



Providence Foundations of Oregon 2021 Gratitude Report

Your support truly makes a difference.

Dear Providence friends and supporters,



I am pleased to share the 2021 Gratitude Report, which provides a glimpse of the many things you helped make possible to advance research, health care and wellness throughout Oregon.

Thanks to your generosity, Providence Foundations of Oregon raised more than \$50 million in 2021. This includes gifts to our ministries throughout the state, which represent our hospital campuses and statewide centers of excellence, such as cancer, heart, brain and spine, women and children's, and much more.

Examples of what you made possible in 2021 include:

- New, highly personalized T cell-based immunotherapies for patients with cancer
- Temporary housing and follow-up medical care for southern Oregon patients who face unstable or no housing after their hospital discharge
- Innovative procedures at Providence Heart Institute, such as a transcatheter mitral valve replacement and repair (TMVR), in lieu of more invasive open-heart surgery
- An expanded Pathway Behavioral Health Program to support teens and their families
- Purchase of specialized communication devices for children served by Providence Children's Development Institute
- New Panda Warmers to help Providence Newberg nurses closely monitor and care for newborns

Because of you, Providence is discovering new cures and treatments, conducting outreach to vulnerable communities and providing additional services to meet the needs of our patients.

We are eternally grateful for your support and friendship. You are an important partner in caring for our communities, and together, we will build health for a better world.

Gratefully yours,

A handwritten signature in black ink that reads "Kelly S. Buechler". The signature is fluid and cursive.

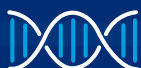
Kelly S. Buechler
Chief Philanthropy Officer
Providence Foundations of Oregon

Because of you,



1,666

Caregiver
scholarships and
continuing
education grants
provided
Statewide



2

Robots for the
Cancer Research
Genomics
Program
purchased
Portland



1

New van for
ElderPlace
Portland



11

New pieces
rehab
equipment
Benedictine



2

Upgraded
emergency
department
stretchers
Hood River



25

Speech generating
devices and
therapy
equipment
purchased
Children's



8

Panda Warmers
purchased
Newberg



1

New mobile
fetal monitor
Seaside



2

New pieces of
surgical equipment
for spine and
shoulder surgeries
Willamette Falls



1

Eating Disorders
Clinic move and
expansion
St. Vincent



19

Heart transplants
performed
St. Vincent



55,320

Pounds of food
distributed through
the Community
Teaching Kitchen
Milwaukie

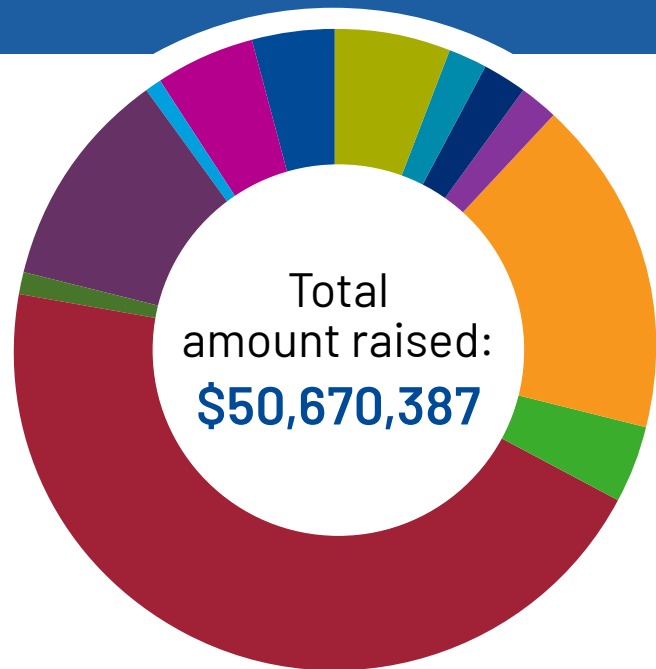
...and so much more.

Read on for more about how your gifts made a difference in 2021.

Providence Foundations of Oregon

2021 total dollars raised statewide by fund

In 2021 you gave generously to support the people and programs of Providence. Your gifts provided care for the most vulnerable people in your community, helped us respond to the COVID-19 pandemic, advanced research and funded programs that rely on donor investment.



Area of Greatest Need 6%	\$3,029,121
Behavioral Health 2%	\$922,658
Brain and Spine 2%	\$841,133
Cancer Support and Services 2%	\$1,211,709
Cancer Research 17%	\$8,804,975
Emergency Services and Critical Care 4%	\$1,940,974
Heart 45%	\$22,954,574
Hospice and Palliative Care 1%	\$438,291
Senior Health and Long Term Care 11%	\$5,384,866
Caregiver Development 1%	\$592,586
Women and Children's Health 5%	\$2,352,572
Other Funds 4%	\$2,196,929



Providence Benedictine Nursing Center Foundation

For his Eagle Scout project, Rieve Randall created a terrain park to help rehabilitation patients practice balance and mobility to prepare them to safely return home.

Terrain park helps rehab patients

Physical therapy at Providence Benedictine Nursing Center now includes real-life terrain that people may encounter when they leave the center. Practicing balance and mobility here prepares residents to return safely to their own homes.

Boy Scouts of local Troop 485 partnered with Providence Benedictine Nursing Center Foundation to create a terrain park, featuring different types of outdoor surfaces and tasks, such as opening and closing a garden gate.

"This project fit in perfectly for my school's 10th grade service theme this year: Caring for the Elderly," said Rieve Randall, Eagle Scout candidate and project organizer. "It brings me an enormous amount of joy when I think that in some small way I have helped serve the needs of the elderly and allowed them to stay safe." He is a student at Blanchet Catholic School in Salem, which has a history of service with Providence Benedictine.

"The park provides the types of environmental challenges our patients frequently experience outside their home - loose gravel, uneven ground, rock pathways, stepping up onto a deck, opening and closing a gate, even managing a garden hose," said Rhett Randall, physical therapist and assistant scoutmaster for Troop 485.

With the watchful support of therapists, patients navigate the park with the cane, walker or wheelchair they might use at home. The park enhances the center's already thorough physical rehabilitation program. "There are a lot of outdoor experiences that you can't re-create indoors," said Karina Montgomery, the center's rehabilitation manager.

Sixteen scouts, friends and family helped with the park's construction. "Throughout the whole process I found myself asking the question, 'What does real service look like?'," he said. "Looking back, I can say that service isn't just a one-time act, but a commitment to helping others in every way possible."

2021 Highlights

Play structure for Child Development Center

The play structure at Providence Benedictine Child Development Center was getting old and soon would be unsafe for the children to play on. Donor support allowed us to purchase a new, custom-built structure that will provide children with safe surfaces and age-appropriate activities. "Our curriculum is play based and child centered for individual growth and development," said Amber Tisdale, manager. "The children love to be outside to explore and engage in imaginary play, and the new structure will get lots of use."

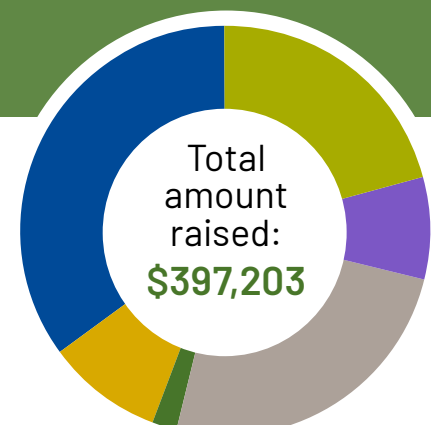
New hospital beds

Each year the Providence Benedictine Nursing Center budget includes the cost of replacing some of the beds in the nursing center. In 2021 however, the center needed to replace more beds than the budget allowed. Thanks to your generosity and a grant from Siletz Tribal Charitable Contribution Fund, 10 new beds were purchased, giving our patients the comfort and care they need. "The cost of renting beds was more than purchasing new ones," said Tracy Henning, Providence Benedictine executive director. "We're so grateful for donors who gave to the foundation so we could purchase the beds immediately."



2021 total dollars raised by fund

- Area of Greatest Need | 21%
- Building and Equipment | 8%
- Endowment Fund for the Poor | 25%
- Home Health and Palliative Care | 2%
- Therapy Gardens | 9%
- Other Funds | 35%





Providence Children's Health Foundation

Darrick Stiff, speech language pathologist, helps Ever Calderon with his new specialized communication device.

The gift of communication

On any given day in 2021, Providence Children's Development

Institute helped an average of 150 individuals for a total of 40,000 visits annually. Thanks to your generosity, Providence provided patient-specific resources for infants and children with special needs and their families.

For families with children who are unable to communicate verbally, we were able to purchase specialized communication devices through the Augmentative and Alternative Communication program. Providence has 10 therapists who are specially trained to help children and families communicate, but a therapist may see a child for only one or two hours a week. Providing funds to offset the cost of a communication device means a child has access to this resource wherever and whenever they need.

"A communication device can cost thousands of dollars. During the pandemic and as resources are scarce, foundation funds have been a light during a very dark time for families who are left home with their child who is unable to communicate. Your donations helped reduce the financial burden of helping their child grow and thrive," said Darrick Stiff, MS, CCC-SLP, who oversees the Augmentative and Alternative Communication program.

The Calderons received funds for a communication device for their son this year and were forever touched by your kindness. "Thank you on behalf of my son, my family and all those who stand beside my child to support his development," said José Calderon.

José's son has longed for a learning device to help him wherever he goes. It keeps him more engaged in learning and will help in his pursuit of a career in technology.

Thank you for helping to provide specialized equipment to the Calderon family and fulfill a dream for a child with special needs.

2021 Highlights

Bequest helps families with unmet needs

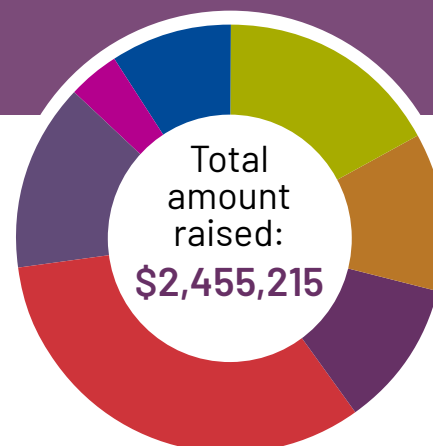
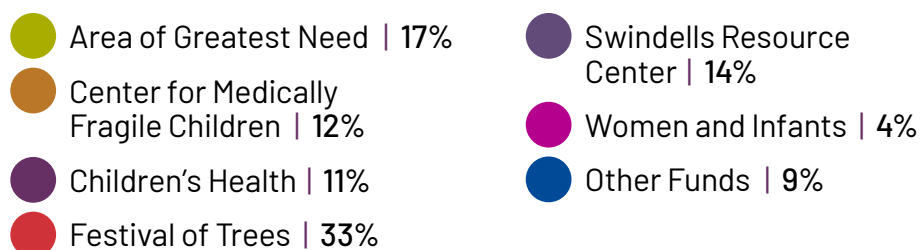
Elsie Clements was a passionate community teacher in Oregon. When completing her will, she asked her niece, Theresa Taylor, to select a cause that would make a powerful impact on families. Theresa selected Providence Safety Net Fund for Families that supports unmet needs of families receiving care in Providence women's clinics, family practices and pediatric specialty clinics. "There was nothing more important to Aunt Elsie than family," said Theresa. "Knowing that her gift helps provide assistance for families would make her happy. It is an expression of her faith and belief that we are called upon to love and take care of one another."

Respite care gives family time to recharge

Ellie's family is grateful for respite care available at Providence Center for Medically Fragile Children. Before they learned about the respite care program, Scott and Vicki McCracken were not getting away nor taking time for themselves. With respite care, "we can take care of our marriage, take care of ourselves and know that Ellie is in a place where she is being well cared for," said Scott. Proceeds from the more than \$962,000 raised through the 2021 Festival of Trees supported the Center for Medically Fragile Children including respite care, the Safety Net Fund for Families and Swindells Resource Center.



2021 total dollars raised by fund





Providence Community Health Foundation

Angela Baker, MSN, RN, and her team worked with Rogue Retreat to create the process for discharging patients to the Redwood Inn. A few of the duties of her team include helping to coordinate and pick up discharge medications, coordinating home health, and supporting outpatient medical appointments or services.

Project Turnkey helps people recover safely

For people who need to be discharged from the hospital but don't have stable housing to return to, Project Turnkey aims to provide a solution.

The Oregon Legislature created Project Turnkey in 2020 to provide temporary housing for individuals and families who are homeless or at risk of becoming homeless or who

were displaced by wildfires that occurred that year. The Oregon Community Foundation distributes the funds and in 2021, the city of Medford received a grant to purchase and renovate the 47-room Redwood Inn in downtown Medford.

As part of the project, Providence will have two rooms reserved exclusively for Providence Medford Medical Center patients discharged from the hospital who face unstable or no housing. Thanks to your support, these decompression rooms were renovated to be appropriate for recuperative care.

While staying in a decompression room, patients will receive low-level medical care and consult with housing placement services to either connect them with another shelter or transitional housing option once they are cleared to leave. Rogue Retreat, a nonprofit that supports the homeless population, manages the hotel and works with other agencies to provide additional supportive services with the goal of moving each person into permanent housing.

"The decompression units will help medically vulnerable patients recover in a clean, safe environment with water and electricity," said nurse manager Angela Baker, MSN, RN. "In the first month, these rooms served five patients who needed oxygen, home health care and wound care. Rogue Retreat helped them into transitional housing. This not only helped to open acute hospital beds but eased the way of transition of care for these patients."

2021 Highlights

Babies get a healthy start

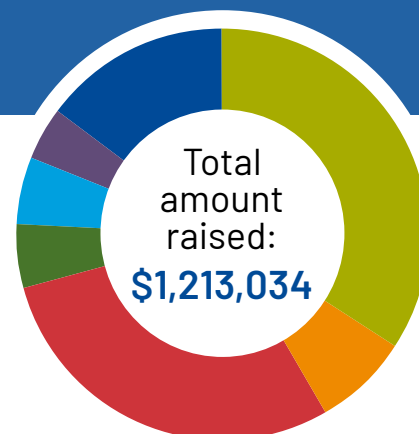
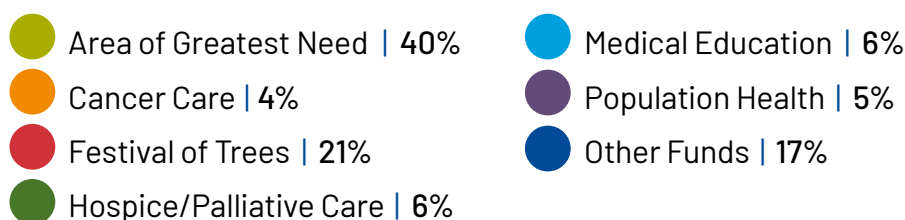
The first months of a baby's life are critical to their lifelong health. But the mothers of many babies born at Providence Medford Medical Center struggle to achieve consistent care for themselves and their babies. A new Providence Patient Advocate Program at Providence OB/GYN provides extra support for these underserved mothers and their babies by connecting them to resources like transportation, addiction counseling and housing. This program would not be possible without your generous support. Because of you, newborns and their families will have a healthy beginning.

Scholarships help caregivers advance their careers

Thanks to your generosity, in 2021 Providence Community Health Foundation provided 33 health care education scholarships to employees, totaling more than \$40,000. More than 75% of our scholarship recipients continue to work at Providence after earning their degree or certification. Because of your gifts, Abel Dominguez is pursuing his dreams to become a registered nurse. "When I received that first scholarship, I was super ecstatic," he said. "I felt set for the whole year. That's why I'm so happy to be part of Providence – and grateful, extremely, extremely grateful."



2021 total dollars raised by fund





Providence Hood River Memorial Hospital Foundation

Rhonda Fischer, RN, BSN, holds some of the bike helmets distributed through the Trauma Nurses Talk Tough program.

Hundreds of bike helmets distributed to children

More than 400 bike helmets found grateful new owners in the Hood River community in 2021. The helmet giveaway is part of the Trauma Nurses Talk Tough program led by Rhonda Fischer, RN, BSN, CEN, trauma nurse coordinator.

Trauma Nurses Talk Tough was created in 1988 by three Portland-area trauma nurses to help school-age children make better decisions and prevent serious injuries. The program includes age-appropriate presentations that help kids and their parents understand the consequences of unsafe behaviors, such as biking or skateboarding without a helmet.

Emergency department and trauma nurses teach school kids about the importance of protective gear such as bike helmets. Thanks to your support, children in the community from pre-school to high school received helmets. The foundation also handed out bike helmets at the children's community fair.

Kids can also come to the hospital's emergency department admitting desk and ask for a free bike helmet. They are fitted for the correct size helmet before they leave. Local schools requested helmets for biking classes at school, and we supplied the needed helmets. Your donations help us to be able to continue to hand out helmets as needed to ensure kids are safe on their bikes.

"The foundation has provided literally hundreds of children with bike helmets through creative, COVID-conscious safety fairs and other events," said Rhonda. "In addition, high school students have had access to a virtual safety presentation focused on driving safety and drug and alcohol prevention. Trauma statistics showcase the truth that an ounce of prevention is truly worth a pound of cure!" Thank you to all our donors who support this vital community program.

2021 Highlights

Baby Sim

The birth of a baby is a joyful occasion. But when complications arise, it's critical that our caregivers are prepared. Generously funded by a grant from the Juan Young Trust, the SimNewB simulates a live newborn and can be programmed to mimic problems that may occur during childbirth.

Caregivers at Providence Hood River Memorial

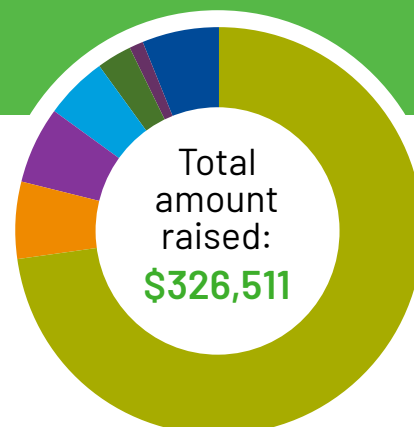
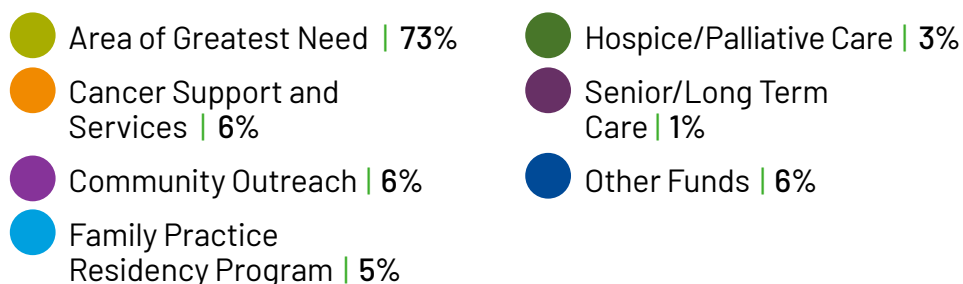
Hospital can now attend training sessions using the newborn simulator. While most babies do not require any interventions at birth, having the ability to simulate real-life complications gives our doctors and nurses the confidence they need to handle emergency situations.



New equipment provides faster results

Thanks to your generous support, two new pieces of equipment provide more efficient and faster results for our patients. An ultrasound machine purchased for the operating room means patients don't have to wait for specimens to be transported to another floor of the hospital for analysis during their procedure. In addition, the new DEXA Scanner, purchased for diagnostic imaging, is used to test bone density to diagnose or assess the risk of osteoporosis or bone fractures. With this new technology, we can identify bone risks sooner.

2021 total dollars raised by fund





Providence Milwaukie Foundation

New vital sign monitors in the medical/surgery unit have made it easier for Debbie Love, CNA1, to take vital sign measurements.

Vital sign monitors

Last year, caregivers in the medical/surgery unit at Providence Milwaukie Hospital took vital sign measurements over 36,600 times.

Unfortunately, it often took several minutes to locate the portable units and move them into a patient's room. This was not ideal for patients or caregivers.

Now, thanks to your generosity, each of the 34 rooms on the unit has a wall-mounted vital sign monitor. The machines make it faster and easier for caregivers to take a patient's vital signs, something they must do up to nine times in the first 24 hours after surgery. And because the monitors are not being used for multiple patients, the time spent cleaning the mobile cart between uses is eliminated, and the risk of spreading disease is reduced.

"By mounting the vital sign machines in each of the patient rooms, it not only improves infection prevention for patients by having dedicated equipment, but also improves the caregiver workflow," said nurse manager Craig Norton, RN, MSN.

Debbie Love, CNA1, is grateful for the monitors. "We are no longer hunting down the carts, only to find they've been left unplugged and the batteries are low. The carts were so old, the batteries died quickly," she said.

Not only have the monitors made a world of difference for the CNAs, but patients like them too. Patients can see their vital sign numbers and can share that information with family members.

"I am truly thankful to the foundation and donors for this equipment," said Debbie. "It's made a difference for all the CNAs."

And that time spent looking for a vital sign machine? It is now time that caregivers are available to care for patients.

2021 Highlights

New audiometer

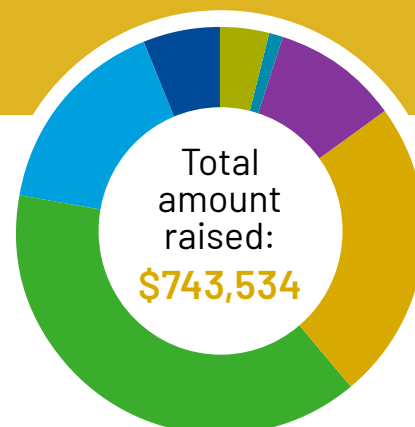
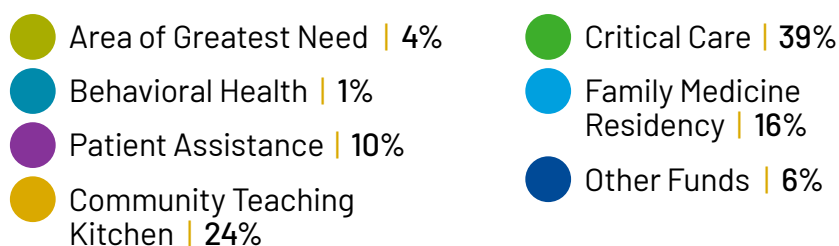
Russ Hansen, supervisor, Rehabilitation Services, worried that the audiometer would stop working in the middle of a hearing test. It could take up to eight weeks for it to be fixed and, due to the age of the device, there were no guarantees it could be repaired. The budget at Providence Milwaukie did not include funds for a new audiometer but, thanks to your generosity, the foundation was able to grant funds to purchase the new equipment. "Many of our Medicaid patients travel a significant distance to see us," said Russ. "We believe serving these patients helps fulfill our Mission of caring for our vulnerable patients."



Family Medicine Residency Endowment

Thanks to your generous gifts, we reached our goal of \$3 million for the Family Medicine Residency Program at Providence Milwaukie Hospital. Fundraising for the endowment was led by a group of individuals who are passionate about the program. The program, which trains residents in patient-centered care of diverse populations and the underserved, attracts many of the brightest medical students from across the country. Now, because of you, we can continue to provide enhanced training and inspire our residents to become future leaders in health care.

2021 total dollars raised by fund





Providence Newberg Health Foundation

Sheri Walker's mother died of pulmonary disease in 2002. To honor her memory, Sheri made a gift to Providence Newberg Health Foundation to purchase a pulmonary function machine.

Making life easier for others in her community

In some ways, longtime Newberg resident Sheri Walker hasn't always had an easy life. But she feels blessed to be able to help ease the way for others.

In 2021, Sheri made a gift to Providence Newberg Health Foundation to purchase a pulmonary function machine for the hospital. The device is used to conduct noninvasive tests that show how well the lungs are working. This was a way for Sheri to honor her mother, who died of pulmonary disease in 2002.

Supporting Providence Newberg Medical Center has been a family-wide commitment. Sheri's father was a hospital board member before he died in 1980 – along with Sheri's first husband and brother-in-law – in a plane crash.

With two sons and a daughter to support, Sheri was left to run the family real estate business. She learned the business and was successful, with her son Scott later becoming a broker and working with Sheri.

Three years after the plane crash, "God gave me my second husband, Curt," says Sheri. A developer, his work complemented Sheri's. Curt developed subdivisions, and Sheri's office sold them. Curt chaired the capital campaign committee that raised money to build the new Providence Newberg Medical Center, and he is an emeritus board member of the foundation.

When Sheri sold her downtown business in 2007, she donated the parking lot land behind her office to Providence Newberg. "The hospital is very dear to me, and our family has strong ties to it," she says.

Faith, family and community are what keeps Sheri positive and strong. "Gifts for the hospital reach the whole community," she says. "I do it because this is my hometown."

2021 Highlights

Sonosite ultrasound supports breast health

Providence Newberg patients now have access to a new tool to help improve their breast health.

The Sonosite Point of Care Ultrasound device provides valuable information about solid masses and other lesions in the breast and uses real-time noninvasive biopsies that yield more accurate tissue samples. The Sonosite also helps reduce the need for traditional biopsies, which can be painful and expensive.

Thank you to our generous donors for your commitment to breast health.

Panda Warmers help healthy babies

Babies in the hospital's Birth Center now can get extra support and care in Panda Warmers.

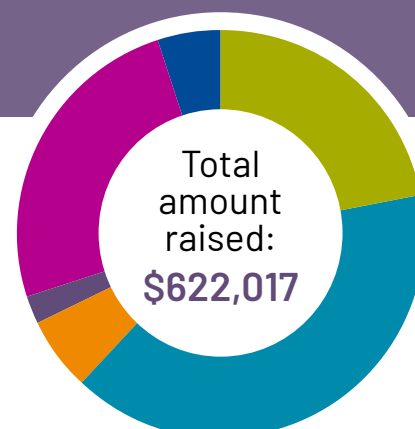
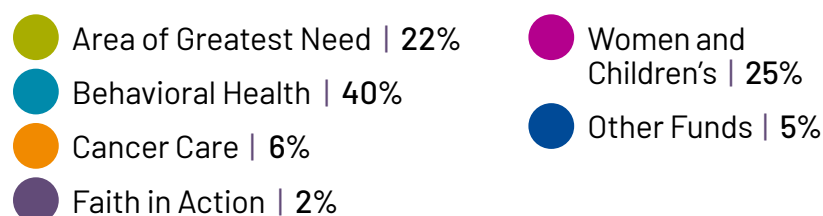
Brought in for each birth – just in case they're needed – these warmers help Birth Center nurses closely monitor and care for newborns who need a little extra help.

Babies now can be monitored for oxygen, weight, heart rate and temperature all within their Panda Warmer.



Your gifts to the Providence Newberg 2021 Hearts of Gold event made this possible.

2021 total dollars raised by fund





Providence Portland Medical Foundation

Therese Reynolds, MSN, RN, and Jessica Knister, RN, check the nurses schedule for the new surge unit.

New 48-bed surge unit at Providence Portland Medical Center

was built quickly to help increase hospital capacity in Oregon, as COVID-19 hospitalizations and projected cases continued to rise with the Omicron surge.

In 2020 and 2021, after the Delta surge and not knowing what else COVID might bring, Providence took the initiative to begin converting an empty space into a temporary unit to manage future surges. The emergency unit was partially built out on the ninth floor of Providence Cancer Center, which had been left unfinished for future use when Providence opened the cancer tower in 2008.

Providence Portland Medical Foundation and donors provided funding for the surge unit through the foundation's "area of greatest need" fund. When the hospital has an unexpected need, these funds help the team respond quickly.

The Providence surge unit, which opened in early 2022, helped care for patients with lower levels of COVID and other health needs, easing the burden on hospitals throughout the Portland metro area.

"Patients needed to be hospitalized due to many health care emergencies, including COVID," said Krista Farnham, chief executive, Providence Portland. "Opening these additional beds allowed us to take care of all patients who came to us for care. We are so grateful to donors who helped make this possible."

When an emergency 48-bed unit opened in early 2022 at Providence Portland Medical Center, it was the result of timely pre-planning, generous Providence donors and a partnership with Oregon Health Authority. The unit

2021 Highlights

New critical care beds feature latest technology

Providence Portland's critical care unit bought 16 new ICU beds, thanks to donor support. The new Hill-Rom Progress ICU beds improve care for vulnerable patients and help prevent injuries among care teams.

Features include the latest air mattress technology to prevent pressure injuries, mechanical assists to help turn and reposition patients safely, and attachments to assist in proning patients who are in respiratory distress.

Nurses and care teams say they are a vast improvement over the previous beds that were operated manually and often were in disrepair.

Dementia Care Pathway improves care for patients and families

More than 5 million Americans live with dementia, but only half are formally diagnosed. A timely diagnosis helps improve quality of life for patients and their families.

Providence's Dementia Care Pathway, a part of Providence Senior Health, provides early-diagnosis training for primary care providers, geriatric assessments in some clinics, a year of virtual/phone support to 100 people with dementia and their families, and improved care during and after diagnosis.

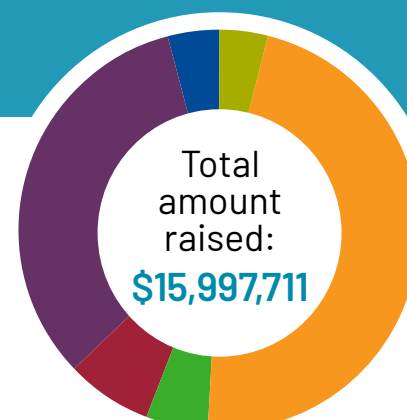
Thanks to your gifts, patients and families receive the support they need.



2021 total dollars raised by fund

- Area of Greatest Need | 4%
- Cancer Research and Care | 47%
- Emergency Services | 5%
- Heart | 7%

- Senior Health and Long Term Care | 33%
- Other Funds | 4%





Providence St. Vincent Medical Foundation

Majlinda Bakalli has worked at the Travis Cross Guest House for 16 years, "It is like my home. It is beautiful."

Guest house gets much needed upgrades

"I appreciate so much having a safe place to stay during my husband's open heart surgery. A wonderful kindness by all the staff. God bless and keep you." - Debi

The Travis & Beverly Cross Guest House opened for guests in 1997 to serve as a

convenient and safe place for patients, their families and friends who need to be close to Providence St. Vincent Medical Center.

Named for former hospital administrator Travis Cross and his wife Beverly, the guest house has 21 guest rooms and one room for the overnight caregiver. Guests come primarily from Oregon and Washington and more than 1,550 guests stayed during 2021.

The guest house had not had significant work on it since 2004. Thanks to your generosity, the much-needed remodel began in 2021 and was completed in 2022. The exterior received new windows and roofing, a new deck on the 2nd floor and a fresh coat of paint. The gazebo was also refurbished.

"The remodel is simply amazing! More appreciated by guests and staff than you will ever know," said Mary Molatore, guest house manager. "Our staff of six has been together for 14 years, and they all strive to make it a true 'home away from home' for all guests."

Inside, everything got a facelift. New carpeting, paint, countertops and cabinets were added throughout along with new kitchen appliances. Each room now has a new, flat screen television as well as new window air-conditioning units.

"I was in room 207 for two weeks with my daughter. It was a difficult time for us, but your kindness will never be forgotten. From helping with laundry, offering cookies and coffee to making it a home setting, thank you. I don't remember all your names, but I remember all of you. Thank you for making it as pleasant as you could." - Lynn

2021 Highlights

Eating Disorders clinic moves to larger, brighter space

When the Providence Eating Disorders program needed space to serve more patients, donors answered the call. The clinic moved from its old, small facility to a new, larger space at Providence St.

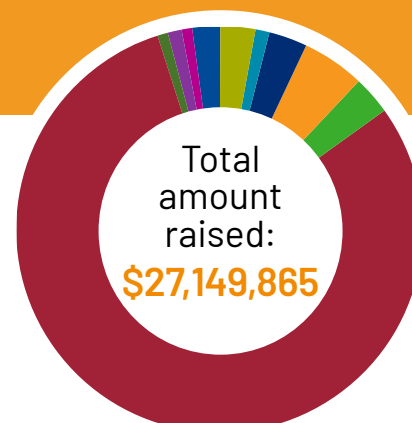
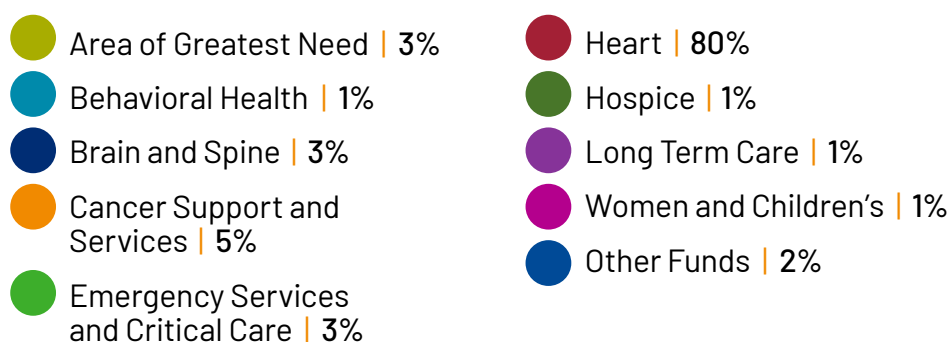


Vincent Medical Center in December 2021. In this beautiful new space with expansive views, teens and adults practice healthy eating and symptom management. When they complete the program, they leave their handprint and a favorite quote to inspire others.

Preventing provider burnout through innovative coaching

Providers everywhere are feeling stressed, burned out and sometimes even considering a different career. To support Providence doctors, physician assistants and nurse practitioners, the Providence Medical Staff Coaching Initiative began in 2021, funded in part by your generous gifts. The 12-week coaching sessions helped participants regain their love of medicine and reduce their stress. *"I had come to question whether medicine was a career I could sustain. The coaching initiative is providing a key step on my path back to medicine and hope for a long and fulfilling future,"* said one participant. The program will continue in 2022.

2021 total dollars raised by fund





Providence Seaside Foundation

Clockwise from top left: Katie Lamping, Chloe Mason, Cassidy Swick, Alex Hernandez and Stephanie Jaworski (not pictured) were the first recipients of scholarships to help them achieve their medical education goals.



Scholarships take caregivers to the next level

In 2021, thanks to donor support, five scholarships were awarded to Providence Seaside Hospital caregivers. The scholarships

are used for tuition or other direct education expenses.

"We have employees who want to move up from entry-level positions, but they need financial assistance to succeed," said Jason Plamondon, MSN, RN, chief nursing officer, Providence Seaside Hospital. "Having the foundation and donors step up to help keep our caregivers in Seaside is remarkable. We are so thankful for their support."

Emergency department technician Katie Lamping says, "My health care goal is to become a physician's assistant, where I can care for the most vulnerable with a greater scope of practice than I currently have."

For Chloe Mason, medical assistant, the urgent need for nurses was a catalyst in deciding to pursue her Bachelor of Science in Nursing. "I also made the decision to go back to school to show my children to never give up on your dreams," she said.

Cassidy Swick, emergency department technician, is pursuing a career in nursing. "I have witnessed first-hand how COVID has affected so many lives," she said. "As a nurse, I will be able to serve my community and give back to them in a time of need."

Alex Hernandez, emergency department technician, is pursuing a career in nursing. "I make sure to treat every patient that I encounter with the same level of care I would expect for my own family."

Stephanie Jaworski, medical assistant, plans to become an emergency department nurse when she finishes her studies. "It has been my goal to work in the community that has had a part in raising me."

2021 Highlights

BOB reaches the coast

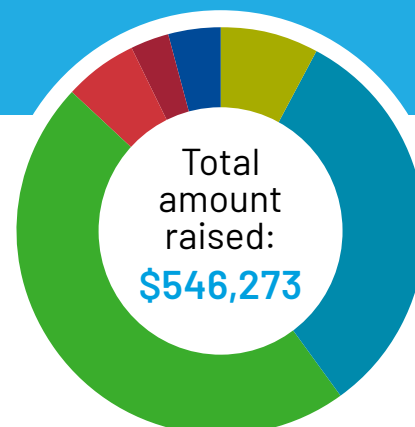
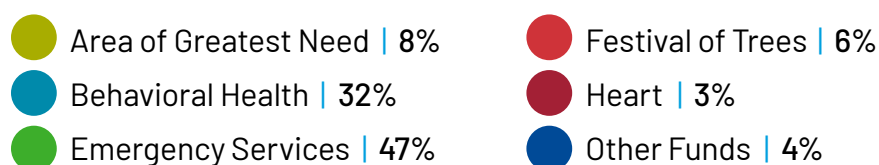
Thanks to a grant from Oregon Health Authority, the Better Outcomes thru Bridges (BOB) program is available to the Seaside community. BOB uses outreach and peer support specialists to help patients with mental health, substance misuse and/or chronic pain disorders who also have living situations that make it difficult to maintain follow-up care post-hospitalization or after an emergency department visit. BOB connects people with community partners or Providence caregivers, providing both transitional assistance and long-term care contacts. Two peer support specialists and one outreach specialist will join Providence Seaside in 2022 thanks to this grant.

Heartfelt request

A few years after her beloved husband Ward died, Norene Bellamy moved from Wenatchee, Wash., to Surf Pines. A Scottie dog lover, Norene enjoyed long walks on the beach, collecting driftwood along the way. Norene died at age 86 and left a generous bequest to Providence Seaside Hospital Foundation in thanks for the care she received. "We are so blessed to have benefited from Norene's generous spirit," said Kimberly Ward, executive director of the foundation. The funds from the bequest will support heart services in the north coast.



2021 total dollars raised by fund





Providence Willamette Falls Medical Foundation

Jeni Desmond, occupational therapist, helps children learn how to self-regulate and modulate their behavior when they feel anxious or upset.

Children in crisis receive help from occupational therapy

The five children were bouncing on exercise balls during their group session with Jeni Desmond, occupational therapist, when she suddenly asked them to stop. "It's one of my favorite ways to help my patients become more aware of their body and the mind-body connection," she said. "I have them

check their pulse, and then we practice breathing exercises and notice how quickly we can slow our body down, slow our breathing down."

Jeni will also adjust the room settings to help the children become aware of how the environment can affect their emotions. For some kids, bright lights can be a stressor, but for others, dim light can produce stress. Some like background music while others do not. "Fidget" devices also can help with self regulation.

The Child and Adolescent Psychiatry Unit at Providence Willamette Falls Medical Center cares for children and teens when they are most vulnerable. The CAPU is an acute care facility, and most children are there for one to two weeks.

Occupational therapy is one of the treatments offered to help children learn body awareness and to self regulate their behavior.

"We really appreciate donor support. Your generous donations give us the opportunity to provide the environment and the tools we need to increase coping, self-regulation, body awareness and understanding of the mind-body connection," said Jeni. "With these tools we can have better engagement, more participation and better outcomes. Thanks to you, we can prepare them for the next step."

2021 Highlights

Caregiver appreciation days

Thanks to your generosity, the foundation sponsored several events over the summer of 2021 to show our dedicated caregivers appreciation. At one event, six food trucks made a temporary food cart pod in the parking lot. Caregivers could enjoy a free meal of their choice. "These events were appreciated by caregivers and gave them time outside to visit with each other," said Shelley Haines, executive assistant, who helped organize the events. "We were intentional about making sure all caregivers were included, regardless of the shift they worked. In addition, the food trucks meant that the café staff were able to enjoy the event and not have to do the cleanup."

Meeting clients where they are

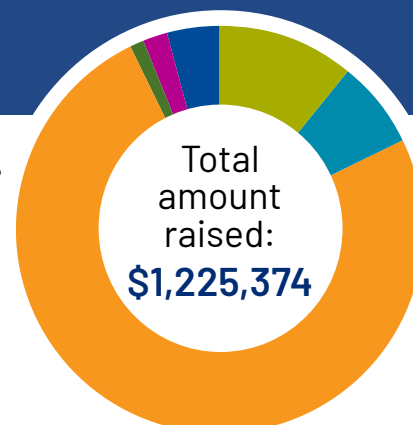
Better Outcomes thru Bridges (BOB) makes community collaborations a priority in its work. One of BOB's partners is LoveOne, a nonprofit that provides shower and laundry facilities to people who are houseless in Clackamas County. At LoveOne events, the BOB team hosts a booth so participants can access case management, Medicaid assistance and make other community connections for support. "We served more than 1,500 people in 2021," said Becky Wilkinson, outreach programs manager. "Without donor support, we would not be able to attend as many of these community events to help those who need us."



2021 total dollars raised by fund

Area of Greatest Need | 11%
Behavioral Health | 7%
Cancer Care | 75%

Hospice/Palliative Care | 1%
Women and Children's | 2%
Other Funds | 4%



Featured Partner Spotlight

Marie Lamfrom Charitable Foundation

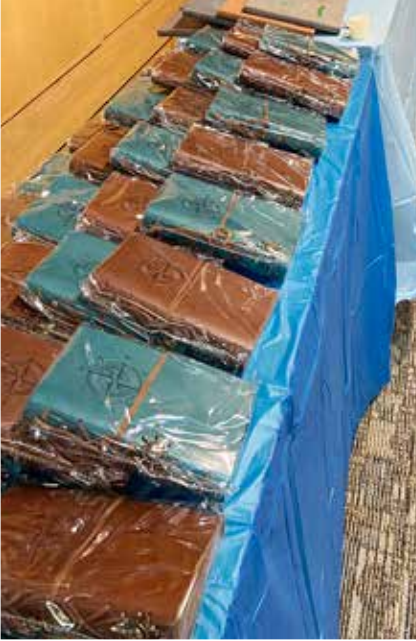
We are so grateful to the Marie Lamfrom Charitable Foundation as our featured partner for its compassionate philanthropic giving to Providence patients and caregivers in 2021.

The Marie Lamfrom Charitable Foundation's Healthcare Heroes initiative provided some well deserved relief for thousands of Providence caregivers throughout Oregon. Providence ministries, in partnership with the Marie Lamfrom Charitable Foundation and Providence Foundations of Oregon, facilitated a series of events and initiatives to show appreciation for our health care heroes. From on-site food carts to meditation apps, this effort provided resources for our extremely hard-working teams during an especially difficult year.

Thanks to the Marie Lamfrom Charitable Foundation's Bluebird Grant Program, the Providence Children's Development Institute can provide therapeutic support items to children and families experiencing barriers. The institute serves thousands of local children a year and takes a family-centered approach to helping children with developmental needs. The institute's medical teams create personalized treatment programs designed to help each child reach their highest potential.

The Marie Lamfrom Charitable Foundation gave more than \$315,000 to Providence Oregon in 2021, in addition to thousands of dollars to partner organizations throughout the state. We are so grateful for the foundation's support and partnership in helping to create healthier communities.







Providence Cancer Institute

Eric Tran, Ph.D., leads the Adoptive Cell Therapy Laboratory at the Earle A. Chiles Research Institute. His goal is to develop new and effective T cell-based immunotherapies for patients who might not have other options.



'Best call I ever made' was to Providence Cancer Institute, says patient

Eric Tran, Ph.D., is on a mission. A research scientist at Providence Cancer Institute, he is taking leading-edge cancer immunotherapy research and treatment – which Providence has pioneered for nearly 30 years – to the next level.

Patients like Kathy Wilkes are eternally grateful to Dr. Tran, Providence Cancer Institute and the donors who support this important work. Kathy was diagnosed in 2018 with pancreatic cancer and later traveled from Florida to Portland, Ore., because she had read about Dr. Tran's research.

Dr. Tran's lifelong goal is to develop new, effective T cell-based immunotherapies for patients with cancer. Generous donor support helped bring him to Providence and established his Adoptive Cell Therapy Laboratory at the Earle A. Chiles Research Institute. Prior to being recruited by Providence in 2017, he trained at the National Cancer Institute through the National Institutes of Health.

Dr. Tran's specialty is adoptive cellular therapy, a highly personalized type of cancer immunotherapy that enhances a patient's cancer-fighting immune cells called T cells. Providence Cancer Institute is one of a few centers in the U.S. with this expertise.

Kathy already had undergone chemotherapy, surgery and radiation in Florida. After learning her pancreatic cancer had spread to her lungs, she took action. "I called Dr. Tran and was elated when he called me back," she said.

Kathy flew to Portland and began her treatment with Dr. Tran and Rom Leidner, M.D. The results were "totally amazing," she said – and fast – and were featured in The New England Journal of Medicine. Before Kathy even returned home to Florida, her cancerous nodules had shrunk by 62%. She continues to get quarterly CT scans, and her nodules now have decreased by 72%.

"I know the outcome will continue to be fantastic," says Kathy. "The best call I ever made was to Dr. Tran."

2021 Highlights

New medical director, gynecologic cancer

Christopher Darus, M.D., is the medical director of the gynecologic cancer program. He joined Providence because of the reputation for research from the lab to clinical trials to possible drug approval. "We can follow patients through their cancer journey from diagnosis to treatment to all follow-up," he said. "And if the cancer returns, we can treat it." Dr. Darus currently is lead investigator for four clinical trials. Thanks to your gifts, Dr. Darus has dedicated time to conduct these trials to find effective treatments for various gynecological cancers.



Rental assistance helps cancer patient and his family

Thanks to your support of the Dwight and Patricia Parr Cancer Treatment Fund, John and his family received the help they needed. Diagnosed with metastatic cancer, he was enrolled in a clinical trial and actively receiving treatment. The family also contracted COVID-19. It became difficult for him to work, and his wife's salary could not cover all their bills. Your gifts helped provide almost three months of rent for the family of four. The Parr fund helps with expenses such as rent, utilities, childcare and car repairs. In 2021, 21 patients received help.



● Cancer Research | 88%
\$8,804,975

● Cancer Support and Services | 12%
\$1,211,709



Providence Heart Institute

Sharon Petersen has had several cardiac procedures. In May 2021, she underwent an innovative procedure to repair her mitral valve called transcatheter mitral valve replacement and repair.

'I think it's pretty wonderful,' says Providence Valve Center patient

Salem resident Sharon Petersen, 78, is all too familiar with severe heart disease. She has had two triple bypasses and several other

cardiac procedures. Her mother, grandmother and adult daughter all died of heart disease.

Despite the heartache and health challenges, Sharon remains sunny and upbeat. In May 2021, she underwent an innovative procedure at Providence Valve Center called transcatheter mitral valve replacement and repair, or TMVR.

The technology is available only through clinical trial and is used to treat patients whose heart's mitral valve doesn't open or close properly, causing a backup of blood into the lungs. TMVR allows the mitral valve to be replaced without having to do open-heart surgery.

Providence Valve Center, a part of Providence Heart Institute, has performed nine of the procedures since May 2021. Donor support helps make new treatments and clinical trials like this possible. Sharon was the institute's second patient to undergo TMVR.

"I think it's pretty wonderful," Sharon says, adding that the recovery time was easier than any of her other heart procedures. She had her first triple bypass at Providence St. Vincent in 1983, and 13 years ago she had her second one. In 2020 she had transcatheter aortic valve replacement (TAVR) at Providence St. Vincent.

"In the spring of 2021, she was quite ill and was in overt heart failure, and we admitted her to the hospital. By May, she was in a clinical trial and successfully underwent the TMVR procedure," says Christine Carey, a physician assistant who is part of Sharon's valve center provider team.

"For this surgery, I started perking up about six months after I had it done," Sharon says, adding that she's made a good recovery though still feels fatigued at times. She likes to stay active – spending time with her husband of 58 years, working in her garden and walking in her neighborhood.

Providence Valve Center doctors include Ethan Korngold, M.D., Brandon Jones, M.D., Eric Kirker, M.D., and Craig Walsh, M.D.

"I absolutely adore my valve team," says Sharon. "They were wonderful, and it's enjoyable to have conversations with them. They've made my life pretty easy."

2021 Highlights

2021 Black & White Ball benefits women's heart health

Providence Foundations of Oregon hosted a virtual evening of fun and fundraising Sept. 28, 2021 – raising nearly \$500,000 to support the Women's Heart Program at Providence Heart Institute.

The annual Black & White Ball was held virtually at Providence Park and featured Providence cardiologist Lori Tam, M.D., as well as the women's soccer team, the Portland Thorns FC.

The event was livestreamed from Providence Park and featured an online program, auction and special performances. Thank you to everyone who participated to support women's heart health.



Major milestones for Providence Heart Transplant Program

Thanks in part to generous support from donors, Providence's Heart Transplant Program saw two major milestones in 2021 – achieving national accreditation and celebrating the program's one-year anniversary.

Providence Heart Institute learned in June that it received certification from the U.S. Centers for Medicare and Medicaid (CMS), critical for reimbursement as many patients are government insured. The CMS surveyors gave no recommendations for improvements.

By the end of 2021, the program had performed 25 heart transplants (since it began July 2020) and continues to meet the growing needs of our community.



● Cardiac Care and Research



Providence Brain and Spine Institute

Stroke nurse navigator provides both care and comfort

Dinah Nicholson never imagined she was at risk for a stroke. She doesn't smoke, maintains a healthy weight and walks several miles every day.

But in May 2021, she had a mini-stroke – a transient ischemic attack (TIA) – and was taken to the emergency department at Providence St. Vincent Medical Center. Kishan Patel, M.D., consulted on her care.

Because she didn't have any obvious risk factors, Dinah was given a Zio patch, a small heart monitor used to diagnose irregular heart rhythm. When the first patch didn't indicate any problems, Dr. Patel "went with his experience and knowledge and persisted in finding out why I had a TIA," said Dinah. A second patch indicated she has atrial fibrillation, a quivering or fluttering heartbeat. She is thankful Dr. Patel didn't give up.

Darren Larsen, RN, BSN, has been the stroke nurse navigator at Providence St. Vincent since 2017. He makes sure patients have a contact at the hospital when they move from an inpatient to an outpatient setting. He reviews every stroke or TIA patient who is discharged from the hospital and follows up with as many as possible. "I review a series of things with them, such as their follow-up appointments, medications and their stroke risk factors. I enjoy helping patients understand what to expect after their stroke and, when needed, help them determine if they need additional care."

Whenever Dinah has questions, she knows she can get a quick answer from Darren. When she was having trouble with some side effects of her heart medication, Darren was able to tell her what was happening and what she should do. "Even though I was scared and worried, his response time was so great, it reassured me and helped me to relax."

The generosity of donors allowed Providence Brain and Spine Institute to create the nurse navigator position and continues to support patients like Dinah.

The little things mean a lot

The Providence Immediate Care - Gateway clinic is close to a homeless camp, so caregivers there keep a stash of socks to give to patients in need. When the pandemic hit, the stock of socks was quickly depleted.

Medical Assistant Jaime Armstrong wanted to build on the idea of giving out socks and include other essentials that people who are houseless often need and want. When her daughter was young, they spent a short time in a homeless shelter after fleeing a bad situation with her first husband. "I want them to know that they have somebody who cares, because I know the smallest thing in that situation helps so much," she said.

She named the packages CARES - Compassionate Awareness and Response with Essential Supplies. Each package usually contains socks, hand sanitizer, hygiene wipes, tissue, soap, a

toothbrush, toothpaste and a snack. Depending on the season, Jaime may add in a hat and gloves or sunscreen and lip balm. Recently, a Street Roots City Resource book was added to the kit.

When Jaime began making the kits, she paid for the supplies herself. Some of her co-workers would contribute money or supplies and one coworker got toothpaste donated from a dental office where a friend worked.

In 2021, Jaime's manager encouraged her to apply for a grant from Providence Portland Medical Foundation to help pay for supplies. To her surprise, she received a \$3,000 grant, which should pay for about a year's worth of CARES packages.

"We've had patients who, when we offer them the packs, are surprised and excited. They are so thankful because we treat them with kindness and show them we care," said Jaime. Thanks to your generosity, Jaime can continue to provide those who need it most with the little things that make a difference.

Providence Medical Group



Pathway for better mental health for teens

For a teen experiencing a significant mental health crisis, spending days, weeks or even months in the emergency department because there is no other place for them is unthinkable. The Pathway Behavioral Health Program opened at Providence St. Vincent Medical Center in 2019. Now, thanks to donor support, a second location at Providence Willamette Falls Medical Center opened in October 2021. Both locations are helping teens get the care they need and deserve.

Patients and their families engage in an intensive therapy program with individual, group and family therapy sessions for six hours each day, and teens return home each afternoon. This allows the teens to transition back to school sooner and practice their new skills in the real world.

"Not all the families who live on the east side and were referred to Providence St. Vincent [on the west side of Portland] could attend because of the location. For some families who did attend, it was a burden to get their teen to treatment each day," said Megan Ingle, program manager, LCSW. "With the consistently high number of referrals to the program at Providence St. Vincent, we needed a second site to serve more families more quickly."

Recently, a parent whose teen had been in treatment for a few weeks shared with a new parent how this program has helped her learn skills to communicate better with her teen, which has made a positive impact on their relationship.

At the end of the program, children continue behavioral health treatment, but their symptoms are reduced enough to engage in activities they might not have been doing prior to treatment. With two locations, Pathway Behavioral Health program is saving the lives of more teens every day because of your generosity.

Providence Behavioral Health





Providence Senior Health

Clinics help seniors avoid falls

Falls are the leading cause of injury for individuals over the age of 65, and a fall can initiate a spiral of decline. The pandemic has made the situation worse with a reduction in physical activity. More seniors than ever are at risk of falling.

Thanks to your support, our Providence team, trained in geriatrics, is able to offer free fall prevention clinics. Colleen Casey, Ph.D., is an associate clinical director of the Senior Health program and the inspiration behind Providence fall prevention clinics.

"We should not assume falling is inevitable. We need to expect to move more as we age," she said.

John and Raesa Kaiteris are among the hundreds of participants who are grateful for this free training.

They have been married for 51 years and enjoy living independently and being active with their grandchildren. Being injured by a fall would take them away from the activities that bring them joy.

"The fall prevention clinic was especially meaningful to us as we have seen others – family members and friends – suffer huge and lasting setbacks due to falls. Recovery time is long if at all," they said.

"They gave us tools to use to avoid falling and taught us how to fall if it seemed inevitable. The doctors, physical therapists and pharmacists were very congenial and supportive."

The Kaiterises encourage any effort to fund such programming as it is preventative and cost-saving in the future. It provides for better quality of life and perhaps greater longevity.

With your help, Providence is helping seniors take meaningful, proactive steps to stay safe and healthy in their own homes.

Longtime supporters name Providence in their will

Including a bequest to Providence in their will seemed natural to Kim and Steve O'Gara.

Kim is currently chair of Providence Community Health Foundation in Medford and has served on the board for more than six years. Both Steve and Kim are involved with Providence Festival of Trees.

Kim began volunteering at the first event, helping her friend with tree design and has continued over the years. She is the tree design chair now. Steve joined her about eight years ago and is the tree delivery and pack-up chair.

The O'Garas retired at the end of 2021 after owning their business, Jackson RV Parts and Service, for 28 years. "As business owners, we've always tried to give back to the community," said Steve. "We've had really positive experiences with Providence over the years."

Kim and Steve decided to include Providence in their will because "we believe in the Mission of Providence and what they bring to the community."

They are particularly passionate about supporting The Mother Gamelin Fund and Project Turnkey. "The Mother Gamelin Fund absolutely embraces those who are poor and vulnerable. For people who come to the hospital in dire circumstances, the fund helps with clothing, transportation and medications," said Kim.

Project Turnkey was created by the Oregon Legislature in 2020 to provide temporary housing for individuals and families who are homeless, at risk of becoming homeless or were displaced by the wildfires. The Redwood Inn in Medford is being renovated, and Providence will have two rooms for patients discharged from the hospital who face unstable or no housing. "We have friends that lost homes in the Almeda and Obenchain fires, and we can see the impact that Project Turnkey will have in hopefully changing people's lives."

Kim and Steve have one daughter and three grandchildren. "As faith-based people, we believe we are put here for service, however that service looks," said Kim.

Planned Giving



Dear Friends of Providence,

Creating healthier communities does not happen in a vacuum, and nor is it the purview only of doctors, nurses and caregivers. It requires many hands and many hearts to build the complex roads that lead to better health.

Providence Oregon is very grateful for your commitment in helping to find new cures and treatments; expand services to meet our communities' needs; and support our caregivers in providing excellent, compassionate care.

As Oregon continues to experience challenges related to the ongoing pandemic, economic difficulties, and a commitment to seeking equity and justice, Providence Oregon is honored to work in partnership with community leaders and supporters like you.

Because of you, our scientists are making lifesaving discoveries that bring hope; our community outreach experts and partners provide programs to help keep people healthy, especially those who are vulnerable; our services grow to meet expanding needs throughout Oregon; and our teams of doctors, nurses and other caregivers have the latest equipment to provide the best care.

Providence relies on our 165-year Mission of service to others as our guiding light, especially during challenging times. We are privileged to have your friendship and support in this important work. Thank you for everything you do.

With gratitude,



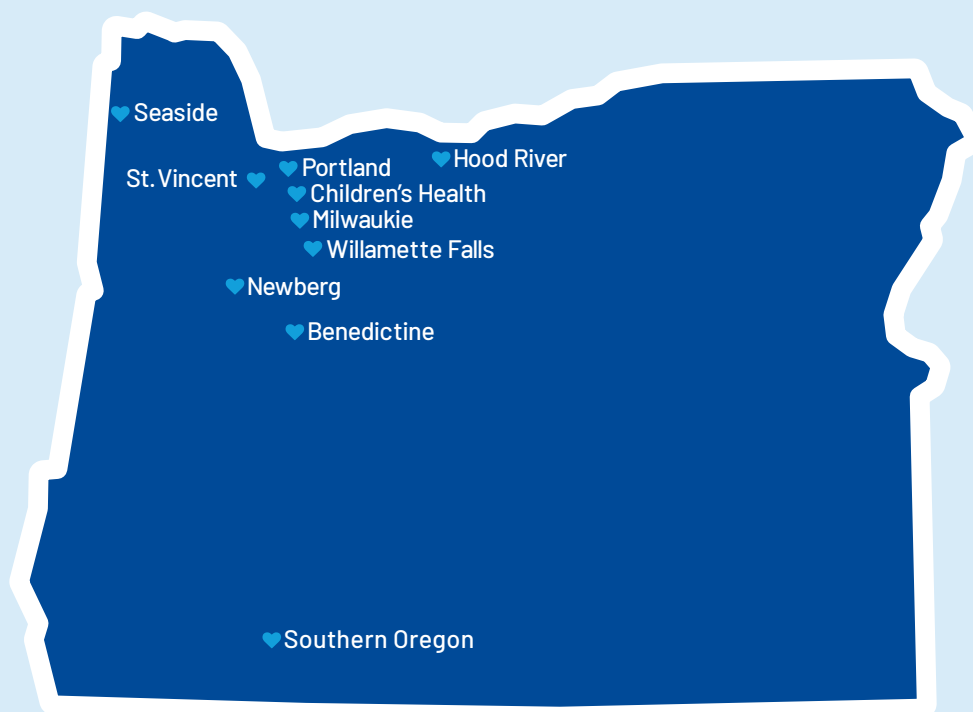
William Olson
Interim Chief Executive
Providence Oregon



Our donors help fund programs and services that otherwise would not exist. With your help, we provide support for families who need financial assistance, create and sustain essential programs not covered by insurance, and fund research to explore new ways to treat – and even cure – our patients.

10 Foundations. One Mission.

Providence Benedictine Nursing Center Foundation
Providence Community Health Foundation – Southern Oregon
Providence Children's Health Foundation
Providence Hood River Memorial Hospital Foundation
Providence Milwaukie Foundation
Providence Newberg Health Foundation
Providence Portland Medical Foundation
Providence St. Vincent Medical Foundation
Providence Seaside Hospital Foundation
Providence Willamette Falls Medical Foundation



OUR MISSION

As expressions of God's healing love,
witnessed through the ministry of Jesus,
we are steadfast in serving all, especially
those who are poor and vulnerable.

OUR VALUES

Compassion, Dignity, Justice,
Excellence, Integrity

ProvidenceFoundations.org

Inspiring Generosity ♥

