

# Power of giving

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the difference

Winter 2022

## Endowment for Family Medicine Residency Program will enhance training for residents

Thanks to your generous gifts, we reached our goal of \$3 million for the Family Medicine Residency Program at Providence Milwaukie Hospital.

Fundraising for the endowment was led by a group of individuals who are passionate about the program. "I am grateful for the leadership of Dr. Glenn Rodriguez and Dr. Justin Osborn. Their commitment to our Mission, to residents participating in our program, and to our community inspired us all to reach our goal," said Mark Stehn, president, Providence Milwaukie Foundation Board of Directors.

The program trains residents in patient-centered care of diverse populations and the underserved. It attracts many of the brightest medical students from across the country and educates one-quarter of all family medicine doctors graduating in Oregon each year.

The Foundation kicked off a major campaign in 2018 to raise \$3 million to ensure the program continues. Now, because of you, we can continue to provide enhanced training and inspire our residents to become future leaders in health care. ■



Justin Osborn, M.D., and Glenn Rodriguez, M.D., current and past directors of the medical residency program.

# Nursing scholarship program

The Nursing Scholarship Program at Providence Milwaukie has awarded more than \$50,000 in scholarship funds over the past four years. Your support of this essential program helps reduce the financial barriers for nurses seeking to advance their careers and the care they provide.

"When I first came to work for Providence, I knew immediately it would become my 'forever' home! Never had I experienced a health care system so interested in knowing and serving its community," says Elizabeth Watts, RN, scholarship recipient.

"Today I am a Providence Proud nurse because of the faith displayed by the hospital administration and the generosity of donors. I am currently 'paying it forward' to our Milwaukie community by serving as the Employee Garden of Giving coordinator to help provide organically grown produce to our citizens in need."

Thank you for supporting our devoted nurses who work tirelessly to create a healthier tomorrow for patients, their families and our community. ■



The scholarship Elizabeth Watts, RN, received allowed her to get her Bachelor of Science in Nursing.



Craig Norton shows off a new vital sign monitor. The mounted machines improve infection prevention and make it easier for caregivers to get a patient's vital signs.

## Vital signs monitors

Last year, caregivers in the medical/surgery unit at Providence Milwaukie took vital sign measurements over 36,600 times. Unfortunately they had to use mobile units that often took several minutes to locate and then move to a patient's room. This was not ideal for patients or caregivers.

Now, thanks to your generosity, each of the 34 rooms on the unit has a wall-mounted vital sign monitor. The machines make it faster and easier for caregivers to take a patient's vital signs, something they have to do up to nine times in the first 24 hours after surgery. And because the monitors are not being used for multiple patients, the time spent cleaning the mobile cart between uses is eliminated, and the risk of spreading disease is reduced.

"By mounting the vital sign machines in each of the patient rooms, it not only improves infection prevention for patients by having dedicated equipment, but also improves the caregiver workflow," said nurse manager Craig Norton, RN, MSN.

And that time spent looking for a vital sign machine? It is now time that caregivers are available to care for patients. ■

## New audiometer

Russ Hansen, supervisor, Rehabilitation Services, worried that the audiometer would stop working in the middle of a hearing test. It could take up to eight weeks for it to be fixed and, due to the age of the device, there were no guarantees it could be repaired. That would mean patients would have to wait or go to another health care system or private audiology clinic, if they could get an appointment.

The budget at Providence Milwaukie did not include funds for a new audiometer but, thanks to your generosity, money from the foundation's area of greatest need fund was granted to the department to purchase the new equipment.

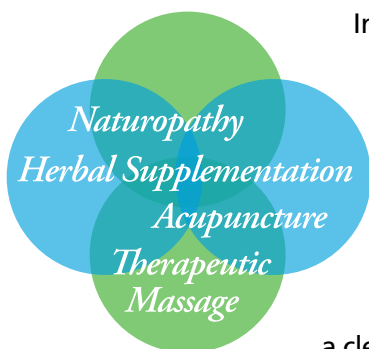
"We have a robust caseload of Medicaid and Medicare patients who are typically rejected by private audiology clinics because of the low reimbursement rates. Many of our Medicaid patients travel a significant distance to see us," said Russ. "We believe serving our Medicaid patients helps fulfill our Mission of caring for our most vulnerable patients, regardless of their ability to pay." ■



Audiologist Jaclyn Derosso uses the new, more compact audiometer to test a patient's hearing.

## Integrative medicine course

During their three-year residency, family medicine residents will attend two or three lectures each year on integrative medicine. Those who want to become more familiar with the specialty can take an elective course that requires 300 hours of extra study.



Integrative medicine includes naturopathy, herbal supplementation, acupuncture and therapeutic massage. "Patients find healing in multiple venues," said Justin Osborn, M.D., director, Providence Family Medicine Residency Program, "and we broaden our toolkit by having expanded knowledge of these subjects."

Thanks to your generosity, residents have access to online materials to look up treatment options for their patients. "Using integrative medicine can provide more chances for healing, especially for conditions that don't have a clear course of treatment," said Dr. Osborn.

"I have several patients who are wary of medications. Having evidence-based options for supplements, acupuncture, or wellness information has allowed me to be more patient-centered in my medical care," said Hannah Kadavy, M.D. "It has also allowed me to practice safer medicine by better understanding the different over-the-counter supplements people may be taking and how they can interact with medications and medical conditions." ■

# OB full spectrum simulator

Thanks to your support, the doctors in the Family Medicine Residency Program have a new training model that simulates the birth process. The Sophie and Sophie's Mum simulator stretches and moves. According to program director Justin Osborn, M.D., "it has the feel of a real delivery and provides superior training."

**"Being well trained on handling these emergencies is critical for the safety of the mother and infant."**

– Justin Osborn, M.D.

"It can also be used to simulate a high-risk emergency setting," said Dr. Osborn. "Being well trained on handling these emergencies is critical for the safety of the mother and infant." All residents are required to have training in delivering a baby. Having the ability to run hands-on simulation drills gives residents the confidence to handle possible emergency situations that may occur.

"We recently had a training session where we used the simulator to practice placing Foley balloons (a tool for inducing labor) and placing intrauterine pressure catheters," said Hanna Kadavy, M.D. "Having the opportunity to practice these skills on a simulator allows faculty to observe and advise on technique." The simulator also allows residents to practice postpartum hemorrhage management with an actively 'bleeding' simulation, giving residents more confidence with patients. ■



Justin Osborn, M.D., and Hannah Kadavy, M.D., demonstrate the new birth simulator.

## Our Mission

As expressions of God's healing love, witnessed through the ministry of Jesus, we are steadfast in serving all, especially those who are poor and vulnerable.

## Values

Compassion, Dignity, Justice, Excellence, Integrity

Inspiring Generosity ♥

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