By definition, palliative care is a “team sport” and involves addressing all aspects of suffering — physical, spiritual, and psychosocial — in its pursuit of whole person care.
Dear Friends,

First and foremost, TrinityCare’s excellence earned us Joint Commission Accreditation of Healthcare for both our Hospice and Palliative Care services. This unprecedented recognition not only sets us apart with patients and insurers, but validates and enhances our quality and safety standards. These quality measures and practices make the difference for our thousands of adult hospice patients and our hundreds of TrinityKids Care patients and their families. Our hardworking teams of caregivers inspire us to reach new heights as they continue to raise the bar of excellence.

And reach new heights we did, as we exceeded our fundraising goals for 2019! We were delighted to present a fabulous new family-friendly event, Layla Paige’s Nature Walk for TrinityKids Care, in October. The well-attended event held at the South Coast Botanic Garden—graciously hosted by actor, comedian, and musician Jack Black — raised well over $100,000. How gratifying that was! Because of this support, we were then able to fund two new nurse liaisons at both Children’s Hospital of Los Angeles and Children’s Hospital of Orange County, allowing us to serve even more children and families in their greatest time of need.

In December we unveiled our beautiful new Japanese Garden, a project envisioned by Glen Komatsu, our Medical Director, and made possible solely because of a generous benefactor. Glen’s deep care for the well-being of all caregivers was the wellspring of this project, as he wanted to create a sacred space for them to be still and quiet amid their busy and demanding days. We all felt joy and gratitude at that ribbon-cutting ceremony, knowing that through philanthropy, our dedicated staff — who lovingly care for patients day after day — now have a serene environment where they can reflect, recharge, and rejoice.

So in the spirit of our beautiful new garden, I invite you to close your eyes and take in a deep breath as you hold in your hands this TrinityCare Annual Report. As you sit quietly, I hope you can sense what an impact your generous support has had on our patients and their families, as well as the compassionate caregivers who make this excellence possible. I also hope that in this moment you can sense our heartfelt gratitude to each one of you. Thank you, thank you!

With love and hope,

Lynn Taylor

Providence TrinityCare Foundation Board Chair
Gene is a devoted mother and grandmother who had been ill for years with myasthenia gravis, a chronic autoimmune neuromuscular disease that causes weakness in the skeletal muscles responsible for breathing and moving her arms and legs. Surprisingly, it went into remission—but soon after, she was diagnosed with a mitochondrial disorder that is a result of mitochondria failure. (Mitochondria are present in almost every cell in the body.) This proved to be even worse for Gene and her health. Relying on her faith and determination, she vowed to fight the disease and live her life the best way possible.

Gene’s best friend, Nancy Cypert, a longtime supporter of the Providence TrinityCare Foundation, was devastated as she watched her friend deteriorate in such pain. Nancy had heard about a community palliative care program being developed at TrinityCare and felt this was the perfect next step for Gene. The team decided that Gene would be a perfect first patient, and TrinityCare’s Community Palliative Care program began with Gene in June 2015.

“Gene was our first palliative care patient,” said Russell Kieffer, TrinityCare’s Director of Palliative Care. “She needed the care, and we were anxious to start the program. It was the right thing to do.”

The next day, TrinityCare’s Chief Medical Officer, Dr. Glen Komatsu, went to visit Gene and her family at her Mission Viejo home. He found her in intense pain and her physicians and specialists were unable to solve it. Gene’s husband, Steve, shared a journal he kept with Dr. Komatsu that kept track of the multiple doctors treating Gene’s various symptoms. “What I wanted to focus on was Gene’s pain,” said Dr. Komatsu. “Gene’s quality of life was being compromised by her pain—her emotional and physical pain. She wasn’t able to do the things she loved, like attending her Bible study, traveling, and spending time with her family.”

Gene responded immediately and positively to the pain management and treatment plan. She joyfully explained, “With the Palliative Care team’s help, I was able to do all the things I so genuinely adored. I was able to witness the birth of our twin grandbabies, take a cruise down the Rhine River, and go to Rome for a cooking class, which is my passion. I’m able to do much more than I ever expected.”

In the five years since the start of the program, it has grown exponentially to serve more than 1,000 patients annually. Russell explains, “The term ‘palliative’ is from the Latin word pallium, which means cloak or cover. Conceptually, palliative care seeks to shelter those patients with chronic progressive illness and treat suffering broadly. Palliative care by definition is a ‘team sport’ and involves addressing all aspects of suffering—physical, spiritual, and psychosocial—in its pursuit of whole person care. Both hospice and palliative care strive to relieve suffering and improve quality of life. Palliative care can be offered at any stage of disease progression, whereas hospice is a defined benefit for patients in the final stages of life.”

As Nancy tearfully shared with heartfelt gratitude about the last five years Gene has been under Dr. Komatsu’s care, “I am so thrilled to watch my best friend be able to do things and enjoy life again!”

Planned Giving

“Any size bequest is a vote of confidence in our organization, and has a significant impact on the services we provide. They’re easy to set up and create a lasting legacy at a place that’s touched the lives of you and your loved ones.”

— Joe Ward, Executive Director
Planned Giving
When a local grandfather and professional truck driver lost his 7-year-old granddaughter to cancer, there was little that could be done to comfort the man. “He used to take his granddaughter on the road with him,” said Imelda Correa, a Bereavement Coordinator at Providence TrinityCare Hospice.

Part of Correa’s job at TrinityCare—which operates the only pediatric hospice program in Southern California, TrinityKids Care—is to help families grieve after the loss of a loved one. One of her tools is something unexpected: a teddy bear. They are not just ordinary stuffed animals, but custom-made “Memory Bears” sewn together with clothing that belonged to the person who passed away.

For the grandfather, the bear became part of his coping with the loss of his granddaughter. “It just brought so much peace to him,” Correa said. “He started bringing the bear with him on his long trips.”

“Certainly it’s tragic, because you know there’s been a death, but if I can bring the slightest bit of joy or positive memory to them in that moment when they look at their bear, then I’ve succeeded,” explained Susan Klein, one of the seamstresses. “I have enough information to be as creative as possible. We can always add adornments and embellishments, but I like to make sure I use all of the pieces of clothing they’ve given me.”

Peggy Martin, a Development Officer at Providence TrinityCare Foundation, said the Memory Bear program has been a part of TrinityCare for as long as she can remember.

TrinityCare has four volunteer seamstresses who create the bears and is seeking more volunteers to help with the program. For more information on Providence TrinityCare, or to volunteer as a seamstress, please call Peggy Martin at 310-543-3442.
Providence TrinityCare Foundation Honors Friends at its Annual Embassy Dinner

Providence TrinityCare Hospice Foundation celebrated with over 100 longtime friends and supporters at the Embassy Dinner held at the DoubleTree by Hilton Torrance-South Bay. A special honor, The Glass Family Award for Philanthropy, Leadership and Service, was bestowed upon Carolyn Elliott and Gloria Mata for their dedication to and heartfelt support of the many programs and services of Providence TrinityCare Hospice.

Dr. Glen Komatsu, Gloria Mata, Carolyn Elliott and Joyce Komatsu

Sister Terrence Landini and Jacqueline Glass

28th Annual “Sunday by the Sea” Food and Wine Tasting

Friends old and new celebrated the 28th Annual Sunday by the Sea Food and Wine Tasting, in Palos Verdes Estates at the elegant seaside home of Carolyn Elliott.

The annual event raised funds to support the programs and services of Providence TrinityCare and its pediatric palliative care and hospice program, TrinityKids Care. Over 50 premier restaurants, wineries, breweries, and beverage purveyors from Southern California tempted guests with delicious morsels and fabulous libations. More than 400 guests sampled fabulous food and wine, and bid on auction items.

Lynn Taylor, Terri Warren, Dr. Glen Komatsu, Shayna Stiles and Brett Beck
Layla Paige’s Nature Walk hosted by Jack Black

More than 400 walkers joined the inaugural Layla Paige’s Nature Walk benefiting TrinityKids Care at the South Coast Botanic Garden in Palos Verdes. Hosted by actor, comedian and musician, Jack Black, this event honored the life and legacy of Layla Paige and all patients and families touched by TrinityKids Care.

Light Up A Life Tree Lighting Events

Throughout the month of December, trees at the DoubleTree Hotel Torrance and Red Car Brewery in Old Torrance were filled with special stars hung in memory of lost loved ones. Gifts made during Light Up A Life celebrations are used to provide the comfort of hospice and warmth of the holiday season to the lives of our neediest, terminally ill patients and their families.
In honor of Bob’s mom, Jen and Bob Bellucci join TrinityCare families at the DoubleTree. Larissa and Luke Sonnen, Jack Black, Matt Sonnen and Terri Warren.

2019 Honor Roll of Giving
Gifts of $250+ for the time period of January 1, 2019 through December 31, 2019

**FOUNDER**
The Jacqueline M. Glass Family

**AMBASSADOR**
Michael Hayde & Laura Khouri
Niagara Cares
Dr. James N. Scharfenberger

**FELLOW**
ABIM Foundation
Beach Cities Health District
Dr. Roland Summit
Western National Group
Thomas & Jean Willson Endowment
Elizabeth McGlynn & James Zapp

**PATRON**
Ballard Family Fund of Renaissance Charitable Foundation
Marjeanne Blinn
Margaret M. Bloomfield Family Foundation
Nancy Cypert
Carolyn Elliott
Len Fein
For Our Children Committee
John Gogian Family Foundation
Francis & Barbara Halligan
James & Joanne Hunter
The Estate of James Kinney
Las Candalistas
Phil & Sandra Rowe Maier
Earl B. and Loraine Miller Foundation
Oarsmen Foundation
Palos Verdes Junior Women’s Club
Rosalie & George Schuler
Elaine & David Scott
Lynn & Douglas Taylor
Mark & Mary Tiffany
Kim & John Whitcombe
John & Mindy Kirk, Rice Mortuary
Donna & George Lee
Darlene Lucio
Charles P. Miller
The Neighborhood Church
Anne Raiss
Robyn Friend & Neil Siegel
Larissa & Matt Sonnen
Arlo & Marcella Sorensen
Scott & Karen Stuckman
Peter & Monique Thorrington
Stuart Tsujimoto
Elly & Robert Visser
Vistas for Children, Inc.
Kay Wardell

**GUARDIAN**
Michael & Michelle Adams
City National Bank
Confidence Foundation
Rosanne Farnum
Suzi Gulcher
William H. Hannon Foundation
Fred L. Hartley
Emily Clayton & Jon Jacobson
Charles & Carole Bennett
Laurence A. Bolton
Jamie & Randall Born
Brigante, Cameron, Watters & Strong, LLP
Richard Brombach
Deborah & Bruce Brusavich
Roman & Linda Buettner
Yvonne Corbeil & Ira Byock*
Karen & John Cameron
Diane & David Campisi
Joan Caras
Jennifer Costello & Benjamin Chandler*
Charitable Adult Rides & Services, Inc.
Leonor Chernila
Chevron Products Co.
Ray & Evelyn Chikahisa
Choura Events
Choura Foundation
Thomas Clark
Kristin & David Conforti
Continental Development Corporation
William & Joy Dahlgren
David A. Delgado*
Lani F. Dishington
Donna Djujic
Dow Chemical Company Foundation
Robert & Peggy Dowell

*Caregivers and employees of Providence
Earhart Group Travel
Kitty Edler
Richard W. Edwards
Annette P. Fosket
Barbara & Rex Fountain
Phil & Channing Frykman
Elsie Fujino
Gregory Gagnon
Norman Gleit
Dr. Richard Glimp*
Susan & Michael Gray
Green Hills Memorial Park
Tara & Scott Gregerson
Marnie & Daniel Gruen
Rosalind F. Halikis
Edward & Frida Hallen
Richard & Mary Haughey
Martha E. Hernandez*
Hilltop Limousine Service
Margaret & Francis Hourigan
John & Nancy Ann Insprucker
Sandy M. Jacobsen
Jaquish & Kenninger Foundation
Steve & Jan Johnson
Mary K. Kehrl
Laura L. Kiessling
Lauren Kirk
Joyce & Glen Komatsu*
Tom Komp
Teri & Gary Kuwahara
Ann & Charles La Franchi
Barry Libed*
Bee-De & Samuel Lim
James R. Lockwood
Crystal & Roderick MacDonell
Ned & Dianne Mansour
Dr. Sylvia S. Mansour
Gail & John Marcone
Kathleen Marshall*
Zack & Peggy Martin*
Diana & Ray Martin
Gloria Mata
Kristin McNany
Cathy Melton
Thomas Miller
Sharon Moon
National Charity League, Inc. – Peninsula Chapter
Patricia & Kenneth Ochi
Oltmans Construction Co.
Stephanie & Jeffrey Paul
Paul’s Photo
Regina Price
Kenneth & Marilyn Prindle
Providence Health & Services
Paul Ramos*
William Renwick
Respiratory Therapy Home Care
Ann & W. Jack Rode
June & George Romine
Christine & Dan Salazar*
San dpipers Philanthropy Trust Fund
Jo Anne & Floyd Sanger
Janet & Scott Sharpe
Angela & Hank Sheldon
Keith Shultz
Nancy Siskowic & Edward DeRenzis
South Bay Quilters Guild
Thomas & Patricia Sullivan
Maureen & Brian Takahashi
Craig Tanaka & Valerie Felice Castro
Pearl & Orian Tanaka
Terranea Resort
Thrivent Financial
Ross Moore & Mari Tokashiki
Tortuga Wealth Management
Total Triage
Javier & Maria Uribe
Terri & John Warren
Lynn & Jim Watson
Kerry & Helen Welsh

SUPPORTER
ACOM Solutions
Laura & Tom Adams
Valerie & Chris Adlam
Barbara Aranguren
Marianne & Rene Ayala
Carolyn Ayers
Brett & Christina Beck*
Pam Branam
Janice Brandmeyer
Maureen Brigante
JoAnn Brown
Shirley Bruhl*
Molly Byock
Christina & Kevin Cantrell
David & David Carosa
Latrice Carter*
Valerie & John Carter
Pat Carver
Jean Christen
Priscilla & Frank Clark
Colleen Cortez*
Joe Cristina
Enrique Cruz*
Kristin Curren
Eleanor & Robert Curry
Thomas & Susan Cyr
Jaylynne Delaroche*
Karen & Dino D’Emilia
Michael Desola
Martha L. Dieguez*
Tom & Susan Dolbert*
Diane Dragotto
Kathleen Dragotto
Patricia Ellis
Lisa & Michael Estrada*
Don & Mary Sloper
Claudio Faeh & Dr. Martina Meier
Su Jin Feuer
Lise Fillion
Barbara Firestone, Ph.D.
Les Fishman & Virginia Butler
Ami Flournoy*
Justine Frankel
Bryan A. Fried
Gilbert Galbreath
Susan Gates
Robert Gelber
Marisa Gierlich-Burgin
Jill & David Gregerson
Jolene Gutierrez*
Keith & Robin Haney*
Stephanie Harris
Jennifer Hayes
Mary M. Hazen
Darlene Heckard*
Jay Hess*
Beth & Erik Higgins
Joelle Juillard
Jeanette Kaiser
Kimwania Kaufman*
Robert J. Kelley
Alanna & Edward Kennedy
J. Russell Kieffer*
Gregory Kirsch*
Brenda Kleemeyer-Sayegh*
Kevin & Danika Knieriem
Jennifer L. Kozakowski*
Roger C. Lamer
Charlotte Lazar-Morrison
Vivian Lej*
Dennis Lockfield
Richard & Ruth Lohrer
Frederick & Virginia Lower
Rebekah Malloy*
Gloria Martin
Sharon & Daniel Martinez
Sarah & Brandon Matloff
William May
Sarah McWhorter*
Chloe Medrano*
Patricia & Donald Mehlig
Andrea N. Meigs
Brenda Mells
M. Miguelez
Kelly Miller*
Lorene R. Milliman*
Dr. James & Michele Mollenkamp
Robert L. Montgomery
Paula Moore
Thomas Moore
Thomas Mota
Vivien & Richard Murtha
Katherine Neal*
Karen & Joel Nelson
Network for Good
Phillip & Natalie Nevin*
Joyce & Tom Newman
Frederick & Ruth Noah
Deborah Nowak*
Frank O’Bryan
Wesley Odneal*
William & Deborah Oldenburg
Mary Otero*
Pacific Crest Cemetary
Elizabeth & Richard Papscoe
Basilio G. Parra*
Sandy & William Patton
Barbara & Mark Paullin
Shirley Perkins*
Joanne Petow
Vanessa Poster
Sylvester Ragland
Sheryl Rhodes & John Rowe*
Ernestine & Edward Richardson
Rebekah Riemer
Kluane Robbins*
Robert & Theresa Hall
Roberta Rodin
Philip J. Ross
Connie Russell
Stephanie Ryu*
Alireza Shapoury & Nusha Safabakhsh*
Andrea & James Sala
Sally Salazar
Chester & Elizabeth Sanford
Emiko Sasaki
Sheri Schrier
Myle Schwab*
Mike Sedlachek
Margaret Servin*
Harriet & Kenneth Servis
Don Shaw
Michael & Andrea Sher
Monica Shilling
Edward & Kathy Shroyer
Estella Sias
Donald & Mary Sloper
Richard Smisek
Samantha Smith*
Robert & Nycole Snodgrass*
Shayna Stiles*
Perla Sullivan*
Bruce Tobey & Rae Sanchini
Towne Park, LLC
V. David Trafford
TravelStore
Dale & Stephanie Turner*
Marcia Van Cleave*
Daniel L. Van Ert
Robert Vargo
Vecca Inc
Eileen Vessella
Martin Luz & Steven Wallace
Nenita Watanabe*
Westchester Rotary Foundation
Lesa Worden*
Kenneth & Vivien Wyse
Tony Yeh
Thomas Zorn
Claudia & David Zuercher
Mary E. Zulueta*
Providence TrinityCare’s Blessing of The Garden of Healing

Caregivers, and community and business leaders joined Providence TrinityCare for the blessing of The Garden of Healing at the Douglas and J. Glass Center in Torrance. This garden, made possible by a very generous gift of philanthropy, has been carefully designed as a special space for healing and meditation.

Kohei Owatari and his team at Modern Zen Garden in San Diego designed the garden, under the direction of Dr. Glen Komatsu, Chief Medical Officer, Providence TrinityCare. This garden is a quiet protected space for caregivers to take time from the physical and emotional demands of their job to rest, re-charge, meditate and pray.

Michael & Michelle Adams
Addi’s Tandoor
AMUSE The Palos Verdes Music Center
Annie’s Boutique
Aquarium of the Pacific
Bacchus Wine Made Simple
Battleship Iowa Museum
Bennett Landscape
Bettolino Kitchen
Boissett Collection
Boulevard Florist
Wholesale Market
Pam Branam
Cabrillo Marine Aquarium
Callaway Vineyard and Winery
David Carroll
Chick Fil A
Choura Events
Club Pilates
Clubhouse at Anaheim Hills Golf Course
Comedy and Magic Club
Crowne Plaza
Redondo Beach & Marina Hotel
Diamond Factory
Fine Jewelry
Dive N’ Surf
DoubleTree by Hilton Torrance - South Bay
Dr. Phil Show
Earhart Group Travel
Elite Island Club Resorts
Felix Design Studio & Day Retreat
Festival of Arts
Fresh Brothers
Frida Mexican Cuisine
Bryan Fried
Friends of the Vine
Fusion Sushi
Gabi James
Gaetano’s Restaurant & Catering
Good Stuff Restaurant
Ed & Patty Goren
Greater Los Angeles Zoo Association
Gregerson Photography
Scott & Tara Gregerson
Hey 19 Public House
Hilltop Limousine Service
Rosann Jacy
Kendra Scott
Kidspace Children’s Museum
Kinship Winery
La Mirada Theatre for the Performing Arts
Laugh Factory
Lisa’s Bon Appetit
Long Beach Symphony Orchestra
Los Angeles Lakers
Lunada Bay Market
Magic Castle
Manhattan Fine Wines
Mariscos El Chuy #2
Dan & Sharon Martinez
Miracle Springs Resort & Spa
Modern Jewelers
Museum of Tolerance
Natural History Museum of Los Angeles County
Niagara Cares
Ofie’s Elite Physiques
Robert O’Rourke
Ortega 120
P. M. Jacoy Mens Wear
Pacific Battleship Center
Pala Casino Spa & Resort
Palos Verdes Beach & Athletic Club
Palos Verdes Estates Police Department
Palos Verdes Golf Club
William & Sandy Patton
Paul’s Photo
Petersen Automotive Museum
Pink’s Famous Hot Dogs
Ken & Marilyn Prindle
PRP Wine International, Inc.
Quady Winery
Barak Raviv
Real Soda in Real Bottles, Ltd.
Red Car Brewery & Restaurant
Rinascimento Wine Company
Robert Chavira, Inc.
Phil and Sandra Maier
Santa Anita Park
Ms. Karen J. Beck and Ms. Judy Shepherd
Matt & Larissa Sonnen
St. Lawrence Martyr Catholic Church
Strand House
Tom & Patty Sullivan
Tarsan Stand-Up Paddle Boarding
Doug & Lynn Taylor
Terranea Resort
Tiger Squadron
Towne Park, LLC
TravelStore
UCLA Bruins - Athletics
Kandis Wannamaker
Wine Shoppe
Yoga With Aimée
Yonamine Pearl Company
Lee Young
**Foundation Distributions**

*January 1 - December 31, 2019 (budgeted)*

- The Gathering Place: $125,000
- TrinityKids Care: $500,000
- Institute for Human Caring: $200,000
- Palliative Care: $1,300,186
- New Grad Support: $200,000
- Charity Care: $125,000
- Necessities of Life: $100,000

**Funds Raised by Appeal**

*January 1 - December 31, 2019*

- Direct Mail: $58,532
- Honor/Memorial: $82,932
- Employee Giving: $46,241
- The Gathering Place: $7,770
- Guardian Angels: $6,335
- Special Events: $374,802
- Grants: $224,000
- Major Gifts: $1,986,326
- General Donations: $132,747

**Financial Review**

*January 1 - December 31, 2019*

**Statement of Activities**

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The Opportunity to Practice Compassion

In many ways, Joshua Norcutt, a nurse for nearly 26 years, seemed almost destined to find his way to TrinityCare Hospice. The Hawaii native comes from a family of nurses: His mother is one; so are his sister and two nieces. But Joshua’s inspiration was really his grandmother. More specifically, the death of his grandmother. When she fell ill with brain cancer, he witnessed her die with dignity, at home, with family present and hospice nurses attending. “That spurred my appreciation for hospice,” he recalls.

Joshua didn’t go directly into palliative care, but the specialties he chose — first, oncology, then for many years, intensive care — exposed him to many patients and families experiencing serious illness and death. Always an easygoing and caring person, Joshua found that relating to critically ill patients and their families came relatively naturally to him. “Plus,” he adds, “nursing is a really great opportunity to practice compassion every day.”

After nearly 20 years in ICU and five as a hospice nurse with TrinityCare, how does he avoid the burnout that affects some in such intense occupations? “By leaning into it. Staying engaged. Getting involved in precepting and nursing education. That gives me more depth and resilience.”

Joshua also credits meditation, which he practices and teaches. “Mindfulness helps me stay present when there’s suffering and stress. It helps me remain compassionate for myself as well as others.” Meditation also occupies a special place in his off-duty life, having just returned from a meditation retreat in Nepal.

Joshua not only practices palliative care for TrinityCare, he also contributes monetarily through Providence’s Mission Maker program for employees. “I feel like I get so much from the work,” he explains. “So it only feels natural to want to give back.”

Mission Makers are caregivers who give back to support the work of the TrinityCare Foundation. If you’re an employee of Providence and would like to be a Mission Maker, email Peggy Martin at peggy.martin@providence.org.

About Us

Providence TrinityCare Hospice is a regional hospice and palliative care provider with a long and dedicated history for providing excellent end-of-life and supportive care.

Our mission is to provide compassionate service for all, especially the poor and vulnerable. TrinityCare started as a small, local service that has grown into a regional program with four interdisciplinary teams and a dedicated staff of more than 200 serving all of Los Angeles and Orange Counties. Since 1977, TrinityCare staff has provided compassionate care and services to more than 50,000 patients and families. TrinityKids Care was created in 2001 to help children with life-limiting illnesses live as normally as possible, for as long as possible, in their own homes. TrinityKids Care is the only dedicated pediatric hospice and palliative care provider serving all of Los Angeles and Orange Counties.