

Power of giving

Donors *make the difference*

March 2019

Art Therapy helps children express feelings

Children and teens who are admitted to the Child and Adolescent Psychiatry Unit are usually frightened and confused. A mental health crisis throws families into turmoil. Anxiety is high – what is happening, why is it happening?

The in-patient unit at Providence Willamette Falls Medical Center cares for children when they are most vulnerable. Among the treatments used to help these children is art therapy. Art therapy can offer a way for them to understand the confusing feelings they are struggling with.

“The art therapy program is focused on stabilizing the children and reducing their anxiety,” said Adam Graves, MHP, art therapist. “Using art, we help them make connections to the thoughts and feelings they’d otherwise push away. Through art they can work through those feelings in a way that is more comfortable and safe.”

For young children, art therapy it helps them express feelings they might not have the words for or the understanding of. “Family art therapy sessions have been helpful for improving communication between children and their families,” said Adam. “Working on artwork and talking about it helps create connections between family members that are otherwise difficult to make during times of crisis.”

Your gifts to the CAPU bring life-changing programs like art therapy to the children. Thank you for supporting these very vulnerable children. ■



Gala at the Falls Recap

Thank you to everyone who joined us at the Oregon Golf Club for Providence Willamette Falls Medical Foundation's annual Gala at the Falls.

Hundreds of guests dressed in their "derby cocktail best" for an evening under the stars that raised more than \$94,000 in support of bringing 3D mammography technology to Canby Women's Imaging. Thank you for your generosity! We are truly grateful.

This year's Gala at the Falls highlighted the best of Clackamas County and featured the artistry of local breweries, wineries, cider makers, as well as farm-to-table fare. ■



(Top Right) The guests of the head table, hosted by Gail and Eric Johnston take a moment to show off their finery. Guests embraced the "Derby Theme" by sporting exquisite hats, dapper jackets and enthusiastic support to finish cancer.

Pink Night at Canby Rodeo

For the 10th year, Canby Rodeo hosted Pink Night, a benefit to support breast cancer services at Providence Willamette Falls. All proceeds will be used to help fund 3D mammography machines in our Canby Clinic. Caregivers, volunteers and family members from Providence Willamette Falls and Providence Milwaukie passed the buckets in the stands and set up a fundraiser on Facebook. In 2018, the Pink Night Campaign raised more than \$2,800, bringing the total raised to more than \$23,800 over the 10 years. ■



Providence Willamette Falls caregivers and hospital volunteers shared their cancer stories and passed the buckets at the Canby Rodeo's Pink Night. Join us this year on Wednesday, August 21 for Pink Night at the Canby Rodeo.

Community leaders give to Providence

"Giving back to the community where we work and live is important to us," said Trang Sumpter. "And you never know when you might be the one in the hospital," continued her husband Jeff. "You want the best care, equipment and capability."

That is why the Sumpters have long supported Providence Willamette Falls. Their son and Jeff's father and mother have all received care at Providence Willamette Falls. Jeff praised the continuity of the Providence system. When his father was moved from hospice to Providence St. Vincent, the transition was smooth with no loss of information between caregivers.

Jeff has been on the Board of Trustees for the foundation for several years and currently serves as chair. Trang has been on the committee for the annual Gala at the Falls fundraiser for four years.

Jeff has seen integration between the foundation and the hospital increase over the years. "When there is a medical need, we can help support that in pretty short order," he said. One such need was for a cardiac rehabilitation facility at Providence Willamette Falls. "The space for cardiac rehab was small at first, since the hospital didn't know how it was going to go. Now it's turned into a bigger program and has outgrown the space twice."

Thanks to donors like the Sumpters and you, Providence Willamette Falls can provide patients with the care they need close to home. ■



Birthplace receives new equipment and training for caregivers

One in 10 babies doesn't breathe immediately after birth and requires resuscitation. Every birth delivery team needs to be prepared.

Most small community hospitals staff must train frequently to manage such a high-risk situation because it happens so infrequently. When they can immediately begin lifesaving measures, they preserve brain development giving the baby a strong start.

Thanks to you, our staff has access to the latest training and telemedicine support for these situations. Your gifts have allowed the purchase of a special baby-sized mannequin to help our birth teams practice resuscitation on a newborn. Our providers will connect by special video equipment to specialists at Providence St. Vincent and Providence Portland medical centers giving babies the benefit of life-saving specialized care close to home. ■



Were you, your children or grandchildren born at Providence Willamette Falls Birthplace? We want to hear from you!

We are collecting stories and memories to celebrate the 30 year anniversary of Providence Willamette Falls Birthplace. Tell us your family story at ProvidenceFoundations.org/birthstory and look for more information on our Birthplace family reunion coming this summer.



Our Mission

As expressions of God's healing love, witnessed through the ministry of Jesus, we are steadfast in serving all, especially those who are poor and vulnerable.

Our Values

Compassion, Dignity, Justice, Excellence, Integrity

Inspiring Generosity ♥

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