

reasons



By definition, palliative care is a “team sport” and involves addressing all aspects of suffering — physical, spiritual, and psychosocial — in its pursuit of whole person care.





Letter from the Chair



What an honor it is to be writing you as the new Providence TrinityCare Foundation Board Chair following Jim Zapp's years of wise and compassionate leadership. Let me just touch on a few of the highlights of the amazing year we had in 2019, which you will discover when you review our Annual Report.

Dear Friends,

First and foremost, TrinityCare's excellence earned us Joint Commission Accreditation of Healthcare for both our Hospice and Palliative Care services. This unprecedented recognition not only sets us apart with patients and insurers, but validates and enhances our quality and safety standards. These quality measures and practices make the difference for our thousands of adult hospice patients and our hundreds of TrinityKids Care patients and their families. Our hardworking teams of caregivers inspire us to reach new heights as they continue to raise the bar of excellence.

And reach new heights we did, as we exceeded our fundraising goals for 2019! We were delighted to present a fabulous new family-friendly event, Layla Paige's Nature Walk for TrinityKids Care, in October. The well-attended event held at the South Coast Botanic Garden—graciously hosted by actor, comedian, and musician Jack Black — raised well over \$100,000. How gratifying that was! Because of this support, we were then able to fund two new nurse liaisons at both Children's Hospital of Los Angeles and Children's Hospital of Orange County, allowing us to serve even more children and families in their greatest time of need.

In December we unveiled our beautiful new Japanese Garden, a project envisioned by Glen Komatsu, our Medical Director, and made possible solely because of a generous benefactor. Glen's deep care for the well-being of all caregivers was the wellspring of this project, as he wanted to create a sacred space for them to be still and quiet amid their busy and demanding days. We all felt joy and gratitude at that ribbon-cutting ceremony, knowing that through philanthropy, our dedicated staff—who lovingly care for patients day after day—now have a serene environment where they can reflect, recharge, and rejoice.

So in the spirit of our beautiful new garden, I invite you to close your eyes and take in a deep breath as you hold in your hands this TrinityCare Annual Report. As you sit quietly, I hope you can sense what an impact your generous support has had on our patients and their families, as well as the compassionate caregivers who make this excellence possible. I also hope that in this moment you can sense our heartfelt gratitude to each one of you. Thank you, thank you!

With love and hope,

Lynn Taylor

Providence TrinityCare Foundation Board Chair



Palliative Care Patient #1

Gene is a devoted mother and grandmother who had been ill for years with myasthenia gravis, a chronic autoimmune neuromuscular disease that causes weakness in the skeletal muscles responsible for breathing and moving her arms and legs. Surprisingly, it went into remission—but soon after, she was diagnosed with a mitochondrial disorder that is a result of mitochondria failure. (Mitochondria are present in almost every cell in the body.) This proved to be even worse for Gene and her health. Relying on her faith and determination, she vowed to fight the disease and live her life the best way possible.

Gene's best friend, Nancy Cypert, a longtime supporter of the Providence TrinityCare Foundation, was devastated as she watched her friend deteriorate in such pain. Nancy had heard about a community palliative care program being developed at TrinityCare and felt this was the perfect next step for Gene. The team decided that Gene would be a perfect first patient, and TrinityCare's Community Palliative Care program began with Gene in June 2015.

"Gene was our first palliative care patient," said Russell Kieffer, TrinityCare's Director of Palliative Care. "She needed the care, and we were anxious to start the program. It was the right thing to do."

The next day, TrinityCare's Chief Medical Officer, Dr. Glen Komatsu, went to visit Gene and her family at her Mission Viejo home. He found her in intense pain and her physicians and specialists were unable to solve it. Gene's husband, Steve, shared a journal he kept with Dr. Komatsu that kept track of the multiple doctors treating Gene's various symptoms. "What I wanted to focus on was Gene's pain," said Dr. Komatsu. "Gene's quality of life was being compromised by her pain—her emotional and physical pain. She wasn't able to do the things she loved, like attending her Bible study, traveling, and spending time with her family."



Gene cherishes the time she spends with her grandbabies and family.

Gene responded immediately and positively to the pain management and treatment plan. She joyfully explained, "With the Palliative Care team's help, I was able to do all the things I so genuinely adored. I was able to witness the birth of our twin grandbabies, take a cruise down the Rhine River, and go to Rome for a cooking class, which is my passion. I'm able to do much more than I ever expected."

In the five years since the start of program, it has grown exponentially to serve more than 1,000 patients annually. Russell explains, "The term 'palliative' is from the Latin word pallium, which means cloak or cover. Conceptually, palliative care seeks to shelter those patients with chronic progressive illness and treat suffering broadly. Palliative care by definition is a 'team sport' and involves addressing all aspects of suffering—physical, spiritual, and psychosocial—in its pursuit of whole person care. Both hospice and palliative care strive to relieve suffering and improve quality of life. Palliative care can be offered at any stage of disease progression, whereas hospice is a defined benefit for patients in the final stages of life."

As Nancy tearfully shared with heartfelt gratitude about the last five years Gene has been under Dr. Komatsu's care, "I am so thrilled to watch my best friend be able to do things and enjoy life again!"



Planned Giving

"TrinityCare was so, so wonderful to help my family in times of need, caring for my husband and then my daughter, I knew I had to give back. It is the right thing to do."

— Mariko (right) with Robin Haney, TrinityCare Development Officer

"Any size bequest is a vote of confidence in our organization, and has a significant impact on the services we provide. They're easy to set up and create a lasting legacy at a place that's touched the lives of you and your loved ones."

— Joe Ward, Executive Director Planned Giving





Teddy Bears Provide Comfort to Grieving Families

Nancy Langevin, Bereavement Administrator; Susan Klein, volunteer seamstress; and Peggy Martin, Development Officer, at Providence TrinityCare Hospice in Torrance, which creates special Memory Bears for surviving family members using the clothing of those who have passed. (Photo by Beach Reporter)

When a local grandfather and professional truck driver lost his 7-year-old granddaughter to cancer, there was little that could be done to comfort the man. “He used to take his granddaughter on the road with him,” said Imelda Correa, a Bereavement Coordinator at Providence TrinityCare Hospice.

Part of Correa’s job at TrinityCare—which operates the only pediatric hospice program in Southern California, TrinityKids Care—is to help families grieve after the loss of a loved one. One of her tools is something unexpected: a teddy bear. They are not just ordinary stuffed animals, but custom-made “Memory Bears” sewn together with clothing that belonged to the person who passed away.

For the grandfather, the bear became part of his coping with the loss of his granddaughter. “It just brought so much peace to him,” Correa said. “He started bringing the bear with him on his long trips.”

“Certainly it’s tragic, because you know there’s been a death, but if I can bring the slightest bit of joy or positive memory to them in that moment when they look at their bear, then I’ve succeeded,” explained Susan Klein,

one of the seamstresses. “I have enough information to be as creative as possible. We can always add adornments and embellishments, but I like to make sure I use all of the pieces of clothing they’ve given me.”

Peggy Martin, a Development Officer at Providence TrinityCare Foundation, said the Memory Bear program has been a part of TrinityCare for as long as she can remember.

TrinityCare has four volunteer seamstresses who create the bears and is seeking more volunteers to help with the program. For more information on Providence TrinityCare, or to volunteer as a seamstress, please call Peggy Martin at 310-543-3442.

Providence TrinityCare Foundation Honors Friends at its Annual Embassy Dinner



Providence TrinityCare Hospice Foundation celebrated with over 100 longtime friends and supporters at the Embassy Dinner held at the DoubleTree by Hilton Torrance-South Bay. A special honor, The Glass Family Award for Philanthropy, Leadership and Service, was bestowed upon Carolyn Elliott and Gloria Mata for their dedication to and heartfelt support of the many programs and services of Providence TrinityCare Hospice.



Dr. Glen Komatsu, Gloria Mata, Carolyn Elliott and Joyce Komatsu



Sister Terrence Landini and Jacqueline Glass

28th Annual "Sunday by the Sea" Food and Wine Tasting



Friends old and new celebrated the 28th Annual Sunday by the Sea Food and Wine Tasting, in Palos Verdes Estates at the elegant seaside home of Carolyn Elliott.

The annual event raised funds to support the programs and services of Providence TrinityCare and its pediatric palliative care and hospice program, TrinityKids Care. Over 50 premier restaurants, wineries, breweries, and beverage purveyors from Southern California tempted guests with delicious morsels and fabulous libations. More than 400 guests sampled fabulous food and wine, and bid on auction items.

Lynn Taylor, Terri Warren, Dr. Glen Komatsu, Shayna Stiles and Brett Beck



Layla Paige's Nature Walk hosted by Jack Black

More than 400 walkers joined the inaugural Layla Paige's Nature Walk benefiting TrinityKids Care at the South Coast Botanic Garden in Palos Verdes. Hosted by actor, comedian and musician, Jack Black, this event honored the life and legacy of Layla Paige and all patients and families touched by TrinityKids Care.



Dr. Glen Komatsu and Jack Black surrounded by TrinityKids Care caregivers.



Larissa and Luke Sonnen, Jack Black, Matt Sonnen and Terri Warren.

Light Up A Life Tree Lighting Events

Throughout the month of December, trees at the DoubleTree Hotel Torrance and Red Car Brewery in Old Torrance were filled with special stars hung in memory of lost loved ones. Gifts made during Light Up A Life celebrations are used to provide the comfort of hospice and warmth of the holiday season to the lives of our neediest, terminally ill patients and their families.



Luke Sonnen, who lost his little sister Layla, lights the tree at Red Car Brewery with his parents Matt and Larissa and Red Car owners, Laurie and Bob Brandt.



In honor of Bob's mom, Jen and Bob Bellucci join TrinityCare families at the DoubleTree.

2019 Honor Roll of Giving

Gifts of \$250+ for the time period of January 1, 2019 through December 31, 2019



FOUNDER

The Jacqueline M. Glass Family

AMBASSADOR

Michael Hayde & Laura Khouri

Niagara Cares

Dr. James N. Scharfenberger

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Arlo & Marcella Sorensen

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Vistas for Children, Inc.

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Argyros Foundation

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Beall Family Foundation

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Leonor Chernila

Chevron Products Co.

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Continental Development Corporation

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Dow Chemical Company Foundation

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2019 Honor Roll of Giving *Continued*

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 Laura L. Kiessling
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 Teri & Gary Kuwahara

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 Barry Libed*
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 James R. Lockwood
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 Dr. Sylvia S. Mansour
 Gail & John Marcone
 Kathleen Marshall*
 Zack & Peggy Martin*
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 Kristin McNany
 Cathy Melton
 Thomas Miller
 Sharon Moon
 National Charity League, Inc. – Peninsula Chapter
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 Oltmans Construction Co.
 Stephanie & Jeffrey Paul
 Paul's Photo
 Regina Price
 Kenneth & Marilyn Prindle
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 William Renwick
 Respiratory Therapy Home Care
 Ann & W. Jack Rode
 June & George Romine

Christine & Dan Salazar*
 San dpipers Philanthropy Trust Fund
 Jo Anne & Floyd Sanger
 Janet & Scott Sharpe
 Angela & Hank Sheldon
 Keith Shultz
 Nancy Siskowic & Edward DeRenzis
 South Bay Quilters Guild
 Thomas & Patricia Sullivan
 Maureen & Brian Takahashi
 Craig Tanaka & Valerie Felice Castro
 Pearl & Orian Tanaka
 Terranea Resort
 Thrivent Financial
 Ross Moore & Mari Tokashiki
 Tortuga Wealth Management
 Total Triage
 Javier & Maria Uribe
 Terri & John Warren
 Lynn & Jim Watson
 Kerry & Helen Welsh

SUPPORTER

ACOM Solutions
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 Valerie & Chris Adlam
 Barbara Aranguren
 Marianne & Rene Ayala
 Carolyn Ayers

Brett & Christina Beck*
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 Janice Brandmeyer
 Maureen Brigante
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 Latrice Carter*
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 Eleanor & Robert Curry
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 Diane Dragotto
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 Su Jin Feuer
 Lise Fillion

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Virginia Butler
Ami Flournoy*
Justine Frankel
Bryan A. Fried
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Susan Gates
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Darlene Heckard*
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Kimwania Kaufman*
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Alanna & Edward Kennedy
J. Russell Kieffer*
Gregory Kirsch*
Brenda Kleemeyer-Sayegh*
Kevin & Danika Knieriem
Jennifer L. Kozakowski*
Roger C. Lamer
Charlotte Lazar-Morrison
Vivian Lei*
Dennis Lockfield
Richard & Ruth Lohrer
Frederick & Virginia Lower

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Gloria Martin
Sharon & Daniel Martinez
Sarah & Brandon Matloff
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Sarah McWhorter*
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Brenda Mells
M. Miguelez
Kelly Miller*
Lorene R. Milliman*
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Mollenkamp
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Paula Moore
Thomas Moore
Thomas Mota
Vivien & Richard Murtha
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Phillip & Natalie Nevin*
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Oldenburg
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Elizabeth & Richard
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Sandy & William Patton
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Shirley Perkins*
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Sylvester Ragland
Sheryl Rhodes
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Richardson
Rebekah Riemer
Kluane Robbins*
Robert & Theresa Hall
Roberta Rodin
Philip J. Ross
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Stephanie Ryu*
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2019 Gift-in-Kind



Michael & Michelle Adams
 Addi's Tandoor
 AMUSE The Palos Verdes
 Music Center
 Annie's Boutique
 Aquarium of the Pacific
 Bacchus Wine Made Simple
 Bar Method Palos Verdes
 Battleship Iowa Museum
 Bennett Landscape
 Bettolino Kitchen
 Boissett Collection
 Fine Wines
 Randy & Jamie Born
 Bottle Inn Riviera
 Boulevard Florist
 Wholesale Market
 Pam Branam
 Cabrillo Marine Aquarium
 Callaway Vineyard
 and Winery
 David Carroll
 Chick Fil A
 Choura Events
 Club Pilates
 Clubhouse at Anaheim Hills
 Golf Course
 Comedy and Magic Club
 Crowne Plaza
 Redondo Beach &
 Marina Hotel
 Diamond Factory
 Fine Jewelry
 Dive N' Surf
 DoubleTree by Hilton
 Torrance - South Bay
 Dr. Phil Show
 Earhart Group Travel
 Elite Island Club Resorts
 Felix Design Studio
 & Day Retreat
 Festival of Arts
 Fresh Brothers
 Frida Mexican Cuisine

Bryan Fried
 Friends of the Vine
 Fusion Sushi
 Gabi James
 Gaetano's Restaurant
 & Catering
 Good Stuff Restaurant
 Ed & Patty Goren
 Greater Los Angeles Zoo
 Association
 Gregerson Photography
 Scott & Tara Gregerson
 Hey 19 Public House
 Hilltop Limousine Service
 Rosann Jacy
 Kendra Scott
 Kidspace Children's
 Museum
 Kinship Winery
 La Mirada Theatre for
 the Performing Arts
 Laugh Factory
 Lisa's Bon Appetit
 Long Beach Symphony
 Orchestra
 Los Angeles Lakers
 Lunada Bay Market
 Magic Castle
 Manhattan Fine Wines
 Mariscos El Chuy #2
 Dan & Sharon Martinez
 Miracle Springs Resort
 & Spa
 Modern Jewelers
 Museum of Tolerance
 Natural History Museum
 of Los Angeles County
 Niagara Cares
 Ofie's Elite Physiques
 Robert O'Rourke
 Ortega 120
 P. M. Jacoy Mens Wear
 Pacific Battleship Center

Pala Casino Spa & Resort
 Palos Verdes Beach
 & Athletic Club
 Palos Verdes Estates
 Police Department
 Palos Verdes Golf Club
 William & Sandy Patton
 Paul's Photo
 Petersen Automotive
 Museum
 Pink's Famous Hot Dogs
 Ken & Marilyn Prindle
 PRP Wine International, Inc.
 Quady Winery
 Barak Raviv
 Real Soda in Real Bottles, Ltd.
 Red Car Brewery
 & Restaurant
 Rinascimento Wine
 Company
 Robert Chavira, Inc.
 Phil and Sandra Maier
 Santa Anita Park
 Ms. Karen J. Beck and
 Ms. Judy Shepherd
 Matt & Larissa Sonnen
 St. Lawrence Martyr
 Catholic Church
 Strand House
 Tom & Patty Sullivan
 Tarsan Stand-Up
 Paddle Boarding
 Doug & Lynn Taylor
 Terranea Resort
 Tiger Squadron
 Towne Park, LLC
 TravelStore
 UCLA Bruins - Athletics
 Kandis Wannamaker
 Wine Shoppe
 Yoga With Aimée
 Yonamine Pearl Company
 Lee Young

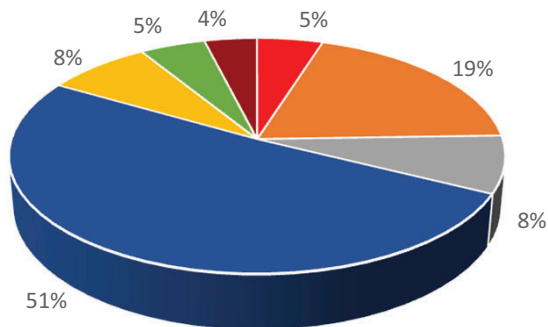
Providence TrinityCare's Blessing of The Garden of Healing

Caregivers, and community and business leaders joined Providence TrinityCare for the blessing of The Garden of Healing at the Douglas and J. Glass Center in Torrance. This garden, made possible by a very generous gift of philanthropy, has been carefully designed as a special space for healing and meditation.

Kohei Owatari and his team at Modern Zen Garden in San Diego designed the garden, under the direction of Dr. Glen Komatsu, Chief Medical Officer, Providence TrinityCare. This garden is a quiet protected space for caregivers to take time from the physical and emotional demands of their job to rest, re-charge, meditate and pray.

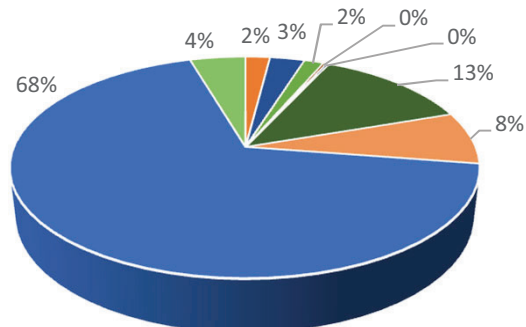
Providence TrinityCare Foundation

FOUNDATION DISTRIBUTIONS



- The Gathering Place
- TrinityKids Care
- Institute for Human Caring
- Palliative Care
- New Grad Support
- Charity Care
- Necessities of Life

FUNDS RAISED BY APPEAL



- Direct Mail
- Employee Giving
- Guardian Angels
- Grants
- General Donations
- Honor/Memorial
- The Gathering Place
- Special Events
- Major Gifts

Foundation Distributions

January 1 - December 31, 2019 (budgeted)

<i>The Gathering Place</i>	\$125,000
<i>TrinityKids Care</i>	\$500,000
<i>Institute for Human Caring</i>	\$200,000
<i>Palliative Care</i>	\$1,300,186
<i>New Grad Support</i>	\$200,000
<i>Charity Care</i>	\$125,000
<i>Necessities of Life</i>	\$100,000

Funds Raised by Appeal

January 1 - December 31, 2019

<i>Direct Mail</i>	\$58,532
<i>Honor/Memorial</i>	\$82,932
<i>Employee Giving</i>	\$46,241
<i>The Gathering Place</i>	\$7,770
<i>Guardian Angels</i>	\$6,335
<i>Special Events</i>	\$374,802
<i>Grants</i>	\$224,000
<i>Major Gifts</i>	\$1,986,326
<i>General Donations</i>	\$132,747

Financial Review

January 1 - December 31, 2019

Statement of Activities

<i>Cash and Cash Equivalents</i>	\$1,198,220
<i>Investments</i>	\$11,245,520
<i>Pledges Receivable</i>	\$986,584
<i>Long Term</i>	\$549,223
Total Assets	\$13,979,547

<i>Total Assets</i>	\$13,979,547
<i>Total Liabilities</i>	\$10,989
Total Net Assets	\$13,968,558

<i>Annual Contributions</i>	\$2,761,813
<i>Investment Income</i>	\$1,719,330
Revenues	\$4,481,143
<i>Gifts in Kind</i>	\$84,276
Total Revenues	\$4,565,419

Total Fundraising Expenses	\$771,709
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The Opportunity to Practice Compassion



In many ways, Joshua Norcutt, a nurse for nearly 26 years, seemed almost destined to find his way to TrinityCare Hospice. The Hawaii native comes from a family of nurses: His mother is one; so are his sister and two nieces. But Joshua's inspiration was really his grandmother. More specifically, the death of his grandmother. When she fell ill with brain cancer, he witnessed her die with dignity, at home, with family present and hospice nurses attending. "That spurred my appreciation for hospice," he recalls.

Joshua didn't go directly into palliative care, but the specialties he chose — first, oncology, then for many years, intensive care — exposed him to many patients and families experiencing serious illness and death. Always an easygoing and caring person, Joshua found that relating to critically ill patients and their families came relatively naturally to him. "Plus," he adds, "nursing is a really great opportunity to practice compassion every day."

After nearly 20 years in ICU and five as a hospice nurse with TrinityCare, how does he avoid the burnout that affects some in such intense occupations? "By leaning into it. Staying engaged. Getting involved in precepting and nursing education. That gives me more depth and resilience."

Joshua also credits meditation, which he practices and teaches. "Mindfulness helps me stay present when there's suffering and stress. It helps me remain compassionate for myself as well as others." Meditation also occupies a special place in his off-duty life, having just returned from a meditation retreat in Nepal.

Joshua not only practices palliative care for TrinityCare, he also contributes monetarily through Providence's **Mission Maker** program for employees. "I feel like I get so much from the work," he explains. "So it only feels natural to want to give back."

Mission Makers are caregivers who give back to support the work of the TrinityCare Foundation. **If you're an employee of Providence and would like to be a Mission Maker, email Peggy Martin at peggy.martin@providence.org.**

About Us

Providence TrinityCare Hospice is a regional hospice and palliative care provider with a long and dedicated history for providing excellent end-of-life and supportive care.

Our mission is to provide compassionate service for all, especially the poor and vulnerable. TrinityCare started as a small, local service that has grown into a regional program with four interdisciplinary teams and a dedicated staff of more than 200 serving all of Los Angeles and Orange Counties. Since 1977, TrinityCare staff has provided compassionate care and services to more than 50,000 patients and families. TrinityKids Care was created in 2001 to help children with life-limiting illnesses live as normally as possible, for as long as possible, in their own homes. TrinityKids Care is the only dedicated pediatric hospice and palliative care provider serving all of Los Angeles and Orange Counties.

This is the official 2019 annual report of the TrinityCare Foundation (Tax ID 33-0261016). If you have questions or comments, contact Peggy Martin at 310.543.3442 or email peggy.martin@providence.org. If you wish to no longer receive Foundation communications, please let us know by calling 310-543-3440 or emailing tchfoundation@providence.org. Please allow 4-6 weeks to honor this request.



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