

## Providence Seaside Hospital Foundation

The Better Outcomes thru Bridges program began operating in Seaside in 2022 with two employees. Dean Louder (right), emergency department outreach specialist, and Christina Little (left), peer support specialist, were joined by Barbara Lewton (center) in 2023, who is also a peer support specialist.

# Finding solutions, one person at a time

Peer support specialist Christina Little knew her elderly and isolated client Lydia would benefit from the services offered

through Providence's ElderPlace in Seaside. But Lydia was suspicious about the program. "By being a consistent support to her, I helped give her the emotional safety she needed," said Christina. Lydia allowed Christina to go with her when she enrolled in ElderPlace. "Although Lydia has some ongoing struggles, ElderPlace has been a great success for her."

Thanks to your support, Better Outcomes thru Bridges, known as BOB, began operating out of Providence Seaside Hospital in 2022. Both Christina and Dean Louder, emergency department outreach specialist, work directly with people who have a high rate of emergency department use and are struggling with issues, such as mental health, substance abuse and complex medical needs.

Dean meets with patients who've been discharged from the emergency room and may need additional support and services. Many of his clients are homeless, and most are over 50. He has noticed that his relationships with clients develop organically. "Once a client begins to trust me, they will start sharing what's happening in their lives, and that's when the work begins," he said. "Usually there are friends and family involved, and now you have a group of people who are engaged and working towards the same goal."

For Christina, the core of what she does is "build trust, show up consistently and be a safe person for people who don't have someone they can rely on." Like Dean, she helps find and connect her clients with resources they need. Many of her clients are socially isolated and have complex health care needs. "I wanted to work with folks who are neurodivergent and are struggling. I want to be a support for them," she said. "This role really offers that in so many ways."

#### 2022 Highlights

#### Removing barriers to care

For some patients, barriers to care include lack of transportation, co-pays, or being uninsured or underinsured. Thanks to your generosity, we can help patients discharged from the hospital with transportation home, cover the cost of a co-pay, or provide needed medication through the Patient Support Program. "Our Mission calls for us to care for all, and because of you we can remove those barriers," said Kimberly Ward, executive director, Providence Seaside Hospital Foundation.

#### Coffee for a Cure

For one day in October, a cup of coffee helped cancer patients at Providence Seaside Hospital. The Human Bean in Warrenton raised \$4,800 in 2022 through its "Coffee for a Cure" day in October. Over the



last five years, the Warrenton store has raised more than \$22,000 for mammography equipment, free mammograms, support for a full-time cancer nurse navigator, and comfort care bags. We are so grateful to The Human Bean and community members like you who participate in giving in a variety of ways to support Providence Seaside Hospital.

### 2022 total dollars raised by fund

Area of Greatest Need | 3%

Behavioral Health | 38%

Festival of Trees | 34%

Heart | **4%** 

Elder and Senior Services | 11%

Women and Children's | 6%

Other Funds | 4%

