



## Providence Hood River Memorial Hospital Foundation

Rhonda Fischer, RN, BSN, holds some of the bike helmets distributed through the Trauma Nurses Talk Tough program.



# Hundreds of bike helmets distributed to children

More than 400 bike helmets found grateful new owners in the Hood River community in 2021. The helmet giveaway is part of the Trauma Nurses Talk Tough program led by Rhonda Fischer, RN, BSN, CEN, trauma nurse coordinator.

Trauma Nurses Talk Tough was created in 1988 by three Portland-area trauma nurses to help school-age children make better decisions and prevent serious injuries. The program includes age-appropriate presentations that help kids and their parents understand the consequences of unsafe behaviors, such as biking or skateboarding without a helmet.

Emergency department and trauma nurses teach school kids about the importance of protective gear such as bike helmets. Thanks to your support, children in the community from pre-school to high school received helmets. The foundation also handed out bike helmets at the children's community fair.

Kids can also come to the hospital's emergency department admitting desk and ask for a free bike helmet. They are fitted for the correct size helmet before they leave. Local schools requested helmets for biking classes at school, and we supplied the needed helmets. Your donations help us to be able to continue to hand out helmets as needed to ensure kids are safe on their bikes.

"The foundation has provided literally hundreds of children with bike helmets through creative, COVID-conscious safety fairs and other events," said Rhonda. "In addition, high school students have had access to a virtual safety presentation focused on driving safety and drug and alcohol prevention. Trauma statistics showcase the truth that an ounce of prevention is truly worth a pound of cure!" Thank you to all our donors who support this vital community program.

## 2021 Highlights

### Baby Sim

The birth of a baby is a joyful occasion. But when complications arise, it's critical that our caregivers are prepared. Generously funded by a grant from the Juan Young Trust, the SimNewB

simulates a live newborn and can be programmed to mimic problems that may occur during childbirth. Caregivers at Providence Hood River Memorial

Hospital can now attend training sessions using the newborn simulator. While most babies do not require any interventions at birth, having the ability to simulate real-life complications gives our doctors and nurses the confidence they need to handle emergency situations.



### New equipment provides faster results

Thanks to your generous support, two new pieces of equipment provide more efficient and faster results for our patients. An ultrasound machine purchased for the operating room means patients don't have to wait for specimens to be transported to another floor of the hospital for analysis during their procedure. In addition, the new DEXA Scanner, purchased for diagnostic imaging, is used to test bone density to diagnose or assess the risk of osteoporosis or bone fractures. With this new technology, we can identify bone risks sooner.

## 2021 total dollars raised by fund

- Area of Greatest Need | 73%
- Cancer Support and Services | 6%
- Community Outreach | 6%
- Family Practice Residency Program | 5%
- Hospice/Palliative Care | 3%
- Senior/Long Term Care | 1%
- Other Funds | 6%

