



In appreciation of
The Salquist Family-Mary, Meg, Anne

"Let the little children come to me,
and do not hinder them,
for the Kingdom of Heaven
belongs to such as these."
(NIV, Matthew 19:14)

Providence St. Vincent Medical Foundation

Jon and Kathy Salquist (shown here with daughter Meg Schecter) were early donors to the Pathway program. "We support the Pathway Program in their identification and treatment of teens with mental health and behavioral difficulties," said Kathy. "This partial hospitalization program is not offered anywhere in our community, and it is definitely needed. Most importantly, Pathway embraces Providence's Mission to protect the young and vulnerable."

Pathway Program helps teens in crisis

For a teen experiencing a significant mental health crisis, spending days, weeks or even months in the emergency department because there is no other place for them is unthinkable. Now, thanks to your support, the Pathway Behavioral Health Program at

Providence St. Vincent Medical Center is open and helping teens get the care they need and deserve.

Patients and their families engage in an intensive therapy program with individual, group and family therapy sessions for six hours each day at Providence St. Vincent. Teens return home each afternoon. This allows teens to transition back to school sooner and practice their new skills in the real world.

“Having family involved is critical to helping teens get better,” said Megan Ingle, LCSW, CADC-III. “When parents are engaged in treatment, it sends the message that it is not only the teen who needs to make changes to ensure their success. Outcomes significantly improve when families are engaged in treatment.”

“I couldn’t be happier that we were referred to this program, and I feel so grateful for Amy (program therapist) and all the therapists here!” said one grateful mom. “I wish every teen had the opportunity to go through a program like this. Thank you so much for everything!”

At the end of the program, children continue behavioral health treatment, but their symptoms are reduced enough to engage in activities they might not have been doing prior to treatment. “The hope is that teens have gained skills and tools that they can use throughout their lives to manage their behavioral health symptoms and to go on to lead fulfilling lives,” said Megan. “We hope that families also learn tools to turn them towards lasting changes in the ways they communicate and support each other.”

“Thanks to donors, Pathway Behavioral Health is saving the lives of teens every day,” said Megan.

2019 Highlights

Delirium project helps shorten hospital stays

Elderly patients often experience a high degree of delirium during extended hospital stays. It worsens with immobility and can affect dementia patients more. Thanks to your support, a study was launched with dedicated certified nurse assistants who walked with patients several times a day. These walks have helped reduce the incidences of delirium, resulting in shorter hospital stays and improved patient satisfaction. “The walks allow the patient to actively engage in and be in control of a critical aspect of their recovery,” said Amber Petersen, CNA.

Child life specialists ease the way for children

Your support provides child life specialists with the many items they use to ease the anxiety of our youngest patients. Child life specialists visit children throughout the hospital whether they are in the hospital for a day or overnight. The specialist makes the rounds with a cart full of toys and technology to give pediatric patients fun distractions to ease their fears about being in the hospital.



2019 total dollars raised by fund

