

## Providence Milwaukie Foundation

Kasey Edwards Snider, CADCI, CBD, CRMII, PSS; Josh Reagan, M.D.; Maria Wunderbro, LCSW and the Project Nurture team provided prenatal care, substance use treatment and peer support to 100 clients and babies in 2022.

# Project Nurture helps new mothers with substance use disorders regain their health

Your donations are a lifeline to those who are pregnant and struggling with substance use.

Trina was living with opioid dependence when she found out she was

pregnant. She desperately wanted to stop using drugs before giving birth, but she couldn't do it on her own.

After giving birth at Providence Portland Medical Center, Trina and newborn, Hazel, were shown compassion and support through Project Nurture – a specialized team of doctors, doulas, mentors and substance use counselors. Team members offer nonjudgmental medical care, medication for addiction treatment, and coordination of additional services to help the parent and child.

Many patients with a substance use disorder do not trust the medical system and fear their child will be put in foster care. Project Nurture's model includes professionals who themselves have had experience with substance use.

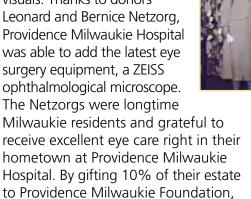
Kasey Edwards Snider, Project Nurture mentor and certified doula, supported Trina every step of the way. Kasey once struggled with addiction, giving her valuable credibility with her clients. "I could ask Kasey all of my questions," said Trina, "Everything I was going through, she had gone through it."

When Trina was ready, she transitioned from the hospital to a residential treatment program. Project Nurture helped Trina navigate child welfare requirements so that she and Hazel could stay together. Throughout the eight months of residential treatment, Project Nurture continued to offer health care and peer support to Trina. Kasey also delivered clothes, diapers and other items for Hazel.

### 2022 Highlights

#### The gift of improved sight

Eve surgery requires precise visuals. Thanks to donors Leonard and Bernice Netzorg, Providence Milwaukie Hospital was able to add the latest eye surgery equipment, a ZEISS ophthalmological microscope. The Netzorgs were longtime



#### Garden fresh produce for patients

the Netzorgs will help surgeons care

for more patients in less time while

providing excellent outcomes.

Thanks to your support, patients at Providence Milwaukie Hospital can receive hands-on training in healthy cooking. After learning how to cook fresh vegetables and other healthy foods, patients report having more energy and being less depressed, and they are lowering their blood sugar levels. Last year, the Community Teaching Kitchen celebrated a new milestone by using 2,000 pounds of produce grown in the hospital's onsite Garden of Giving. Gardening classes in both English and Spanish were also added. Families were given seeds and will be mentored for a three-year period.





Charity Care 12%

Community Teaching Kitchen 19%

Family Medicine Residency | 2%

Patient Assistance | 35%

Equipment | 24%

Other Funds | 4%

