allows you to be in grief paradoxically – such that being in grief allows you to move through your grief."

Looking back, Tom says the biggest benefit was embracing the courage he gained from being in the group – the courage he needed to risk moving on. It gave him a broader perspective on grief and love. He also knew and accepted the fact that the loss of someone so special would never entirely go away. After losing two wives, he could have fallen into a rabbit hole of pity but chose to find courage instead.

In 2019, at his daughter's wedding, Tom found himself lucky in love once again. Tom and the mother of his daughter's best friend Mary Misiti were like magnets, enjoying each other's company. Both widowed, they could not turn away from how wonderful it was to find each other. They lived across the country from each other at the time, but less than a year later they are happily living together in Redondo Beach. They both knew that love has its risks but is always worthwhile.





# Layla Paige's Nature Walk Raises nearly \$100,000 for TrinityKids Care

On Saturday, October 9th at the South Coast Botanic Garden in Palos Verdes, nearly 300 walkers joined *Layla Paige's Nature Walk for TrinityKids Care*, celebrating the life and legacy of Layla Paige and all patients touched by TrinityKids Care. The morning started with Layla's parents, Matt and Larissa Sonnen, who shared the heartwarming story of their daughter, Layla and their family's journey with TrinityKids Care. Kandis Wannamaker led everyone in a vigorous warm-up routine, and it was time to walk! Following the walk families had the opportunity to participate in games, crafts and bid on TrinityKids Care Art Auction items.



Board Chair, Lynn Taylor  
and The Sonnen Family



The littlest walkers love bubbles



Walkers enjoy the beautiful day!



Our TrinityCare families join in the fun

See Layla's story at  
[trinitykidscare.com](http://trinitykidscare.com).





# Light Up A Life Tree Shines Brightly for Providence TrinityCare



A special Light Up A Life tree was filled with stars to benefit the Providence TrinityCare Foundation, and TrinityKids Care. Throughout the month of December a festive tree at the TrinityCare office was filled with special stars purchased in memory of lost loved ones. Gifts made at the event are used to provide the comfort of hospice and the warmth of the holiday season to the lives of our neediest, terminally ill patients and their families.

This year's Light Up A Life Tree Lighting Ceremony was a special outdoor event allowing friends and family members to celebrate those who have passed during the year.



**Bereavement Team: Jennifer Allen,  
Mary Ann Packard, Chaplain,  
Nancy Langevin**



**Jacky Glass, Robin Haney, Scott and Jan Sharpe,  
Nancy Siskowic, Ed DeRenzis, Bruce and  
Deborah Brusivich**



**The Chavez Family**



**The tree glimmered with their  
loved ones' ornaments**







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Gifts of \$250+ for the time period of January 1, 2021 through December 31, 2021

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 Bennett Landscape  
 Bettolino Kitchen  
 Boisset Collection  
 Boulevard Florist Wholesale Market  
 Chef Robert Bell, Mama Terano Restaurant  
 Chick Fil A  
 Choura Events

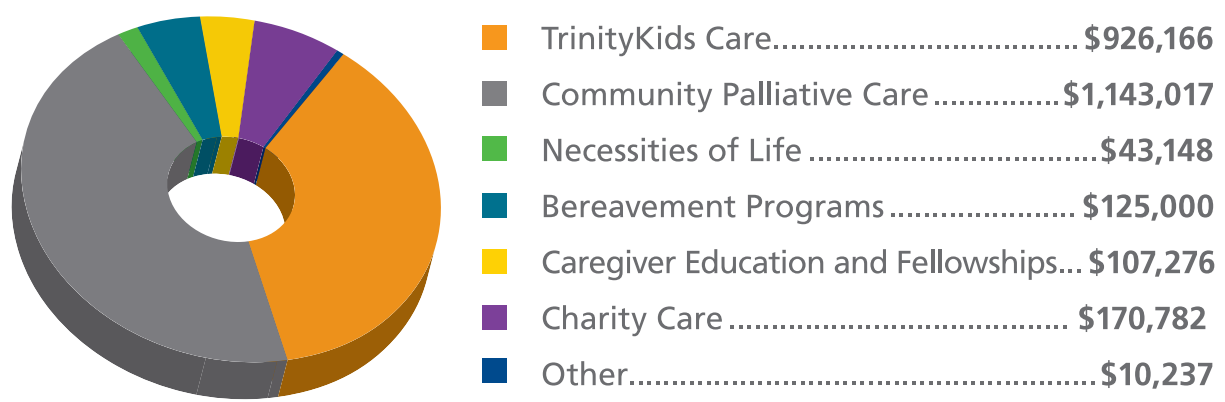
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 Diamond Factory – Fine Jewelry  
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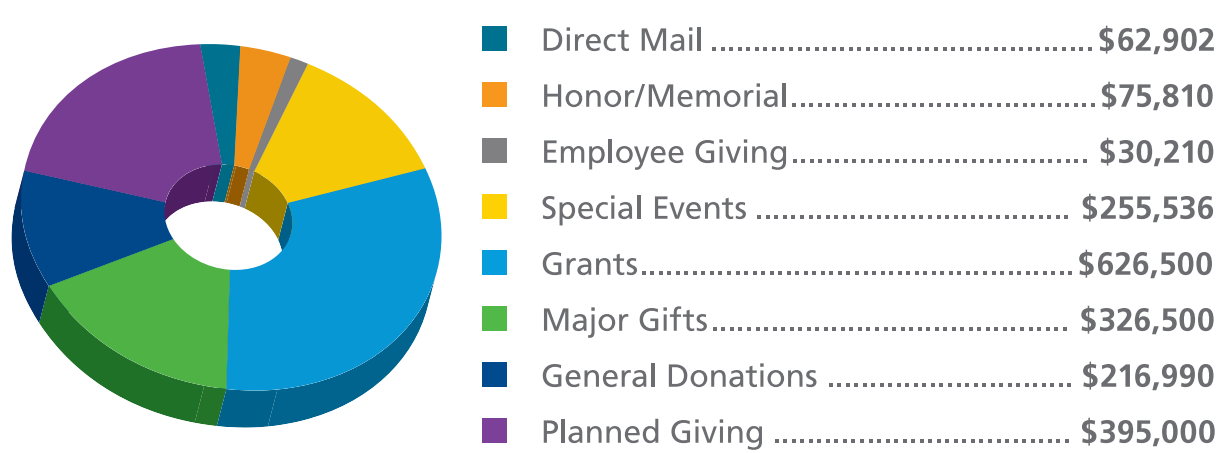


# Providence TrinityCare Foundation 2021 Financials

## FOUNDATION DISTRIBUTIONS TO OPERATIONS



## FUNDS RAISED BY APPEAL



## FINANCIAL REVIEW 2021 – STATEMENT OF ACTIVITIES

Cash and Cash Equivalents...	\$1,059,860	Annual Contributions.....	\$1,989,449
Pledges Receivable .....	\$1,893,000	Investment Income .....	\$1,076,590
Investments.....	\$12,764,069	<b>Revenues.....</b>	<b>\$3,066,039</b>
Affiliate Receivable .....	\$12,811	Gifts in Kind.....	\$24,730
<b>Total Assets .....</b>	<b>\$15,729,740</b>	<b>Total Revenues .....</b>	<b>\$3,090,769</b>

*\*These totals reflect unaudited financials.*

<b>Total Fundraising Expenses .....</b>	<b>\$823,374</b>
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# About TrinityCare



Providence TrinityCare Hospice and Palliative Care is a regional hospice and palliative care provider with a mission to provide compassionate service for all, especially the poor and vulnerable. TrinityCare started as a small, local service that has grown into a regional program with four interdisciplinary teams and a dedicated staff of more than 200 serving all of Los Angeles and Orange Counties. Since 1977, TrinityCare staff has provided compassionate care and services to more than 50,000 patients and families. TrinityKids Care was created in 2001 to help children with life-limiting illnesses live as normally as possible, for as long as possible, in their own homes. TrinityKids Care is the only dedicated pediatric hospice and palliative care provider serving all of Los Angeles and Orange Counties.



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5315 Torrance Blvd. #B1  
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*This is the official 2021 annual report of the Providence TrinityCare Foundation (Tax ID 33-0261016). If you have questions or comments, contact Kristin Conforti at 310.543.3410 or email [kristin.conforti@providence.org](mailto:kristin.conforti@providence.org). If you wish to no longer receive Foundation communications, please let us know by calling 310.543.3440 or emailing [tchfoundation@providence.org](mailto:tchfoundation@providence.org). Please allow 4-6 weeks to honor this request.*