



2021

Queen of the Valley
Foundation
with  Providence

REPORT TO
THE COMMUNITY

FOOTPRINTS



Paula, Miriam and Juan Puentes

FOOTPRINTS

In classical literature as well as in sayings passed down from many diverse cultures, we are reminded of our obligation to leave footprints that will inspire others to acts of greatness—to continue legacies of leaving the world a better place because of one’s personal actions. We know that those who leave behind incredible legacies live on in the hearts of the people they touch.

Pictured on the cover are Juan Puentes and his daughter, Paula, walking in the vineyards of Rancho Honrama, named in honor of Juan’s father-in-law, Honorio Ramirez-Mata, who came to the United States from Mexico as a young man in 1980 with hope in his heart and a dream for a brighter future.

A very loyal and hard worker, Honorio eventually worked his way out of the fields and into the cellar as foreman for Caymus Vineyards. There he was taught how to make his own wine and he chose his oldest daughter, Miriam, to work in his tasting room. Sadly, Honorio died too young at age 38 from cancer.

Miriam and her husband, Juan, and family have worked hard since then to take Honorio’s dream to a level he could only imagine. Honrama Cellars, which opened on Valentine’s Day in 2011, today produces about 1,500 cases of wine each year. Their website reads: “Honrama: A Celebration of Opportunity, Labor, Resolve, and the Bond of Generations-- From the soul of a great man whose quest for a better life for his family brought him to Napa Valley working to tend the vineyards and harvest the fruit, to the souls of his children and grandchildren who lovingly make the wine.”

As an active trustee on the board of Queen of the Valley Foundation, Juan Puentes is creating footprints that will help inspire a life of service in his children.

This year’s Report to the Community shares personal stories of courage, caring and commitment that are also the stuff of great legacies. There is a common theme: generosity springs from gratitude for the many blessings each has received from those who have contributed to their well-being.

QUEEN OF THE VALLEY FOUNDATION

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Through *giving* we help to heal.
We build *relationships* with those who
share Queen of the Valley Foundation’s
values of *Compassion, Dignity, Justice,*
Excellence and Integrity, by inviting our
donors to *give generously* for the health
of our community.

giving relationships

The Best Is Yet To Be

We would all undoubtedly agree that fundraising is not for the faint-hearted. It takes incredible courage, commitment and caring to lead an effort that inspires friends, colleagues and often strangers to open their wallets, purses, and, yes, checkbooks to help sustain our great hospital.

We are proud to announce the appointment of two individuals whose passion and dedication equip them for leading fundraising efforts for the Queen. Rachael Poer has been appointed Chief Philanthropy Officer (CPO) for Providence Queen of the Valley Medical Center and CEO of Queen of the Valley Foundation, a separately incorporated nonprofit with a focus on developing philanthropic support. Erin Simms, a volunteer trustee who has served on the Foundation Board since 2018, has stepped into the role of Board Chair.

Rachael and Erin acknowledge they have tough shoes to fill with the retirement of Elaine John, who served as the Medical Center's CPO and the Foundation's CEO

“...coma, anticipating and welcoming Adam's arrival every day to help wake up his friend Eric.”

for the past 11 years, and the completion of Lydia Mondavi's two-year tenure as Board Chair at the end of 2021. Even bigger footprints will inspire their efforts as they engage with our community to build on the contributions of the visionary giants and thousands of generous donors who have helped to develop the Queen into the full-service sophisticated medical center it is today.

As the Director of Development from 2019-2021, Rachael worked closely with Elaine, the Foundation team and the Board, focusing on streamlining operations and strategic planning for growth. Erin has held the Vice Chair position in preparation for her leadership role and has been key, along with Lydia, in the creation and development of Generous Heart, an annual

high-performing signature event that has raised millions for special projects.

What has fueled Erin's and Rachael's energy to accept these demanding new roles? Both know how important it is to have high-quality healthcare available in the Napa Valley. They also share an understanding of the financial challenges that face health care organizations across the nation, and the significant role that philanthropy plays in creating a margin to fund the excellence we all want and deserve when our health is threatened.

On a personal level, Erin is especially grateful for the expert and compassionate care that a close friend received following a life-threatening accident on their property. She realizes Eric Truelsen wouldn't be here today if it weren't for the Queen. She and husband Adam will always remember and be grateful for how gentle and compassionate the nurses were with Eric during his hospital-induced coma, anticipating and welcoming Adam's arrival every day to help wake up his friend Eric.

Erin and Adam's beloved son Levi was born at the Queen. Having easy access to a full-service emergency room has been a safety net for their family, friends and guests.

Rachael has lived and worked in the Napa Valley for the past 20 years, serving in a number of capacities. These include starting her career as a chef, to hospitality management, fundraising consultant and executive for nonprofit organizations. She cares deeply about the people who live here. Rachael says that while the responsibility is demanding, stepping into this new role where she can make a significant difference is the most important thing that has happened to her professionally. She is confident it was meant to be.



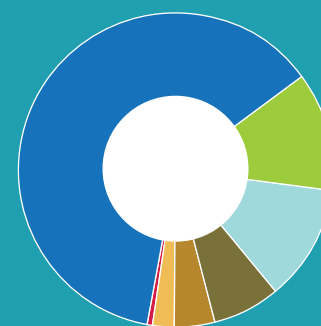
Rachael Poer
FOUNDATION PRESIDENT/
CEO

Erin Simms
FOUNDATION BOARD
CHAIR

Rachael especially enjoys reading the stories about the Queen's history and recognizes that fundraising, at its best, is directly modeled after our founding Sisters, who went out and recruited like-minded individuals to assist in realizing their mission. She considers it a privilege to carry on the legacy of the Sisters by continuing their great work that helped the Queen to be a top-quality hospital for over half a century.

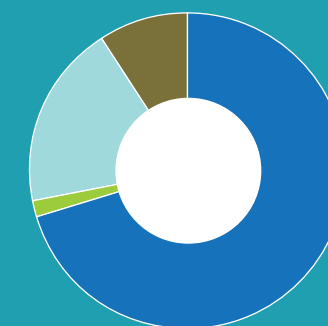
The efforts of Queen of the Valley Foundation have dramatically changed the level and scope of services at the medical center since its inception. Almost every department in the hospital has been touched by the generous support of our community. Together, you have helped us advance technology, becoming one of the first hospitals in the nation to offer robotic surgery and among the first in northern California to integrate diagnostics with surgery in our Hybrid Surgical Suite. A Foundation-sponsored initiative helped build a robust neurosurgery program at the Queen in partnership with USCF, saving many lives: you will read about one grateful survivor on page 10 in this year's report. A current project underway will upgrade our Emergency Department to expand capacity and improve work flow.

As supporters of the Queen, we invite you to continue to be generous, ensuring that *The Best Is Yet To Be* as you share your financial resources, advocacy and involvement to help keep great medicine in our community.



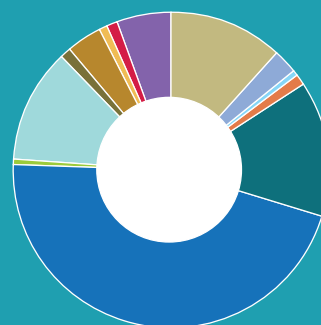
SOURCE OF GIFTS

- Capital Giving
- Planned Gifts
- Special Events
- Grants
- Annual Giving
- Gifts-in-Kind
- Tributes/Memorials



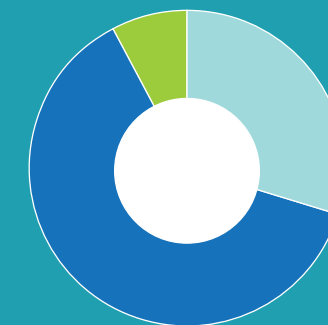
HOW YOUR GIFTS WERE INVESTED

- Capital
- Programs and Services
- Unrestricted
- Endowment



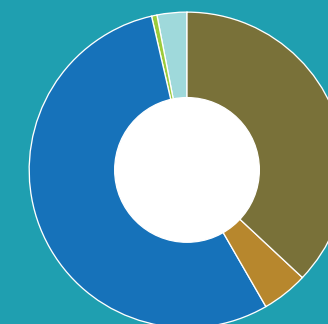
GIFT DEDICATION

- Emergency Diagnostic Center
- Emergency Care
- Cancer Care
- MRI
- Where It's Most Needed
- OB/NICU
- Cancer Wellness
- Nursing Education
- Covid Vaccination Clinic Grant
- Rehab Services
- Other
- Cardiac Care
- Founder's Garden



GIVING TOTALS BY DONOR CLUB

- 20+ Club
- Circle of Friends
- Hall of Honor



GIVING TOTALS BY DONOR TYPE

- Foundations
- Individuals
- Organizations
- Board Members
- Physicians and Caregivers



New Leadership... New Vision

If you have been following the news about the financial instability, supply chain disruptions, and caregiver shortages hospitals are experiencing across the nation in the wake of the current pandemic, you are aware that these are challenging times unprecedented for those of us who currently work in the healthcare industry. We feel fortunate to have the examples of both the Sisters of St. Joseph and the Sisters of Providence to inspire us. During the Spanish flu and the age of cholera the sisters were faithful and flexible, doing all they could to serve and care for the sick

We have managed multiple surges of COVID patients at the Queen. It has required us to be nimble as we safely care for them while ensuring standard operations are at the high level our community members deserve and expect from the Queen. The good news is that while we continue to care for an increased number of patients with COVID-related variants, fewer of them require services in our Intensive Care Unit to recover.

I feel so blessed to have incredible support from our care team at the Queen, who

“... these are challenging times unprecedented for those of us who currently work in the healthcare industry.”

continue to exhibit amazing levels of dedication and resilience as they fill extra shifts, are vigilant about social distancing, masking, and other protective measures that ensure the safety of our caregivers. Not only that, their creativity has helped us retool and streamline operations while enhancing overall quality of care.

Being part of a strong nonprofit health system has also served us well throughout the pandemic. Providence has provided ample and timely access to vaccines and ventilators, as well as clinical expertise. And Providence has not limited its support to what we do inside the hospital. Providence invested \$1M in 2022 in the Heritage House and Valle Verde affordable housing projects that will enable very low-income residents a chance to live the healthiest life possible.

We are especially grateful for our community's generous and unwavering support during these uncertain times. Last year, you helped us raise just under \$9M to help mitigate the impact of COVID on our resources, acquire new technology, and strengthen programs and services at the Queen.

Providing great care relies on attracting and retaining the best-qualified physicians and caregivers available. This is not an easy task, given the high cost of living in the Napa Valley. Your support, whether through a financial investment in the Queen, your gift of time, or by utilizing our medical services, allows for us to recruit a stellar medical team and place advanced technology in the hands of those who have a high level of expertise in using it. We hope you share in our pride as you review on page 22 the recent awards we have earned for the exceptional outcomes we have continued to achieve, despite being burdened by the pandemic.

In this year's report, you will read how your financial support is helping to change and save lives. We also appreciate your advocacy as

you serve as ambassadors in the community, making sure our neighbors and friends are aware of our capabilities. Know that the Queen is here for all when you need us. Finally, we are always grateful when you bring issues of concern to our attention that need to be addressed.

My wife, Danielle, and I have recently bought a home in Napa. We look forward to becoming acquainted with those of you we have not yet met and getting to learn more about the community we have already come to love in such a short time.

Terry Wooten,
CHIEF EXECUTIVE
PROVIDENCE QUEEN OF THE VALLEY
MEDICAL CENTER

I arrived at Providence Queen of the Valley Medical Center just over a year ago, eager to engage our leadership team and begin strategic planning in these top priority areas: **Caregiver Engagement:** making this the best possible place to work. **Clinical Excellence:** maintaining access to an academic-level of care that ensures top quality and safety. **Growth:** working with our physician partners to strengthen programs and key services in high demand by our community. **Community Partnerships** to ensure that the continuum of care is comprehensive and supports our community's most vulnerable members.

A 3T-MRI for the Napa Valley Community

With your generous support, Providence Queen of the Valley Medical Center has been able to deliver cutting-edge technologies and services to detect and diagnose ailments and diseases sooner. This technology is available to anyone in need, including all those who live and work in the Napa Valley and surrounding regions. **It is widely known that these technological advancements offer improved healthcare outcomes for patients.**

Tesla(T) is the unit of measurement quantifying the strength of a magnetic field. Prior to 3T technology, the high-field standard in MR Imaging was 1.5 Tesla. The 3T MRI Scanner generates a magnetic field that is twice the strength of a 1.5 Tesla system and 10 to 15 times the strength of low-field or open MRI scanners.

As one might expect, the magnetic field produced by a 3T MRI system yields **exceptional anatomic detail and resolution.** The increased image clarity is particularly beneficial for pathological conditions involving the **brain, spine, breast, body, and musculoskeletal system.** It enables whole-body cancer screening in as little as 15 to 20 minutes.

A GE 3T Signa Architect MRI System at the Queen will be the only one of its kind in Napa County serving our population. Currently, patients must travel outside the area for this level of diagnostics when prescribed by their physician. With a **15% larger opening, the wide bore will allow us to accommodate a complex patient population** including patients who are claustrophobic, bariatric, under anesthesia, critically ill, as well as those transferred from other facilities through Providence's Regional Transfer Center.



If you've experienced an MRI on older generation technology, you know two things: 1) **It is hard to remain still** and perform those multi-breath holds for the length of time required to complete a successful scan; 2) **The whirring and clicking, clanging and banging** can be unsettling if not frightening as these machines noisily perform their procedures.

Good news: the new GE 3T MRI system is capable of achieving a **33% reduction in the time required to perform the same scan** as the older generation MRI systems. Moreover, the equipment we intend to acquire features **“silent” Acoustic Reduction Technology** and, if one chooses, a complete music system which is bound to reduce patient anxiety while being scanned on a table with variable density foam comfort pads.

How Can You Help? We are relying on support from many generous friends in our community to help us fund this acquisition. All gifts of any size are needed and welcomed. All gifts will be recognized in the 2022 Foundation Report to the Community. And gifts of \$5,000 and above, either through cash or a planned gift towards the “Innovation Fund” for future technology needs, will be celebrated on the donor wall in the hospital lobby and on a plaque in the area that houses the new 3T MRI System.

Barbara and Warren Winiarski

came to Napa in 1964 and established Stag's Leap Wine Cellars in 1970. In 1976, Warren's 1973 Stag's Leap Wine Cellars Cabernet Sauvignon won the "Judgment of Paris" blind tasting. Warren was among the original public organizers for support of the Napa Ag Preserve. The Winiarski Family Foundation has made donations to many conservation and preservation efforts, including the Land Trust of Napa County and the Smithsonian's National Museum of American History.

Jeff Strelbow is a fourth generation Napa native and a third generation Queen of the Valley Foundation Board Trustee, currently serving as Vice Chair.

Jeff's grandfathers, Al Strelbow and Albert Frommelt, father, Jack Strelbow, and uncle, the Honorable John Kongsgaard, were instrumental in raising funds to help build Queen of the Valley Medical Center. They also helped to organize Queen of the Valley Foundation as a separate nonprofit to ensure the financial strength of the Medical Center.

Jeff: Warren, you have supported a lot of programs and services that have helped to make the Napa Valley a very special place to live in and to raise one's family as well as to operate a business.

We all know though that having wealth or discretionary resources does not necessarily equate to being philanthropic. Why is it, Warren, that giving back has been such an important part of your life?

Warren: We have been so favored by circumstances, Jeff, and I believe we need to acknowledge the good help we have had from many people in the valley that contributed to our success. We owe, in return, to share the benefits we received as a result of our community's support of our efforts.

Also, Jeff, I don't believe the Queen's founders wanted a small-town hospital. They felt their wines were the best and they owed it to the place where they lived to have a medical facility to equal this high standard.

Jeff: Yes, they wanted to really make it first class. It is amazing what we have been able to do, thanks to the investments made by our community. We are extremely grateful, Warren, for your recent funding of a Stroke and Diagnostics Center at the Queen, to be constructed immediately adjacent to the Gasser Emergency Department and Trauma Center. Why was this project of particular interest to you?

Warren: When we were first approached about donating to this Center, my late wife, Barbara, and I knew it was a project that

we wanted to support because it fits the goal of providing a high standard of excellence in health care.

Barbara wanted "as many in our Napa Valley family as possible" to have access to the best medical care, and of course, I agree. Barbara had received her life-saving treatment at the Queen for a

"..I believe there is a touchstone of generosity in everyone ... which we know is there to be liberated. One must uncover an individual's passion for them to want to help."

stroke she experienced in 2010. Time was a very important factor in that process, and to get to a hospital close by that had expertise and capacity to take care of Barbara helped prolong her life and supported her recovery. The Stroke and Diagnostics Center, which includes a state-of-the-art CT scanner, will keep up the excellence that your ancestors started and be named in Barbara's honor.

We are fortunate that the Queen has highly skilled ER physicians. With this new technology close at hand, they will be able to spot medical conditions quickly and accurately and determine the necessary kind and level of intervention needed to help save a life.



Jeff Strelbow and Warren Winiarski

Jeff: We certainly salute your foresight in knowing that this project would be difficult to accomplish during a pandemic, which has significantly stretched the financial resources of hospitals across the nation. By entirely funding the cost, \$5.1M, you and Barbara and the Winiarski Family Foundation have made it possible for the construction to be launched this year, with a target date of completion in summer 2023. What a gift to our community! We appreciate it so much.

Do you think it is timely and important that all who live here, including our youth, participate in some way in supporting the quality of life we all enjoy, either through monetary support or volunteering?

Warren: I believe there is a touchstone of generosity in everyone. It sometimes requires a little artfulness to find the desire to support, which we know is there to be liberated. One must uncover an individual's passion for them to want to help. And yes, I hope we can help stimulate the urge by setting an example of generosity.

Jeff: Thanks for your willingness to meet with us, Warren, to talk about philanthropy. You've done some amazing things that have directly impacted the quality of life in Napa, not only in terms of where you've given, but in land preservation and the way people can operate their businesses. I am really curious, Warren: What are you most proud of?

Warren: I have to say receiving the James Smithson Bicentennial Medal since it was their first award for anyone in the field of wine and an honor which also identifies the Napa Valley as one of the great wine regions of the world. My Paris Tasting winning 1973 Cabernet Sauvignon is included in the Smithsonian's "101 Objects that Made America." This inclusion highlights the new vision of what we are collectively doing in elevating the whole idea of producing great wines in the Napa Valley.



DONOR PROFILE

Cindy and Jan Van Prooyen



Cindy and Jan Van Prooyen

Cindy and Jan Van Prooyen have been soulmates since 1955, where they first met in Mr. O'Haire's 7th grade homeroom class in what was then called the Napa Union High School. Throughout their high-school years they deepened their friendship on the tennis courts at Napa High. Separated while pursuing higher education (Jan at West Point and Cindy at Chico State), the Van Prooyens reunited and were married in Napa in 1966. They have three children and eight grandchildren.

Cindy and Jan share a rich history of living in Napa. Cindy's early years were spent on the family chicken farm at the foot of Mt. George. A highlight from Cindy's childhood

was her involvement with the Napa Swim Team. With the upcoming 1960 Olympics in Rome, their coach was hopeful that the Napa team of 10 girls would have the opportunity to go to Europe to promote synchronized swimming as an Olympic sport.

The Napa community supported the Swim Team's efforts in a big way, attending their water and talent shows, purchasing raffle tickets, and donating funds that enabled the team to travel abroad to perform and to attend the Olympics in Rome. It wasn't until 1984 that synchronized swimming was officially included in the Olympics in Los Angeles, but Cindy is proud of her team's early role in helping to establish it as an Olympic sport.

Jan's family lived in the Salvador neighborhood, where as a youngster he delivered the Napa Register to his neighbors. He loved sports and excelled in school. Both

Jan and Cindy were chosen to participate in Boy's and Girl's State. They both won United Nations Pilgrimage for Youth competitions.

Jan, who holds a PhD in Nuclear Engineering, retired as a U.S. Army Major General with military service that included field duty in Vietnam and Germany, and leadership assignments focused on the acquisition of Army weapons systems, major missile defense programs, and chemical and biological research programs. He was awarded the Distinguished Service Medal in 1996 for exceptionally meritorious and distinguished service.

After Jan's 30-year-tenure in the U.S. Army, he joined the Bechtel Corporation and

became senior vice president and partner, leading Bechtel's 5,000-person Defense and Space business as president.

For the past seven years, Jan has served as chairman of the board of directors of Verndari, Inc., a Napa-based biopharmaceutical company he helped found. The company is dedicated to transforming global health through developing innovative vaccine platforms that can be delivered at a lower cost to prevent a wide range of infectious diseases.

The Van Prooyens have always shared a commitment to making a difference in each community where they have lived and worked. And, as Cindy reports, educational pursuits and Jan's career have necessitated moves some 36 times during their marriage.

Cindy has coached sports, been a Scout leader, substitute teacher, Water Safety

Instructor, American Red Cross chairman and a member of Napa's Community Projects organization. Additionally, Cindy became a Master Gardener in six different states. Jan has chaired the Board of the Universities Space Research Association, a Maryland based non-profit organization of 106 Universities that offer graduate programs in space science.

In 2007 while living in Los Alamos, New Mexico, Jan was diagnosed with prostate cancer. Since then, he has received a radical retropubic prostatectomy and proton therapy at Mayo Clinic in Rochester. With a recurrence of his cancer in 2013, Jan elected to have his radiation therapy in the Queen's Oncology Center. He says that the teamwork between professionals at Mayo and QVMC has been great. A recent PET/CT indicated no recurrent or metastatic prostate cancer.

Jan and Cindy have been long-time financial supporters of Queen of the Valley Medical Center. They recently made a significant multi-year commitment to help acquire 3T MRI technology that will expand diagnostic capabilities in the Queen's Profili Imaging Center. Cindy says their donation is a way of giving back with gratitude for all the opportunities they have received throughout their lives, noting they realize the benefit of having exceptional medical staff and facilities in our community and the financial investment required to keep medical centers state-of-the-art.

Jan stresses the importance of having access to the best technology available when one is facing a life-threatening illness. He is pleased that cancer patients will have access to advanced diagnostics, close to home. Cindy adds, "Everyone should support as they can—either through volunteering their time or sharing their treasure. Every bit counts!"

Judy Toomajian

“If we don’t get in here fast, we’re losing her,” Queen of the Valley Neurosurgeon Vince Morgese, M.D., announced, as he directed the ER manager to summon a surgical team STAT during the wee hours on March 2, 2020. His patient’s CT scan indicated a massive acute subdermal hematoma that was pressing on her brain and was quickly becoming life-threatening.

out the requisite forms or being scanned in imaging.

Kevin, who lives about four miles from the Queen, was soon summoned to meet his parents in the ER. As his mother was being wheeled into the surgery suite, his father broke down and sobbed, “I don’t know if I’ll ever see her alive again.” (Today Judy likes to tease her husband whenever they disagree by

“... she (Judy) cannot pass the Queen or the Herman Family Pavilion without getting emotional with gratitude for the resources that were in place to save her life.”

Judy Toomajian, and her husband, Barry, had just traveled from the Bay Area to Napa for a brief visit with their son, Kevin, and his family. They had spent the afternoon in Oakland with Kevin, his wife, and their two grandchildren attending “Disney on Ice” and had enjoyed dinner together following the performance. Back at the townhouse where they were staying, it was almost midnight when Judy, in her stocking feet, went upstairs in search of her husband’s phone charger. Successful in retrieving it, she began her descent, slipped, and cascaded down the stairs, cracking her head hard on one of the steps near the landing.

reminding him that he shed many tears over her potential demise—a revelation she can leverage for the rest of her life!

Several hours later, the first thing Judy saw as she emerged from an anesthesia-induced fog was the baseball cap her son was wearing. When she raised a thumb and murmured, “Go, Warriors!” Kevin immediately knew that his mom was going to be OK.

A few days later as Dr. Morgese unwrapped the bandaging, he cautioned Judy, “If you feel really brave, there’s a mirror on your nightstand.”

“What’s this clump on my neck?” she moaned, making a face.

“Would you like me to remove that for you?” Requesting a razor from the attending nurse, Dr. Morgese proceeded to shave the tuft of hair that had been spared during surgery prep, while the nurse sang “Beauty School Dropout” from Grease. All enjoyed a good laugh.

Less than a week after her accident, Judy was discharged and was strong enough to receive physical therapy services through Home Health, not requiring weeks in the hospital’s



Vincent Morgese, M.D., Judy Toomajian, and Tim Herman

Acute Rehabilitation unit, which would typically be prescribed following brain surgery.

Judy and Barry have recently purchased a home in Napa, having sold their home of 55 years in Lafayette.

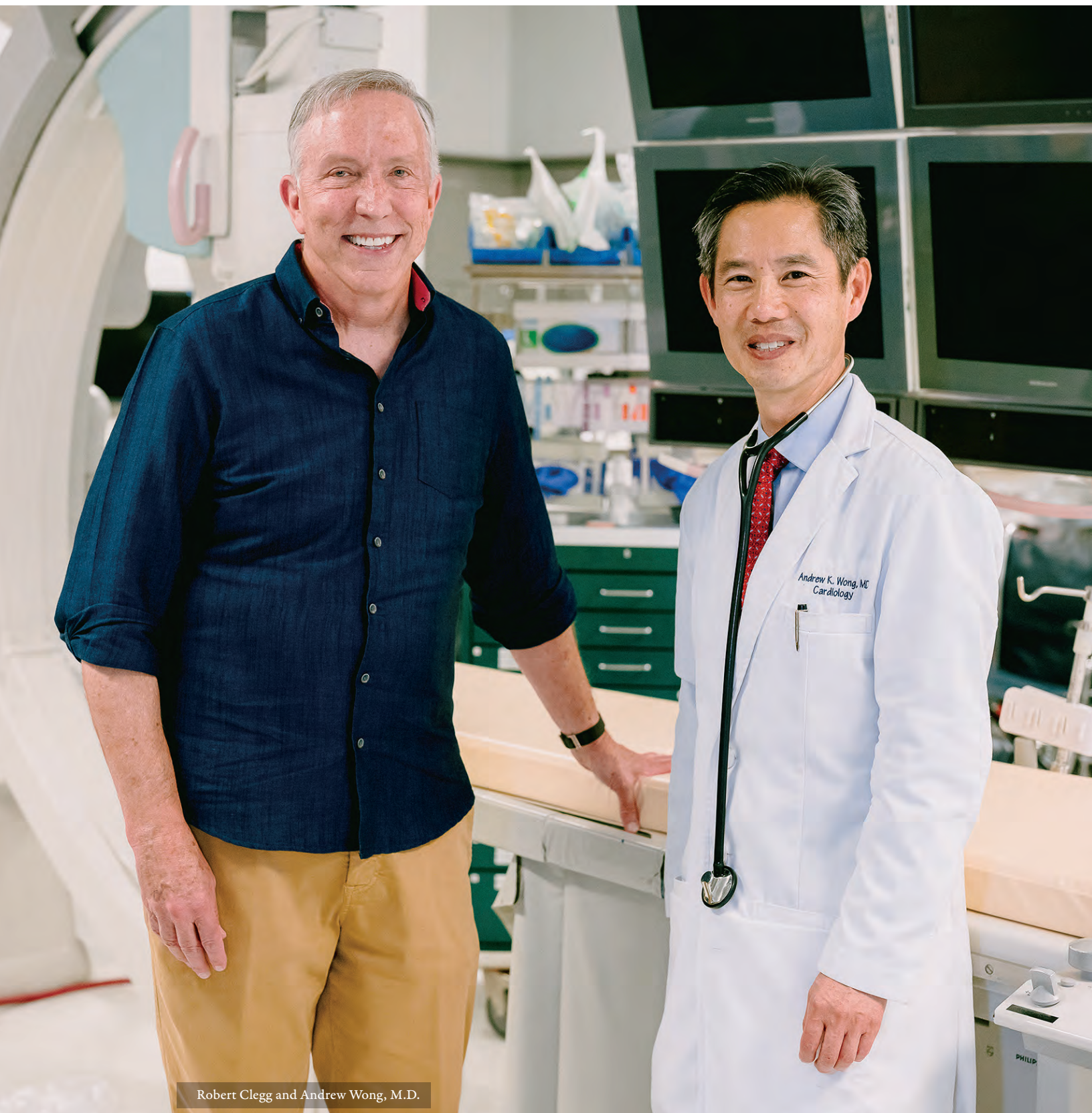
She reports that she cannot pass the Queen or the Herman Family Pavilion without getting emotional with gratitude for the resources that were in place to save her life. Judy is especially moved by the Herman Family’s personal investment in helping to

bring fulltime neurosurgery services to our community, following the death of Peggy Herman, who succumbed to a traumatic head injury during a hiatus in neurosurgery coverage.

Judy sends up daily prayers of gratitude for the timely intervention she received at the Queen and regularly contributes to the Peggy Herman Neuroscience Center in honor of Tim Herman and Dr. Morgese, knowing that her investment may help to save a life in the future.

Judy Toomajian recently met Mark Habberger for the first time at a social gathering, where in serendipitous conversation they discovered that neither would be here today without a lifesaving intervention at the Queen. Mark, who was featured in the Foundation’s 2020 Report to the Community, was impaled by a wooden stake that went all the way through his body and several organs when he fell from a 12-foot orchard ladder while working on a greenhouse arch.





Robert Clegg and Andrew Wong, M.D.

PATIENT PROFILE

Robert's Road To Angioplasty: A Cautionary Tale

Though highly successful in many business ventures throughout his extensive career as an investment executive, Robert Clegg has a history of failing stress tests. A benign irregular heartbeat detected a decade or so ago has afforded Robert many opportunities to be tested both on the treadmill and with chemically-induced stress in the cardiac procedures lab. He has never passed even one—despite no blockages being found during a prior angiogram.

Fortunately, Robert is diligent about scheduling annual exams with his primary care physician. At a routine physical in March, Dr. Rony Kako asked Robert how his pill for his heart was performing. Robert

“... Robert's reporting the slight aberration he was experiencing saved his life.”

takes a daily dose of Diltiazem that mitigates aging of the heart muscle caused by the “extra” beat. He debated if he should reveal that he had recently felt an occasional light heart flutter, knowing that Dr. Kako would want to do additional testing and deciding it wouldn't be worth the hassle, given Robert's “no-pass” experience.

At the very end of his annual exam, almost as an after-thought, Robert decided to mention the flutters and, as he feared, Dr. Kako immediately decided that Robert needed a stress test, just to be on the safe side.

In early April, Robert was administered a stress test and failed, as was his custom. Dr. Kako and Cardiologist Dr. Andrew Wong discussed whether Robert needed another angiogram or whether they just needed to increase his dosage for the benign irregular heartbeat, since the failed stress test and occasional flutters were Robert's only symptoms.

An abundance of caution led to the decision to perform an angiogram on Apr 21. At the conclusion of the procedure Dr. Wong shared the news of the discovery of an artery that was 95% blocked, informing Robert that this required the placement of two stents to clear the obstruction. Robert

thought Dr. Wong was joking, and Dr. Wong had to work hard to convince his patient that he had just received a life-saving intervention.

Robert had plans to leave a week later for a five-day cross-country drive with the dogs to spend the month of May in the Southeast with his grandkids, whom he had not seen since the onset of the COVID pandemic. He obtained reluctant clearance from his physicians to make the trip, with the condition that he share the driving responsibilities. Robert reports that he enjoyed a great visit with family during the month of May, returning in early June to launch what he calls his “self-improvement plans after a very close call!”

Robert says his biggest shock in this ordeal was that he has always enjoyed favorable cholesterol levels, which he has considered his “Get out of jail free” card. And, prior to COVID, he worked out aerobically (elliptical trainer) and built strength with weights three to four times a week. He was disheartened to discover that these positive metrics “don't give you license to eat with abandon butter and mayonnaise!”

Now Robert's daily regime includes working out and walking more frequently, modifying eating habits to choose foods that support cardiac health, and reducing stress (“At least there's a DESIRE to reduce stress!” he says). His menu choices rarely include hamburgers or red meat, and he has upped his intake of fruits, mostly melons which are currently in season. He tries to eat more vegetables but claims this is more aspiration than practice.

Today, Robert feels as good as he did before the angioplasty/stents. He admits he is grateful for that light occasional flutter, which he almost didn't mention and would likely not have made an appointment about, except that he was already there for his annual physical.

“Mr. Clegg's experience is an example of why patients need to maintain an active lifestyle, while remaining vigilant to any potentially significant changes to their health and reporting these in a timely fashion,” says Dr. Wong. In this case Robert's reporting the slight aberration he was experiencing saved his life.

For Love of the Queen

Dorothy Arata has devoted more than half a century to advancing healthcare in the Napa community. She followed in her mother's footsteps to become a Community Projects volunteer when she was only 20, subsequently serving this organization as president and helping to raise and invest millions in supporting worthy Napa Valley causes that are making a difference. She served as a trustee on the Queen's Foundation Board for a dozen years, becoming the third woman to assume the role of chair of this separately incorporated nonprofit. Dorothy was honored to also serve on the medical center's governing board for six years.

volunteering for fundraising events that benefited organizations they were passionate about. They twice co-chaired "Day for the Queen" together, a popular annual Foundation event that included golf and tennis tournaments, a fashion show, and an evening barbecue, auction and dance in the Grove at Silverado Resort. For several of the annual Napa Valley Vintners wine auction events, Rick parked cars while Dorothy assisted with registration.

When asked why she has been so generous with her time and financial investment, Dorothy responds that she has been so blessed with a wonderful support system from

"... keeping a great hospital in our community is a responsibility in which we all share."

She has no regrets regarding how she has spent her time on these efforts. Dorothy loves people, and especially her colleagues who worked alongside her on Community Projects and Foundation events. She fondly recalls the Foundation's Designer Showhouse, which required more than a thousand volunteers to staff multiple shifts during these events' three-week duration. They helped to build a community of loyal supporters who are still generous in donating to the Queen. And though the Designer Showhouse has run its course, many who worked the events remain in close touch today.

Throughout their lifetime together, Dorothy and her late husband Rick were a team when it came to providing leadership and

her parents, her husband, her in-laws, and her kids and grandkids. Gratitude is certainly a big part of her motivation. But she also gives to support an organization that has been so important in taking care of her family. Both of her sons were born at the Queen. And when Rick developed lung cancer and Dorothy breast cancer, they relied on the Queen's expert oncology team to take care of them.

When approached to consider making a legacy gift, Dorothy was open to exploring this. She considered it a way of leaving a permanent example of what one is all about to help remind others that keeping a great hospital in our community is a responsibility in which we all share.

Hundreds of Napa Valley families have left or will, like Dorothy, leave their footprints in our community with gifts from their estates. Although making an estate gift may sound complicated, in most cases an estate gift is accomplished through a single sentence in a will or trust document. Dorothy did so in her living trust.

In other cases, the Foundation and its Tax ID number are simply added to a list of beneficiaries on a financial account, such as a retirement account or a brokerage account. The Foundation can also be made a beneficiary of a life insurance policy.

Some families select from the wide array of charitable planning tools to receive such benefits as receiving a charitable tax deduction now, bypassing capital gains taxes on the sale of an appreciated asset, and creating an income stream for life or a term of years.

Many of these families have found it beneficial to meet with Director of Gift Planning, Damon A. Tinnon, a Certified Specialist in Planned Giving (CSPG), to discover charitable planning tools that help them accomplish personal and financial goals while benefiting the health of the community they love and support.

In this process Tinnon works collaboratively with donors' advisors to ensure the donor's full financial picture is taken into account and no important detail is missed. He is happy to provide charitable gift models at all stages of planning at no cost to advisors, to help them choose the best vehicle to achieve their clients' philanthropic goals.



Damon Tinnon and Dorothy Arata

What footprints might you leave in our community?

We invite you to meet with Damon Tinnon for a confidential exploration of how you might cement your legacy in the Napa Valley.

Damon.Tinnon@providence.org; 707-320-3153 (cell).

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Ad Hoc
Myrna and James Andrews
Angèle Restaurant & Bar
Aonair Winery
Anne and Robert Arns
Atlas Peak Olive Oil
Aubert Wines
Carol Barrick
Beau Vigne
Beau Wine Tours
Bouchon Bistro
Boyd Family Vineyards
Cindy and Richard Brockmeyer
Caldwell Vineyards
Linda and James Carroll
Celadon Restaurant
Chappellet Winery and Vineyard
Charlie's Acres Farm Animal Sanctuary
Carolyn Charyn and Ronald Adduci
Chavez Accountancy Corporation
Edward K. Cough, MD
Cimarossa Vineyards
Lynn and James Clark
Sharon and Mark Coleman
Compline
Cordeiro's Steakhouse
Corison Winery
D.R. Stephens Estate
David Arthur Vineyards
Elizabeth and John Davis
Jeanne M. Dillon
Nancy and Dan Duckhorn
Laverne and Brad Durga
Cindi and Daniel Dwyer
Eleven Eleven Wines
Stacie and Jad Elkhoury, MD
Empress M Restaurant
Deborah and John Evans
Fantesca Estate & Winery
Far Niente Winery
Beth and Andrew Fenton, MD
The French Laundry
Frog's Leap Winery
Frye's Printing
Fume Bistro & Bar

Spring Mountain Vineyard

The Stanford Inn by the Sea
Taylor Family Vineyards
Caitlin Taylor
Thirdhome
Thomas Keller Restaurant Group
Traeger Grills
Trincher Family Estates
VGS Chateau Potelle
Vineyard 29
The Vineyardist
Wayfarer Vineyard
Woodhouse Chocolate
Zakin Wines
Janice Zakin, MD, and
Jonathan Zakin



LEADERSHIP IS MADE FOR SERVICE.

Thank you to our 2022 community leaders for their dedication, service and support of Queen of the Valley Medical Center.

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BETH NICKEL PROPRIETRESS, FAR NIENTE

2021 Generous Heart Raises More Than \$900k For The Gasser Emergency Center

On Saturday, September 25, 2021, 175 vaccinated guests gathered to honor Beth Nickel and to enjoy the exceptional hospitality for which Beth and Far Niente are widely known at Queen of the Valley Foundation's 8th Annual Generous Heart event.

The beneficiary of this fundraiser, sponsored by Mercedes-Benz of Fairfield, was Providence Queen of the Valley Medical Center's Emergency Services, a cause that has meaning to everyone who lives, works and visits the Napa Valley. Funds raised at the Generous Heart event are being used to support modernization of the Gasser Emergency Center through a refresh of the unit and creation of a designated "fast-track" area where lower severity ED patients can be treated.

"The acute care needs that require the level of expertise that a hospital provides are costly," said Beth Nickel, the evening's honoree and generous supporter of the Queen.

"It was an honor for us to host this important event that will help our ER to be ready for any of us when we need it."





Queen of the Valley Medical Center, a 208-bed hospital, level III trauma center based in the City of Napa opened its doors in 1958.

The hospital's core services include acute rehabilitation, bariatric surgery, cancer, cardiac, emergency, maternity and women's care, neurosurgery, orthopedics, robotic surgery, stroke and urology. Synergy Health Club, a Providence-owned facility offering fitness and studio classes, is located on the hospital's campus, and Providence owns an urgent care clinic in Napa as well.

Recent Awards Include:

- **American Heart Association: Stroke Honor Roll Elite Plus, 2021 and Type 2 Diabetes Honor Roll, 2021:** "We are incredibly proud of our caregivers who have been recognized by the American Heart Association for ensuring our patients have the best possible chance of survival after a stroke," said Terry Wooten, Chief Executive at Queen of the Valley Medical Center. "These awards showcase our commitment to consistently ensuring stroke patients receive the treatment they need, quickly."
- **US News & World Report: High Performer for Kidney Disease and Stroke**
For the 2022-2023 Best Hospitals rankings and ratings, U.S. News evaluated more than 4,500 hospitals across 15 specialties and 20 procedures and conditions. Fewer than half of all hospitals received any High Performing rating: this award underscores the value of having an Advanced Primary Stroke Center and experienced team in our community. • Joint Commission: Queen of the Valley is a Primary Stroke Center and a Certified Joint Program.
- **Healthgrades:** Queen of the Valley was recognized among Healthgrades America's **250 Best Hospitals** for four consecutive years (2019-2022), placing it in the top 5 percent in the nation for consistently delivering exceptional clinical quality; Recipient of Healthgrades **Critical Care Excellence Award** for four consecutive years (2019-2022); **Gastrointestinal Care Excellence Award** and named among top 10% of the nation for **overall GI Services** for five consecutive years (2017-2021); **Cranial Neurosurgery Excellence Award** for three consecutive years (2020-2022).
- **Accreditations:** The Joint Commission accreditation; **Geriatric Emergency Department Accreditation's** (GEDA) Bronze Standard Level 3 by the American College of Emergency Physicians; **Level III Trauma Center verification** by the American College of Surgeons; Commission on Cancer Accreditation by the American College of Surgeons.

Learn more at [providence.org](https://www.providence.org)

WAYS TO GIVE

ANNUAL GIVING

CAPITAL GIVING

Substantial gift with a targeted purpose

EVENTS

Attendance, sponsorship, Fund-a-Need, auction bids

GIFTS-IN-KIND

Product or experience used for further fundraising

GRANTS

Monetary awards provided by organizations

MULTI-YEAR PLEDGES

Financial commitment paid over multiple years

TRIBUTES

Honorarium or memorial gift

PLANNED GIFTS

BEQUESTS

Including the Queen as a beneficiary in a will, trust, or retirement account

CHARITABLE GIFT ANNUITY

Transferring cash or securities in exchange for guaranteed lifetime payments, most of which are tax-free, and a charitable income-tax deduction

CHARITABLE REMAINDER TRUST

Transferring appreciated property to a charitable trust that can sell property tax-free, bypass capital gains tax, and provide donor with income payments for life or term of years, and a charitable income tax deduction

LIFE ESTATE RESERVED

Transferring of remainder interest in a property, but donor reserves the right to use property for lifetime in exchange for a charitable income-tax deduction

DEDICATION OF GIFTS

CANCER CARE

CANCER WELLNESS PROGRAM

CARDIAC CARE

EMERGENCY DEPARTMENT

ENDOWMENT FUND

HELPING HANDS FUND

OB/INTENSIVE CARE NURSERY

PEGGY HERMAN NEUROSCIENCE CENTER

3T MRI

SURGERY

TRIBUTE (MEMORIAL/HONORARIUM)

WELLNESS CENTER

WHERE THE NEED IS GREATEST

FORMS OF PAYMENT

CASH, CHECK OR CREDIT CARD

The simplest way to support the Queen

REAL ESTATE

Transfer or bequest of real property

ASSETS

Transfer or bequest of retirement accounts, savings bonds, insurance and the like

STOCKS, BONDS AND MUTUAL FUNDS

An electronic or personal delivery of securities

ONLINE

foundation.providence.org/ca/queen

IN-PERSON OR MAIL

Queen of the Valley Foundation
1000 Trancas St., Napa, CA 94558

PHONE

707-257-4044



The Stellar Six

Violet Grgich

Janet Trefethen

Ambassador Kathryn Walt Hall

Naoko Dalla Valle

Herta Peju

Jo Ann Truchard

Keeping the Queen's Cancer Wellness Program alive and thriving during a pandemic, their challenge grant, matched by a generous response from our community, is helping to fully fund this life-affirming program for an entire year!

Together we are making a difference when it matters most.

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We apologize for any omissions, misspellings or misrepresentations in our donor gift lists. Please contact us to notify us of a correction and/or if you would like to opt out of future Foundation mailings.

We are standardizing the presentation of our donors' names on the Queen's Hall of Honor display in the main hospital lobby as well as in Foundation publications. If you have concerns about the way your name appears, please contact the Foundation office.

Queen of the Valley
Foundation
with  Providence

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