



Providence
Portland Medical
Foundation

*Basecamp opens
at Providence
Portland
Medical
Center*

Ginger Park was thankful to be able to do her cardiac rehab close to home at Providence Portland.

2018 Highlights

Thanks to your generosity, heart services expanded at Providence Portland Medical Center in 2018. Newly-renovated space is now home to Basecamp Cardiac Prevention + Wellness, which includes the Hal Lesser Cardiac Rehabilitation Center and echocardiogram, electrocardiogram and vascular ultrasound services.

Ginger Park had a stroke when she was 39. Doctors found she had a problem with her mitral valve (stenosis) that caused a clot to travel to her brain. After surgery to replace the failing valve, she began cardiac rehab at Providence Portland.

"It feels like the surgery took 10 years off my age. **I never really had a great relationship with exercise," she said, "but now I do, with this program. The staff in cardiac rehab, they're my guardian angels, eternal cheerleaders."**

"Patients have to do cardiac rehab three days a week. Too many of my patients wouldn't do it because of the travel (to Providence St. Vincent). So it's really great to have it here," said David Schroeder, M.D., director, Hal Lesser Cardiac Rehabilitation Center.

The center accommodates 400 people and 8,000 visits per year, creating much better access for thousands of heart patients who live on the east side of Portland. The center is named for Hal Lesser, a retired news reporter who received life-saving heart care at Providence. Along his heart health journey, Hal made some significant lifestyle changes and exercised regularly through a program sponsored by Providence.

Always happy with the care he received, Hal has contributed regularly to the Providence Portland Medical Foundation since his heart attack. "I've been fortunate in my investments and I don't have an extravagant lifestyle. I just decided I'll donate now rather than waiting."

MR-Linac provides more precise treatment

Accuracy is key to successful radiation therapy. But cancer often doesn't remain in one place and doesn't stay the same shape or size. Now, thanks to a generous gift from the late Elsie Franz Finley, our radiation oncologists and technicians soon will have a new MR-Linac machine to help them. The MR-Linac delivers radiation with more accuracy and adapts to tumor shape and position in real time, sparing more healthy tissue. Providence Portland is the first medical center in the Pacific Northwest to have this technology.

Expanded cancer services

Thanks to you, the 11th floor of the Robert W. Franz Cancer Center at Providence Portland Medical Center is open and caring for thousands of patients with cancer. The clinic offers a range of services, including surgery, a specialty dentistry clinic, a cancer genetics program, expanded infusion spaces, and a specialty pharmacy. Having all these services located in one space eases the way for our patients and gives them increased access to clinical trials and promising new research.



2018 total dollars raised by fund

Total amount raised:
\$47,434,114

- ▶ Area of Greatest Need | 5%
- ▶ Cancer Support | 6%
- ▶ Cancer Research Operations | 82%
- ▶ Charity Care | 1%
- ▶ Heart | 1%
- ▶ Hospice/Palliative Care | 1%
- ▶ Long-Term Care and Aging | 1%
- ▶ Medical Education | 1%
- ▶ Other Funds | 2%